

APPLICATION INSTRUCTIONS FOR THE **FITNESS AGILITY LADDER**

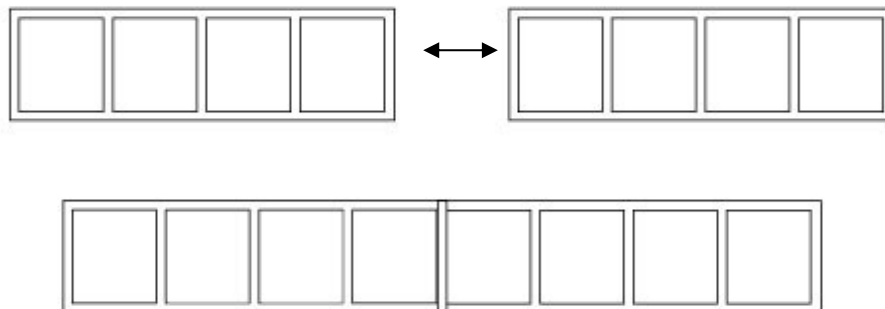
Product Number: 13-1W-041

SIZE: Approximately 1 foot 8 inches wide, length varies.

ESTIMATED PAINT TIME: 1-2 people for 1-2 hours.

READ FIRST: Completely read "General Instructions". Prepare surfaces as recommended before painting.

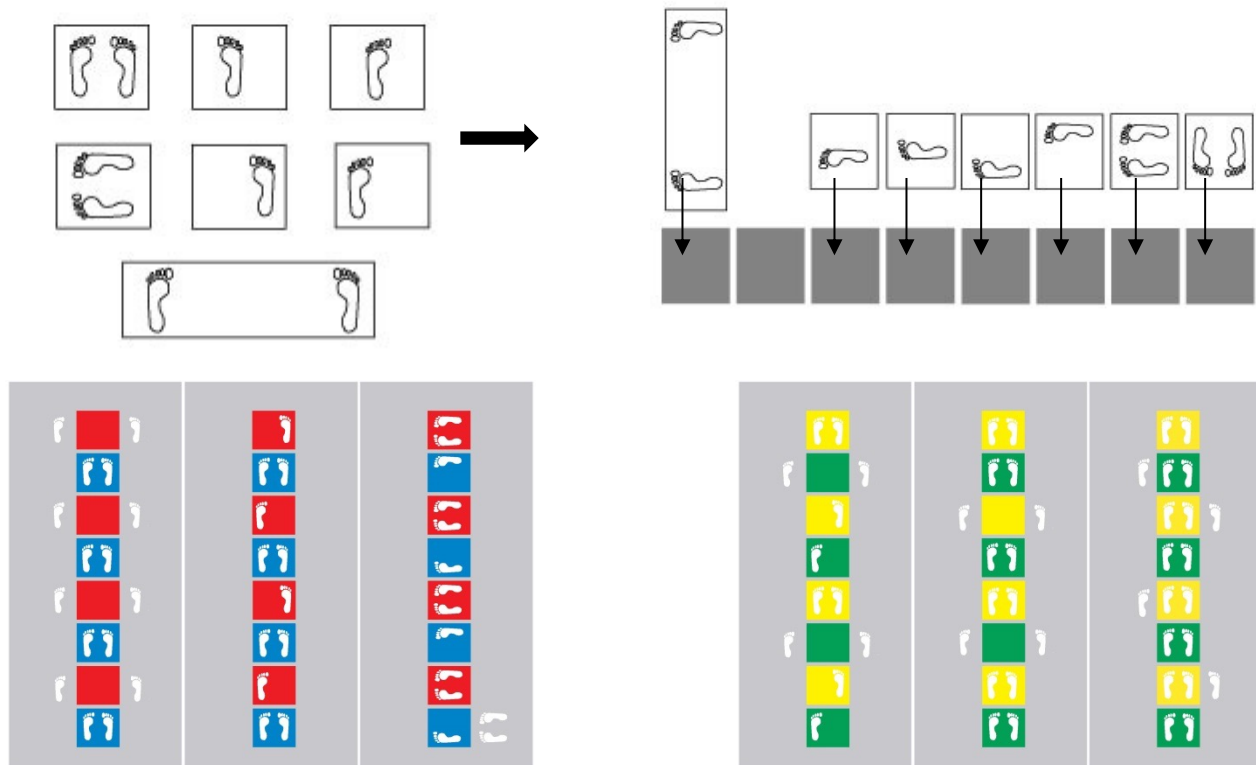
1. Position one or two of the grid "ladders" end to end as shown below. Tape should be used to secure edges.



2. Using brushes or small rollers, paint each stencil as desired, applying slowly along edges and pressing stencil gently down while painting. Apply a thin coat first and either remove stencil and apply another coat or keep stencil in place. Repeat 1-2 more times to achieve desired vividness, drying after each application, and remove stencil. Painted pavement should appear similar to below:



3. Only completely dry, position foot print stencils in desired pattern over painted boxes. The following are just a few samples of common patterns.



4. Allow to dry for 24 hours before use.

Any questions? We're here to help – call us at (800) 681-0684!