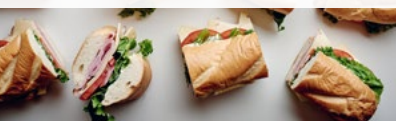




GROOVIN'
GOURMETS

CATERING DELIVERED



BUFFET MEALS

Priced per person. Minimum order of 20 servings per choice. Ask your sales coordinator about total order minimums.

MEATLOAF 12.99

Served with Mushroom and Onion Gravy, Garlic Mashed Potatoes, Southern-Style Green Beans

CHICKEN EMPANADA 11.99

Served with Spanish Rice, Black Beans, Chipotle Crema

PULLED PORK PLATTER 12.99

Served with Smoked Gouda Mac & Cheese, Southern-Style Green Beans

STUFFED BELL PEPPER (GF) 11.99

Served with Wild Rice, Seasonal Vegetables, Asparagus

CHAR-GRILLED CHICKEN (GF) 12.99

Served with Herb-Roasted Potatoes, Asparagus, Dijon Cream Sauce

CHICKEN PARMESAN 12.99

Served over Spaghetti and Marinara

SZECHUAN SALMON (GF) 13.99

Served over Wok-Flashed Vegetables, Jasmine Rice

RED PEPPER CHICKEN 12.99

Marinated Vegetable Medley, Sautéed Green Beans, Mac & Cheese

CHIMICHURRI FLANK STEAK 13.99

Marinated Vegetable Medley, Roasted Broccoli, Garlic Mashed Potatoes

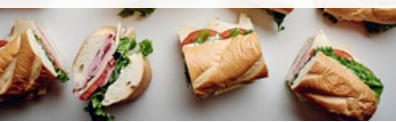
Order minimums vary by day of the week and season, ranging \$500 – \$2000.

Easy Ordering
By Phone (804) 868-8900
Email: info@groovinggourmets.com



GROOVIN'
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PLATTERS & TRAYS

*Prices are for **Small** and **Large***
***Small** serves 15, **Large** serves 25*

ASSORTED CHEESE TRAY 74.99 / 124.99

Brie, smoked gouda, cheddar, and chèvre cheeses.
Served with assorted crackers, grapes, and berries.

CRISP VEGETABLE TRAY 34.99 / 54.99

Fresh cut zucchini, yellow squash, carrot, cucumber,
celery, broccoli, and bell peppers

FRUIT & CHEESE PLATTER 47.99 / 79.99

Brie, cheddar, and smoked gouda cheeses. Served
with melon, oranges, pineapple, grapes, berries, and
assorted crackers.

SEASONAL FRESH FRUIT TRAY 29.99 / 49.99

Fresh-sliced seasonal fruit. Served with a cardamom
yogurt dipping sauce.

SAUSAGE BOARD 74.99 / 124.99

Andouille, bratwurst, little smokies, pretzels crackers,
seasonal mustards, gherkins, and pickled onion

DIPS

Dips serve 25.

ROASTED RED PEPPER HUMMUS 64.99

Red pepper hummus with sesame, lemon, and garlic.
Served with pita chips.

SPINACH & ARTICHOKE DIP 49.99

Hot and savory—shredded spinach and marinated
artichokes mixed with cream cheese, parmesan, and
herbs. Served with pita chips.

CARAMELIZED ONION DIP 49.99

Caramelized onions and shallots, roasted garlic,
balsamic reduction, cream cheese and sour cream.
Served with assorted crackers.

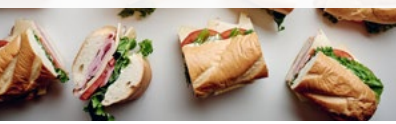
CHESAPEAKE CRAB DIP 119.99

Jumbo lump crab baked in a creamy parmesan sauce
with a touch of sherry. Served with assorted crackers.



GROOVIN'
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HORS D'OEUVRES

Served in packages of 25 servings.

