

Flipping Catechesis

No matter how you stack it, flipping works for all your ministries!

Everyone loves pancakes! Partly because they are delicious, and partly because they stack so neatly! Flipping catechesis is a LOT like stacking pancakes! The process of flipping your lessons can be easily applied in your ministries. Now that you're ready to try your hand at flipping catechesis, try using Flipped Catechesis in the following contexts:

Don't forget the basics:

Step 1: Create the Flip

Step 2: Send the Flip

Step 3: Check the Flip

Retreats

We all know what a life-changing event retreats can be for youth or adults! Consider the impact flipping may have by helping them prepare for these special occasions. Instead of no preparation for these events, send a flip—or series of flips—to help get them ready by exposing them to themes and topics just prior to the event. Any time invested in advance can make a huge difference on the actual experience.

Sacrament Preparation

Sacrament preparation is a special time. Consider using the flipped process to engage parents to help them understand the importance of sacraments, what they need to know to support their child, and to address any fears they may have about helping their child during such an important time. This is applicable to any sacrament preparation, especially for Eucharist, Reconciliation, and Confirmation.

Adult Education

Adults can benefit from flips, too! Use flips to help introduce topics and content covered. Maybe you want adults to read an article or watch a video to get them thinking about what they already know or what you want them to consider about your upcoming meeting. Again, any time they invest prior to the session will help them process and contribute to conversation!

Traditional Classes

Today's children learn differently. In their schools, teachers lecture less and allow for more student involvement in the learning process. Reach them in a more impactful way by engaging them with the use of simple technology. For younger children, send the flip to parents. For intermediate children, send the flip to parents and children. For older children and youth, try sending to the children directly.

Mission/Service/Pilgrimage Events

Like retreats, you can use flips to prepare attendees for the multitude of experiences they may encounter on such an event. These types of events usually involve more than content learning. Reflect on the overall experience and address issues such as teamwork, why helping others is important, cultural differences, language barriers, challenges to comfort such as lodging or food, or how to address personal suffering for the sake of God's Kingdom.

Remember to start flipping slowly, but try it at least once a month. As you become more comfortable with the process, you may increase the frequency until you become a master-flipper. By using flips in these five contexts, you, your leaders or parents, and the participants will be better primed and prepared to get the most from these wonderful experiences!