

READY FOR DR. SARAH SKIDMORE TO SPEAK AT YOUR NEXT EVENT?

// ABOUT DR. SARAH SKIMODRE, LEADERSHIP DOCTOR, FUTURIST, AND CONSULTANT

Dr. Sarah Skidmore, DSL, MA (she/her/hers) is a Leadership Doctor, Leadership Futurist, Leadership Development Consultant, and Leadership Training Provider. She works directly with organizations, teams, and leaders by providing creative leadership solutions to maximize their potential, bolster their impact, and cultivate a positive human experience.

Dr. Sarah's passion for the future of leadership, work, and learning drives the perspective she brings to organizations. Her inclusive leadership and strengths-based approach impact her leadership training and leadership consulting. Dr. Sarah is currently based in Central Florida and partners with clients worldwide interested in developing international leadership skills and developing strategic leadership skills. She is at the forefront of the intersection of innovation, leadership, and strategy.

Dr. Sarah holds a Doctor of Strategic Leadership, Master of Arts in Public Policy and Bachelor of Arts in Marketing & International Business. Dr. Sarah is a 2020 Emerging Fellow with the Association of Professional Futurists and European Futures Observatory; and holds a Professional Certificate in Foresight from the University of Houston.

Dr. Sarah is active in several professional networks:

- Association of Professional Futurists
- US National LGBT Chamber of Commerce
- American Marketing Association

- World Futures Studies Federation
- Futures Space Member
- Women's Business Enterprise National Council

// DR. SARAH INFLUENCES DECISION MAKERS

Dr. Sarah's work actively influences CEOs, Executives and C-Suite Leaders; and, she has direct experience with global enterprises. Throughout her career, Dr. Sarah led strategy in various B2B sectors, including technology, construction, small business, and global manufacturing.

To request, please visit www.skidmore-consulting.com/request



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TOPIC // WE NEED STRONGER PEOPLE LEADERS

Overview: Organizations struggle with poor leadership, disengaged employees, employee retention issues and employee-manager relationships. During this session, Dr. Sarah introduces the 4 essential ways of thinking and 6 critical roles that participants may leverage to become *Stronger People Leaders*. The *Stronger People Leaders* philosophy is built on the belief that all leaders, regardless of experience or role can become even *Stronger People Leaders*. Dr. Sarah provides deliberate and intentional insights to participants for real-world leadership impact. **Objectives:**

- 1. Participants understand the importance of leader development within their organization.
- 2. Participants leave with practical resources for applying leader development within their context.
- 3. Participants recognize how their organization can benefit from cultivating Stronger People Leaders.

Intended Audience: CEO, President, VPs, C-Suite Leaders, HR Leaders, L&D

Format: Virtual talk or webinar. In-person talks & workshops are on hold due to the global pandemic at this time.

Post-Session Opportunity: Skidmore Consulting LLC works with clients to integrate the *Stronger People Leaders* curriculum and online programming into their organization as a Professional Development or L&D function. Dr. Sarah's curriculum is contextually applicable across industries and delivers practical resources, powerful conversations, and positive impact

TOPIC // MOVE FROM LEADERSHIP PAIN TO STRENGTH

Overview: Are you stressed out, burned out, stuck, or overwhelmed? Are you leading a new team that struggles with competing priorities, lack of direction, or poor communication skills? Are you ready for greater engagement, balanced sustainability, or powerful transformation with your team/business? If so, Dr. Sarah designed this session for you! She shares with participants her highly methodical, almost clinical, approach to leadership wellness – from unpacking leadership pains, to understand aspects of leadership wellness, to creating an appropriate treatment plan. Over the years, Dr. Sarah Skidmore has worked with clients - from global corporations to technology innovators to professional service providers - to lead change management programs, leadership training programs, and diversity, equity, and inclusion (DEI) programs. Join Dr. Sarah in this workshop to move your team/business from pain to strength!

Objectives:

- 1. Participants learn how to self-identify acute and chronic pains within their team or business.
- 2. Participants learn learning how to self-identify where their team or business lands within their leadership wellness journey.
- 3. Participants understand the need for fostering healthier organizations.
- Intended Audience: Small & Midsize Enterprises, Business Owners, Entrepreneurs

Format: Virtual talk or webinar. In-person talks & workshops are on hold due to the global pandemic at this time.

Post-Session Opportunity: Skidmore Consulting LLC, through The Leadership Hospital, provides clients with unwavering leadership specialization to accompany their wellness journey. Clients receive a specialized consultation with a leadership doctor, in-depth diagnostics to understand the DNA of their organization, and a tailored treatment plan with doctor-recommended next steps.

TOPIC // THE FUTURE OF WORK: WILL YOUR TEAM FLOURISH OR LANGUISH?

Overview: From digital transformation to the great resignation to post-pandemic futures, the future of work is an ever evolving and dynamic landscape. During this session, Dr. Sarah shares critical themes for organizations to consider as they seek to thrive in the future of work. Dr. Sarah motivates leaders to make innovative strategies today, start upskilling programs for their workforce now, and engage change management insights to flourish, not languish, in regard to the future of work.

Objectives:

- 1. Participants are educated on critical aspects defining the future of work.
- 2. Participants realize their responsibility to next-level their workforce.
- 3. Participants motivated to flourish, opposed to languish, in the future of work
- Intended Audience: Small & Midsize Enterprises, CEO, President, VPs, C-Suite Leaders, HR Leaders, L&D

Format: Virtual talk or webinar. In-person talks & workshops are on hold due to the global pandemic at this time.

Post-Session Opportunity: Skidmore Consulting LLC works with clients to next-level their workforce and team for skills necessary for the Future of Work. Through on-demand courses, live virtual training, facilitated group learning sessions and more, Dr. Sarah creates curriculum to for clients focused on leadership and social influence, action learning strategies, strategy and innovation, and change management principles to ensure teams thrive in the Future of Work.

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