

Preventing the Top Four Construction Hazards

Falls

- Wear and use personal fall arrest equipment
- Install and maintain perimeter protection
- Cover and secure floor openings and label floor opening covers
- Use ladders and scaffolds safely

Caught-In/Between

- Never enter an unprotected trench or excavation 5 feet or deeper without an adequate protective system in place; some trenches under 5 feet deep may also need a protective system
- Make sure the trench or excavation is protected either by sloping, shoring, benching, or trench shield systems.

Struck-by

- Never position yourself between moving and fixed objects
- Wear high-visibility clothes near equipment and vehicles

Electrocutions

- Locate and identify utilities before starting work
- Look for overhead power lines when operating any equipment
- Maintain a safe distance away from power lines; learn the safe distance requirements
- Do not operate portable electric tools unless they are grounded or double insulated
- Use ground-fault circuit interrupters for protection
- Be alert to electrical hazards when working with ladders, scaffolds or other platforms