

# A Prepare your test area and check your test kit contents

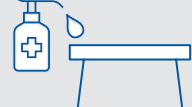
You will need: a watch (or a timer), tissues, and either hand sanitizer or soap and warm water.

**1** Read this instruction guide carefully


Learn how to take the test by watching an online video at <https://eu.bd.com/bd-kit-covid-rapid-test.en>



**2** Clear, clean and dry a flat surface immediately before starting the test




**3** Gently blow your nose into a tissue and throw the tissue away in a closed bin



**4** Wash your hands thoroughly for 20 seconds, using soap and warm water or hand sanitizer

This is to avoid contaminating the test kit. If doing more than one test, repeat step 4 between each test.

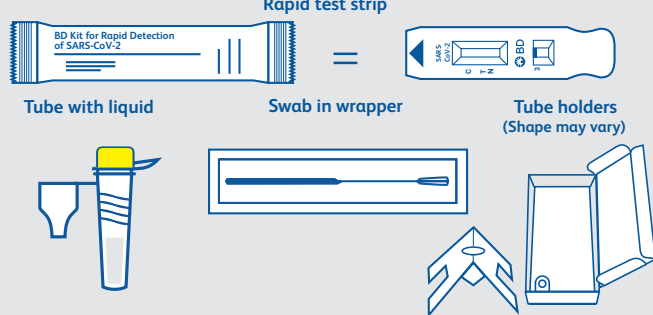


**5** Check the test kit contents. Do not use if the contents are damaged, broken or expired

Rapid test strip

BD Kit for Rapid Detection of SARS-CoV-2

Tube with liquid      Swab in wrapper      Tube holders (Shape may vary)



# B Set up your test

**6** Take the rapid test strip out of the package

Place it onto the cleaned flat surface.

Open the rapid test packaging only when you intend to carry out the test.

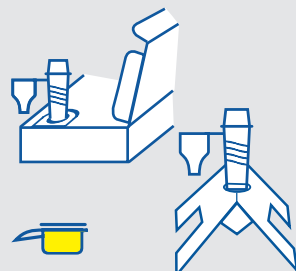


**7** Remove the yellow cap from the tube containing the liquid

Open it away from your face and be careful not to spill any of the liquid.

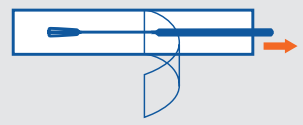


**8** Place the tube in the holder



**9** Peel open the swab packaging when you are ready to use

Gently take out the swab.



Never touch the soft, fabric tip of the swab with your hands. Avoid placing the swab on any surface.

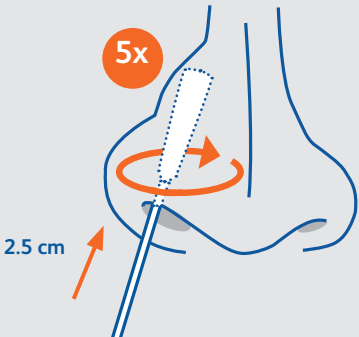
# C Take your swab sample

**10** Nasal swab collection – first nostril

- Insert the swab 2.5cm into the nostril or until resistance is met (whichever comes first).
- Complete 5 circular rotations whilst pressing the swab against the inside of the nostril.
- This may hurt and cause tears in the eyes. This is normal.

5x

2.5 cm

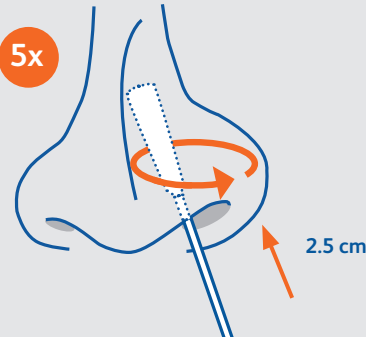


**11** Nasal swab collection – other nostril

- Repeat step 10 in the other nostril with the same swab.

5x

2.5 cm



# D Process the swab sample

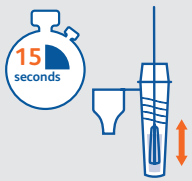
Make sure you have placed the rapid test strip on a flat and level surface. Do not move the rapid test strip during the test.

