

APPLICATION INSTRUCTIONS FOR THE **CHOOSE MY PLATE**

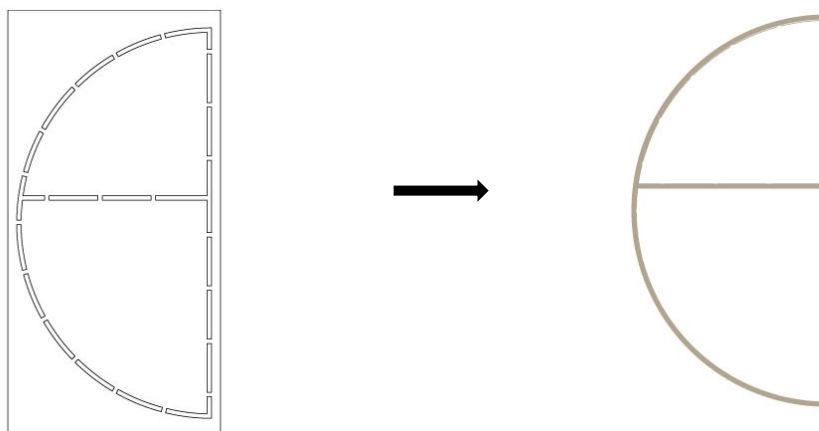
Product Number: 13-3W-042

SIZE: Diameter of plate portion is approximately 7 feet 8 inches wide. Dairy symbol, government logo, fork, & food stencils included.

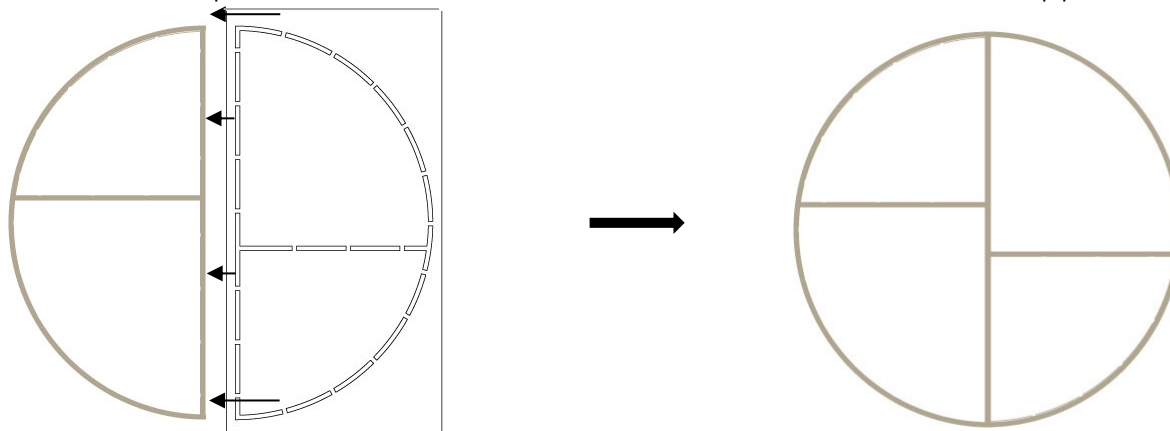
ESTIMATED PAINT TIME: 2-6 people for 2-4 hours.

READ FIRST: Completely read "General Instructions". Prepare surfaces as recommended before painting.