VEGETARIAN

TUSCAN STUFFED MUSHROOMS 54.99

Roasted tomato, feta, spinach, crusty bread crumbs

VEGETARIAN SPRING ROLLS 54.99

Sweet chili dipping sauce

SPANAKOPITA 54.99

Spinach, feta, phyllo

SWEET POTATO & BLACK BEAN CAKES 54.99

Cilantro sauce

CLASSIC DEVILED EGGS 54.99

Sweet pickles

ROASTED TOMATO & MOZZARELLA SKEWERS 54.99

Balsamic drizzle

HERBED CHÈVRE PEPPADEWS 54.99

Sweet peppers, goat cheese

POULTRY

CHICKEN EMPANADAS 54.99

Chipotle dipping sauce

THAI PEANUT LETTUCE WRAPS 54.99

Ginger, chili, peanut sauce, scallions

CHICKEN SALAD PROFITEROLES 54.99

Ginger-scallion, red grapes

MINI CHICKEN BISCUITS 54.99

Buttermilk biscuit, crispy chicken, hot honey

Pickled red onion

FISH & SHELLFISH

PETITE CHESAPEAKE CRAB CAKES 87.99

Red pepper aioli

BACON-WRAPPED SCALLOPS 87.99

Sea scallops, applewood bacon

SALMON ROULADE SKEWER 87.99

Salmon & lemon-dill crème fraîche

cucumber ribbons

SHRIMP & ANDOUILLE 87.99

BBQ shrimp, roasted red pepper



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HORS D'OEUVRES

Served in packages of 25 servings.

MEAT

CAJUN SAUSAGE STUFFED MUSHROOMS 74.99

Andouille sausage, cheddar, roasted onions, bell peppers

HOUSE-MADE MEATBALLS 74.99

Sweet chili sauce (2 per serving)

MINI BEEF WELLINGTON 87.99

Dijon horseradish

MINI B.L.T. 74.99

Prosciutto, arugula, roasted tomato, black pepper mayo

SWEET POTATO BISCUITS 54.99

Ham, swiss cheese, apple butter

MARINATED BEEF SATAY 74.99

Soy, black garlic aioli, lime

STICKY ASIAN PORK BELLY 87.99

Hoisin glaze

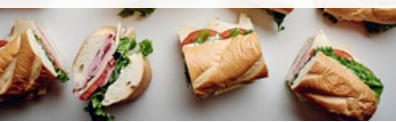
HAM CROQUETTES 87.99

Virginia ham, cheese, potato



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SANDWICH BOXES

Every box comes with a chocolate chip cookie and your choice of side. Minimum of 50 boxes total and minimum of 10 boxes per variety. All boxes must have the same side item.

HAM AND SWISS 10.99

Smoked Pit Ham, Swiss Cheese, Lettuce, Tomato on a Sub Roll

TURKEY & PROVOLONE 10.99

Roast Turkey, Provolone, Lettuce, Tomato on a Sub Roll

ROAST BEEF & CHEDDAR 11.99

Roast Beef, Cheddar, Horseradish Sauce, Pickled Red Onions, Lettuce, Tomato on a Sub Roll

CHICKEN SALAD CROISSANT 10.99

Signature Chicken Salad, Shredded Lettuce, Tomato on a Fresh Baked Croissant

GRILLED VEGETABLE & HUMMUS WRAP 11.99

Seasonal Grilled Vegetables, Roasted Garlic Hummus, Lettuce, Tomato in a Spinach Tortilla Wrap

TUNA SALAD 10.99

White Albacore Tuna, Swiss Cheese, Lettuce, Tomato on a Sub Roll

THE ITALIAN 11.99

Capicola, Genoa Salami, Ham, Provolone, Lettuce, Tomato, Pepper Relish on a Sub Roll

TURKEY CLUB 11.99

Roast Turkey, Bacon, Sharp Cheddar, Lettuce, Tomato on a Sub Roll

THE VEG WRAP 11.99

Roasted Broccoli, Pickled Red Onion, Feta, Fried Shallots, Pine Nuts with Lemon Honey Dressing in a Spinach Tortilla Wrap

CHICKEN CAESAR WRAP 11.99

Grilled Chicken Breast, Romaine Lettuce, Shaved Parmesan with Caesar Dressing in a Spinach Tortilla Wrap

Sandwiches also available on Gluten-Free Rolls and Wraps.

All boxes include choice of side: A 2nd side is available for an additional \$0.99.

