

DESCRIPTION OF PRODUCT: Padded limb restraints with double-security closure. For bed and stretcher use only.

Indications for Use

- Patients assessed to be at risk of disrupting life-saving treatments (e.g., pulling tubes or lines) or in danger of injury to themselves or to others.
- Follow your hospital's restraint policies and procedures which are in compliance with CMS guidelines and state laws.

Contraindications

Do not use this device with someone who has continued highly aggressive or combative behavior, self-destructive behavior, or deemed to be an immediate risk to others or to self.

Application Instructions

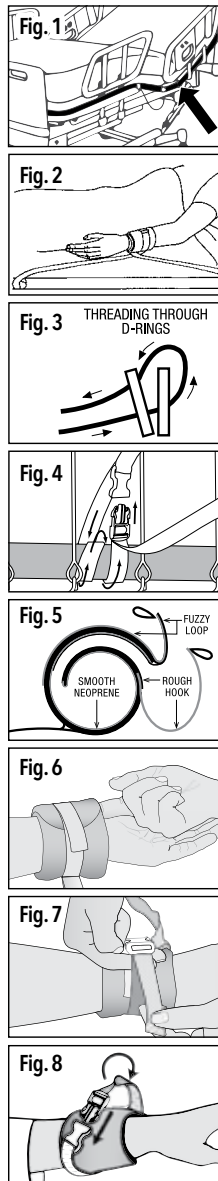
Use method a. or b. below to attach straps to frame (repeat steps 1-2 on each side):

- 1a. Triangulation process; to restrict patient's range of motion: Separate the straps and attach at different points along the frame that moves with the patient (Fig. 1) out of the patient's reach, using quick-release ties (do not attach to side rail or head/footboard) (Fig. 2).
- 1b. To increase patient's range of motion: Place the straps together and attach to a single point along a part of the frame that moves with the patient, out of the patient's reach, using quick-release ties.
2. **2790:** Wrap the connecting strap to the frame by pulling the strap back between the first and second D-ring (Fig. 3), or attach with a quick-release tie.
2790Q: Wrap the connecting strap once around the frame that moves with the patient, out of the patient's reach. Close the quick-release buckle. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection (Fig. 4).

Applying the cuffs

(Repeat steps 1-4 for each side):

1. Wrap the neoprene piece around wrist/ankle so the buckle and connecting strap is on the ulnar side of the wrist or lateral malleolus of the ankle. Attach the black hook-and-loop pieces together and pull back the black pull tab on the blue or red fuzzy piece, followed by the blue or red hook-and-loop pieces. The fuzzy piece should be sandwiched between the two pieces of hook (Fig. 5). Be sure to overlap at least one inch (3cm).
2. Press the hook-and-loop closure together firmly and make sure it adheres securely. Slide ONE finger (fat) between the cuff and the inside of the patient's wrist/ankle to ensure proper fit (Fig. 6)



2790



2790Q

Posey Twice-As-Tough Cuffs

REF 2790 Double Strap, Regular/Blue Size

REF 2790Q Double Strap with Quick-Release Buckles, Regular/Blue Size

3. **2790:** Pass the end of the limb strap over the top of the cuff and through the two D-rings on the cuff. Bring the strap back over the first ring and through the two D-rings on the cuff. Slide one finger (fat) between the cuff and the strap.
- 2790Q:** Close the quick-release buckle on the cuff. Insert ONE finger (fat) under the buckle and pull the strap snug, but not so tight as to restrict circulation (Fig 7). Release the quick-release buckle, twist buckle 180°, and reconnect (Fig 8). Listen for a "snapping" sound.
4. Adjust the connecting strap(s) length from the frame to allow desired freedom of movement without compromising patient or caregiver safety. Ensure the remaining strap end(s) are secured and out of the reach of the patient.

Precautions

- Avoid using on a patient with a dislocation or fracture on the restrained limb, or if an IV or wound site could be compromised by the device.
- Check the patient regularly to ensure that circulation is not impaired. Serious injury may occur if the cuffs restricts circulation when the limb holder is applied.
- **WARNING** Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch, broken buckles or locks, and/or that hook-and-loop adheres securely as these may allow patient to remove cuff. Discard if device is damaged or if unable to lock.
- **WARNING** Additional or different body or limb restraints may be needed (See Posey Catalog):
 - » If the patient pulls violently against the bed straps.
 - » To reduce the risk of the patient getting access to the line/wound/tube site.
 - » To prevent the patient from falling or bucking up and down and causing self-injury.

Bed Safety

Refer to the Food and Drug Administration (FDA) for the most recent Hospital Bed Safety Guidelines as well as the Bed Manufacturer for their Instructions for Use.

ADDITIONAL SAFETY AND LAUNDERING
INSTRUCTIONS ON OTHER SIDE