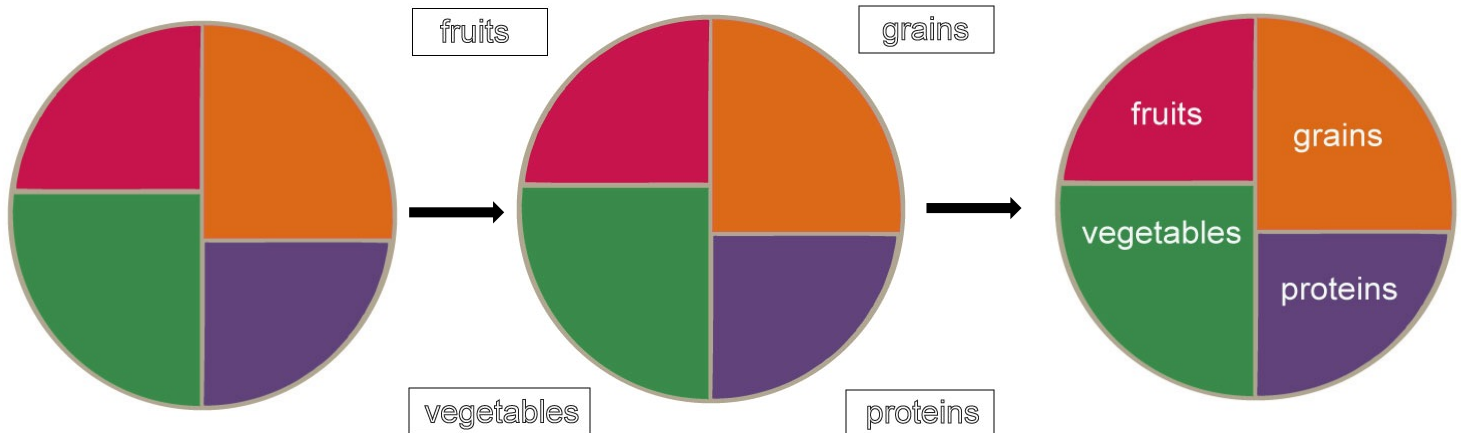
1. Take the half circle stencil and position on pavement in desired location. Paint the outlines, preferably white. After dry, remove and lay on tarp for stencil to dry. (Stencil can be gently wiped down as the next step will require flipping this stencil over to create the other half of the circle.) If desired, fill in gaps between lines. The pavement should appear as below right.



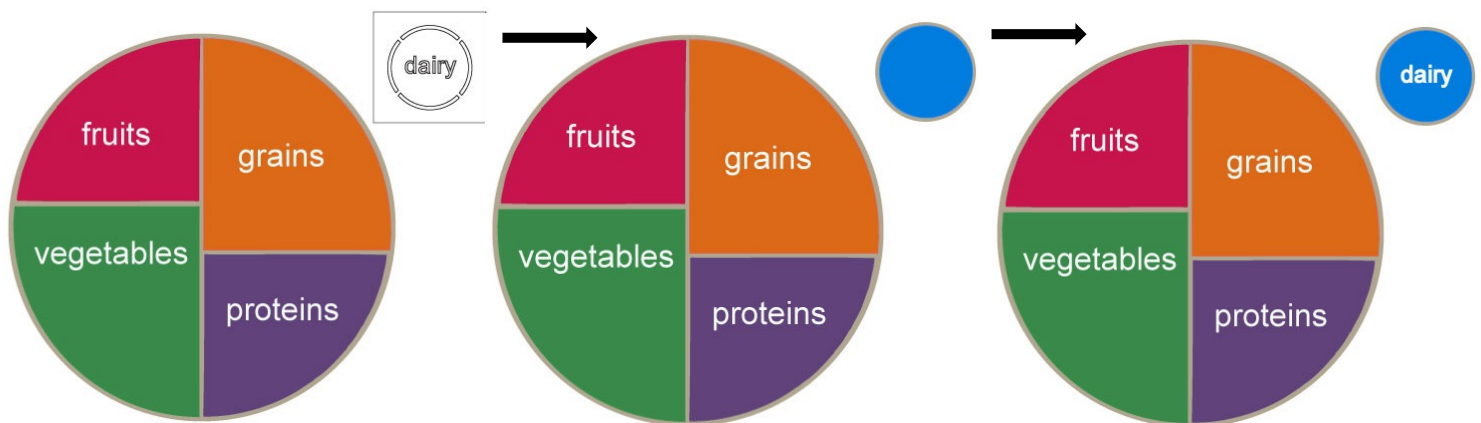
2. Take the fully dried half circle stencil, making sure the previously painted edges are completely dry, flip over then rotate as shown below to left. Align edges, overlapping the middle line of the stencil over the painted middle line. Paint outlines. Painted circle should appear as below right.



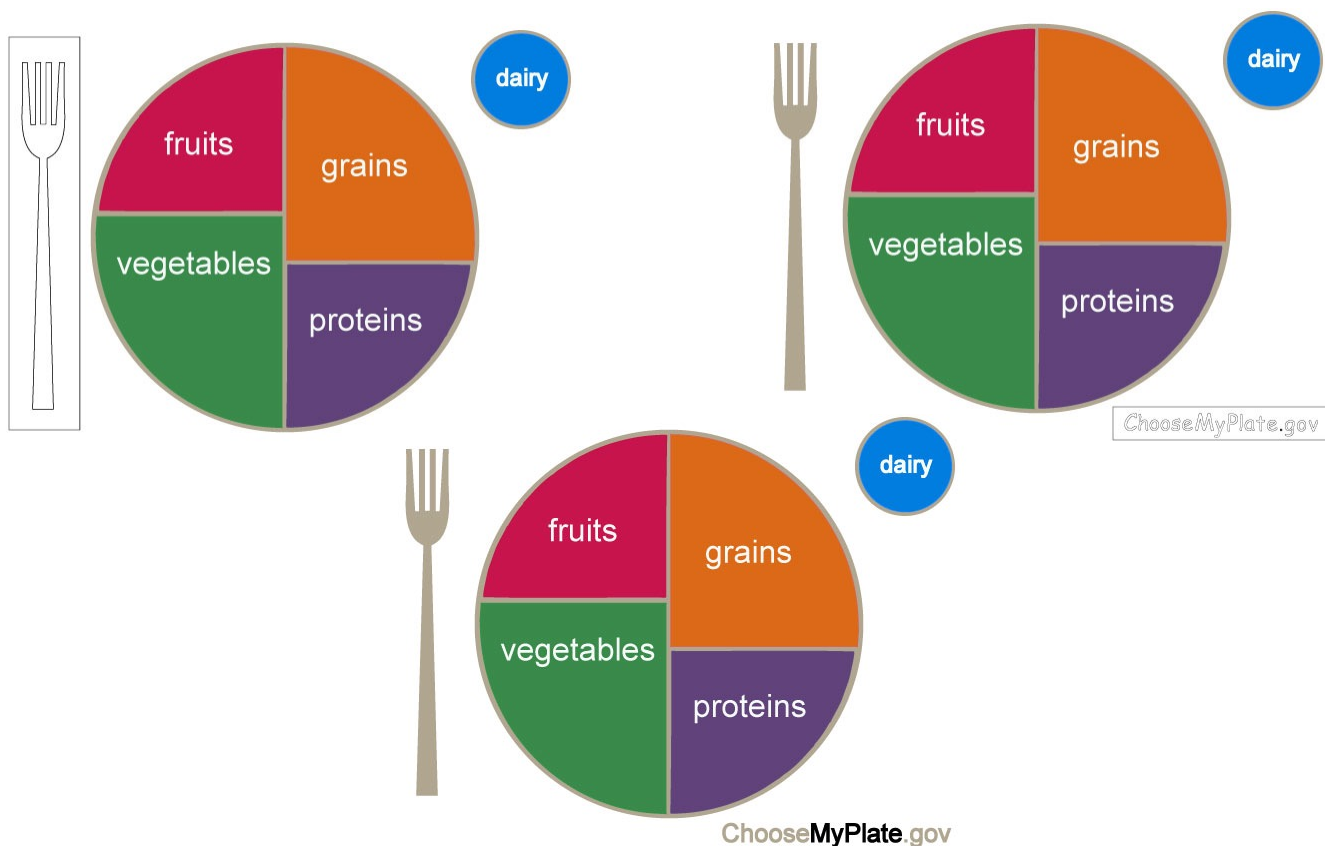
3. Paint each section of the circle (the Plate) with colors as shown below left. Repeat 1-2 more times to achieve desired vividness, drying after each application. Once completely dry, take the food group stencils, align over each section and paint white. Pavement should appear as shown bottom right. The Plate is complete.



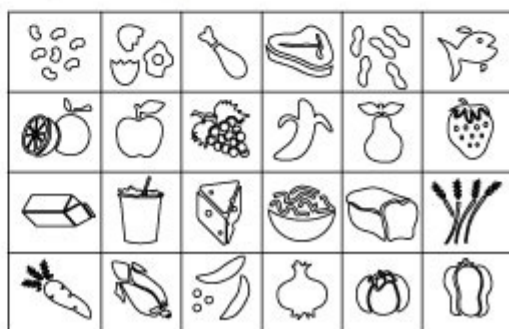
4. Take the stencil that is a small circle and has "dairy" on it and align it above the top right of the Plate as shown below left. Paint the circle outline only, filling in gaps after drying if desired. Remove and paint the circle blue as shown in bottom middle. After drying both the stencil and painted pavement, realign small circle stencil and paint "dairy" with white paint. Pavement should appear as below right.