Kettle Chips

Fresh Fruit Salad

Loaded Potato Salad

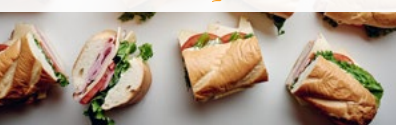
Mediterranean Couscous

Southwest Quinoa Salad



GROOVIN'
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SALADS

Prices are for **Small and Large**
Small serves 10, Large serves 20

CAESAR 24.99 / 44.99
Fresh Romaine Lettuce with Shaved Parmesan, Garlic Croutons, Caesar Dressing

GRANNY APPLE 24.99 / 44.99
Chopped Greens, Granny Smith Apple, Cashews, Shredded Mozzarella, Poppy Seed Vinaigrette

GARDEN 24.99 / 44.99
Mixed Greens, Cucumber, Tomato, Carrot, Tangy Ranch

SPINACH 24.99 / 44.99
Baby Spinach, Olives, Feta Cheese, Cherry Tomatoes, Pine Nuts, Ciabatta Croutons, Lemon Vinaigrette

Add protein to any salad:

Grilled Chicken 9.99 / 19.99
Grilled Steak 14.99 / 29.99
Sautéed Shrimp 19.99 / 39.99

DESSERTS

ASSORTED COOKIES

Chocolate Chunk, Peanut Butter, Oatmeal Raisin, Chocolate Chip, White-Chocolate Macadamia Nut

Small Box (10) 18.99
Large Box (25) 34.99
Tray (50) 59.99

BROWNIE BOX

Our Rich Chocolate House Made Brownies

Box (15) 24.99
Tray (35) 46.99

COOKIE & BROWNIE BOX

A Mixture of Cookies and Our House Made Brownies

Box (15 cookies, 7 brownies) 28.99
Tray (30 cookies, 15 brownies) 59.99

BEVERAGES

BOTTLED WATER AND SODAS 1.50

16 oz Bottled Water

12 oz cans of Coca-Cola, Diet Coke, Ginger Ale, Sprite

GROOVIN' ICED TEA 2.00

16 oz, Sweetened or Unsweetened

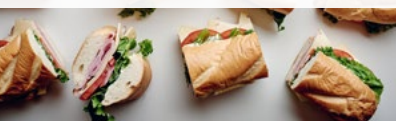
GROOVIN' LEMONADE 2.50

16 oz, Made with Fresh Lemon Juice, Sugar



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BREAKFAST BUFFETS

Breakfast packages served with freshly-brewed coffee. Prepared in multiples of 10. Priced per person. Ask your sales coordinator about total order minimums.

MONUMENTAL CONTINENTAL 9.99

Assorted scones, muffins, and breakfast breads with fruit preserves and fresh-cut fruit. Served with coffee.

BELLE ISLE BAGEL BAR 13.99

Smoked salmon, bagels, cream cheese, red onion, diced tomato, and cucumber with fresh-cut fruit. Served with coffee.

BELVIDERE 12.99

Roasted-tomato goat-cheese quiche, quiche lorraine, home fries, and breakfast breads with fresh-cut fruit. Served with coffee.

MORNING IN MANCHESTER 10.99

Yogurt, strawberries, blueberries, house-made granola, honey, and mini-muffins with fresh-cut fruit. Served with coffee.

CARY ST. COBBLE 12.99

Oatmeal, strawberries, blueberries, cinnamon, maple syrup, toasted pecans, baked green apples, chicken sausage & scrambled eggs with fresh-cut fruit. Served with coffee.

ROCKETT'S FUEL 11.99

Scrambled eggs, bacon, sausage, home fries, breakfast breads, and fresh-cut fruit. Served with coffee.

CHIMBORAZO CASSEROLE 11.99

Roasted veggies, texas toast, eggs, cheddar, feta, and spinach casserole, baked golden brown. Breakfast breads and fresh-cut fruit on the side. Served with coffee.

HIGHLAND PARK HASH 11.99

Diced potato casserole with cheddar, onion, and sour cream. Breakfast breads and fresh-cut fruit on the side. Served with coffee.

BREAKFAST SANDWICHES

Breakfast sandwich packages served with freshly-brewed coffee. Prepared in multiples of 10. Price per person.

RIVER ROCK ROLLS 9.99

Bacon or sausage, egg, and cheese bagel sandwiches with fresh-cut fruit. Served with coffee.

CARPE DIEM 9.99

Egg and cheese buttermilk biscuit sandwiches with home fries and fresh-cut fruit. Served with coffee.

HIT THE HILLS 11.99

Breakfast burrito with scrambled eggs, chorizo, potatoes, roasted red peppers, and cheddar cheese. Roasted tomato salsa and sour cream on the side. Served with coffee.