**12** Pick up the tube and gently dip the fabric tip of the swab into the liquid



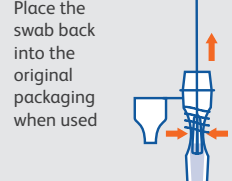
**13** Move the swab gently up and down in the liquid for 15 seconds

15 seconds



**14** Pinch the outside of the tube slightly to extract liquid while removing the swab

Place the swab back into the original packaging when used



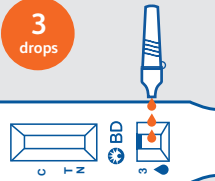
**15** Press the white cap tightly on to the tube until you hear a click

click




**16** Gently squeeze the tube to place 3 drops of the liquid in the well on the test strip

3 drops



**17** Check the time or set a timer. Wait 15 minutes before you read your result

15 minutes



Read your result ▶

## What you need to do

A Prepare your test area and check your test kit contents

B Set up your test

C Take your swab sample

D Process the swab sample

E Read your result

F Report your test result according to local health authority guidelines

It is very important you read the instructions and follow the steps in the correct order.

- The tube liquid contains sodium azide. Do not inhale, swallow or expose to skin. If the liquid contacts skin, wash immediately with plenty of soap and water. If the liquid contacts eyes, flush with plenty of water. Do not flush the tube liquid down the drain.
- Use the kit at room temperature (15°C to 30°C). If stored in a cool area (less than 15°C), leave the kit at room temperature for 30 minutes before using.
- Avoid placing the rapid test strip in areas where there is a draught.

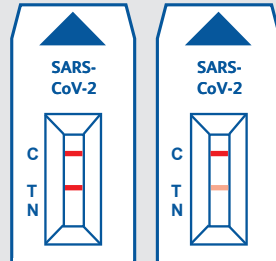
## E Read your result

### Positive result

**2 lines**, one next to C and one next to T, even faint lines, shows the test is positive.

It is very likely that you **are** currently infected with SARS-CoV-2 (COVID-19)

**C** = Control line  
**T** = Test line  
**N** = Non-specific line

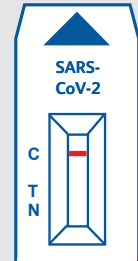


### Negative result

**1 line**, one next to C shows the test is negative.

It is likely that you are **not** infectious, however a negative test result is not a guarantee that you do not have SARS-CoV-2 (COVID-19)

**C** = Control line  
**T** = Test line  
**N** = Non-specific line

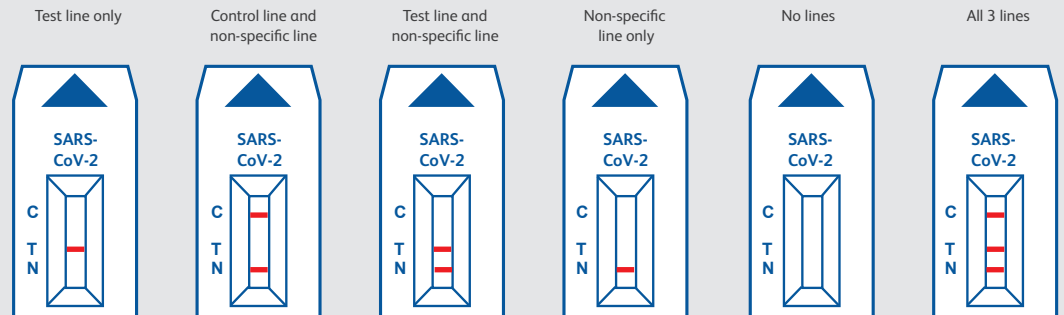


### Invalid result

Invalid tests should be repeated with a new kit. There are six possible invalid test results.

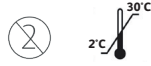
The test is invalid if a non-specific line is present or if the control line is absent. The test must be repeated. If the result is still invalid, the specimen cannot be interpreted.

**C** = Control line  
**T** = Test line  
**N** = Non-specific line



## F Report your test result according to local health authority guidelines

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REF 256091, 256113, 256114  
500055843(02)  
2021-03  
English

Benex Limited  
Pottery Road, Dun Laoghaire Co. Dublin, Ireland

## BD Kit for Rapid Detection of SARS-CoV-2

This self-test is intended for use to detect possible SARS-CoV-2 (COVID-19) infection. This test is for use only with self-collected nasal swabs. No decision of medical relevance should be taken without consultation of medical practitioner. This test is for human use only. To be used under adult supervision when testing children. Keep away from children. Do not reuse. Store between 2-30°C.

bd.com

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