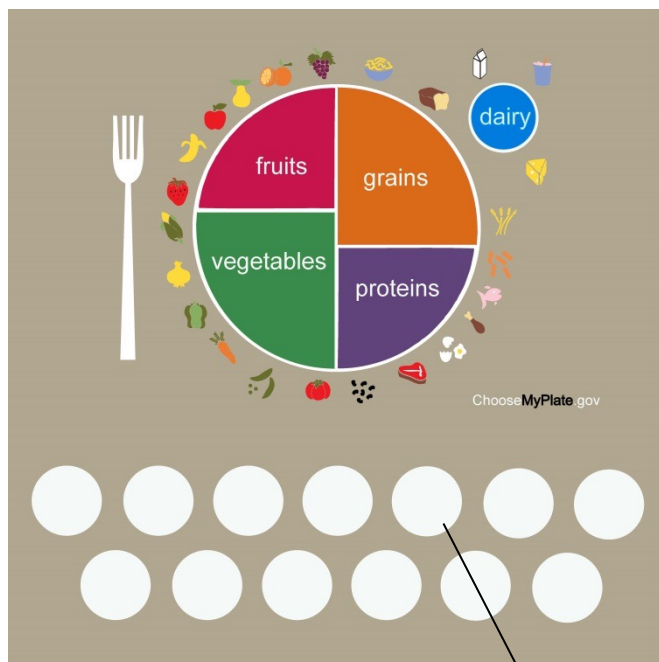


5. Take the "fork" stencil and align it to the left of the Plate as shown below left. Paint, usually gray or white, and remove stencil after drying. Place the ChooseMyPlate.gov stencil as shown below right and paint as desired, usually white, gray or black. Remove when fully dry.

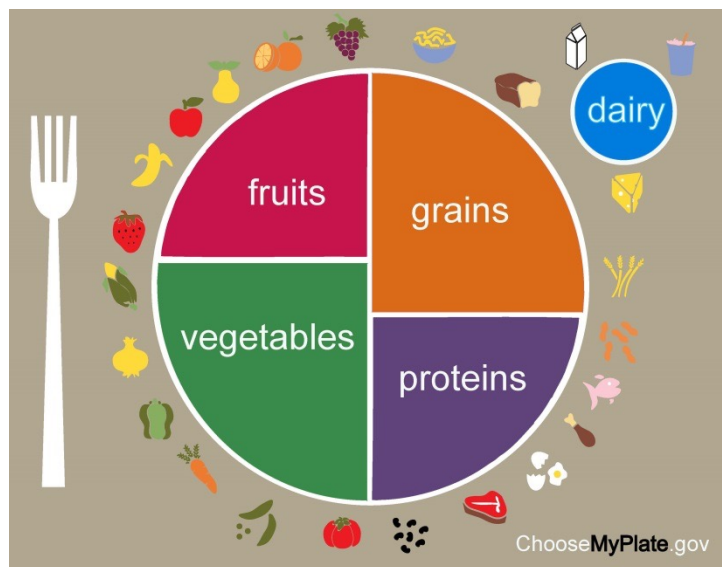
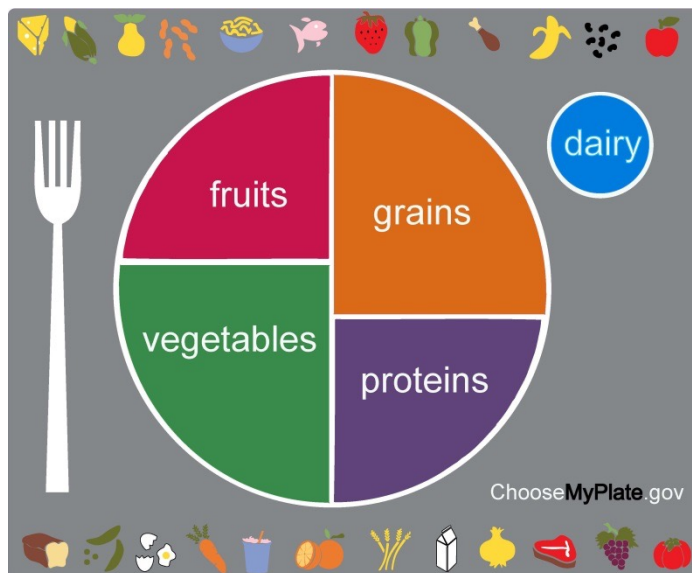


6. The Choose My Plate is now complete and the painted pavement should appear as directly above. The next step is to add the food stencils and as shown in some layouts smaller "plates". The food stencils are individual stencils (shown below) and can be arranged in several different layouts some of which are shown on the follow page.





Small “plates” are made by painting the circular “dairy” stencil numerous times, painting the outline and then the inside all white.



7. Allow all paint to dry for a minimum of 24 hours before use.

Any questions? We're here to help – call us at (800) 681-0684!