

Rx ONLY

**DESCRIPTION OF PRODUCT:** Padded limb restraints with double security closure. For stretcher application only.

**Indications for Use**

- Patients assessed to be at risk of disrupting life-saving treatments (e.g., pulling tubes or lines) or in danger of injury to themselves or to others.
- Follow your hospital's restraint policies and procedures which are in compliance with CMS guidelines and state laws.

**Contraindications**

Do not use this device with someone who has continued highly aggressive or combative behavior, self-destructive behavior, or deemed to be an immediate risk to others or to self.

**Application Instructions**

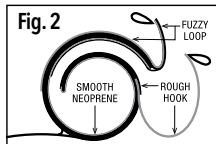
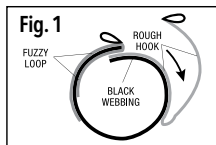
Follow these steps to apply device (repeat steps 1-4 on each side):

1. Place the blue (wrist) restraint on the stretcher at the wrist position and the red (ankle) restraint on the ankle position of the stretcher.
2. Bring the ends of the straps down through the inside of the side rails so they do not interfere with the movement of the side rails. Thread the end of one strap over the top, around the frame, and first attach the black hook-and-loop together then the blue (wrist) or red (ankle) hook-and-loop together (Fig. 1). Be sure to overlap at least one inch (3cm).
3. Tug the restraint to confirm it is secure to the stretcher.
4. Position the patient on the stretcher.

**Applying the cuffs**

(Repeat steps 1-2 for each side):

1. Wrap the neoprene piece around the wrist/ankle so the buckle and connecting strap is on the ulnar side of the wrist or lateral malleolus of the ankle. Attach the black hook-and-loop pieces together and pull back the black pull tab on the blue or red fuzzy piece, followed by the blue or red hook-and-loop pieces. The fuzzy piece should be sandwiched between the two pieces of hook (Fig. 2). Be sure to overlap at least one inch (3cm).
2. Press the hook-and-loop closure together firmly and make sure it adheres securely. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist/ankle to ensure proper fit.



**Posey Twice-As-Tough Cuffs**

**REF 2750** Wrist pair, Regular Stretcher (Blue)

**REF 2755** Ankle pair, Regular Stretcher (Red)

**Precautions**

- Avoid using on a patient with a dislocation or fracture on the restrained limb, or if an IV or wound site could be compromised by the device.
- Check the patient regularly to ensure that circulation is not impaired. Serious injury may occur if the cuffs restricts circulation when the limb holder is applied.
- **WARNING** Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch, broken buckles or locks, and/or that hook-and-loop adheres securely as these may allow patient to remove cuff. Discard if device is damaged or if unable to lock.
- **WARNING** Additional or different body or limb restraints may be needed (See Posey Catalog):
  - » If the patient pulls violently against the bed straps.
  - » To reduce the risk of the patient getting access to the line/wound/tube site.
  - » To prevent the patient from flailing or bucking up and down and causing self-injury.

**Bed Safety**

Refer to the Food and Drug Administration (FDA) for the most recent Hospital Bed Safety Guidelines as well as the Bed Manufacturer for their Instructions for Use.

**ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE**