

Rx ONLY

DESCRIPTION OF PRODUCT: Limb holder for limiting limb movement. For bed and stretcher use only.

Indications for Use

- Patients assessed to be at risk of disrupting life-saving treatments (e.g., pulling tubes or lines) or in danger of injury to themselves or to others.
- Follow your hospital's restraint policies and procedures which are in compliance with CMS guidelines and state laws.

Contraindications

Do not use this device with someone who has continued highly aggressive or combative behavior, self-destructive behavior, or deemed to be an immediate risk to others or to self.

To Prepare Limb Holders

1. Feed the strap at the narrow end of the triangular cuff through the horizontal slot in the wide end of the cuff. Continue threading the strap through the loop located on the outside of the device (Fig. 1).
2. Thread the strap from the wide end of the cuff through the loop in the opposite direction (Fig. 2). For faster application, the restraint can be attached to the bed before placing on the patient's wrist/ankle.

Application Instructions

Use method a. or b. below to attach straps to frame (repeat steps 1-7 on each side):

- 1a. Triangulation process; to restrict patient's range of motion: Separate the straps and attach at different points along the frame that moves with the patient (Fig. 1), out of the patient's reach, using quick-release ties (do not attach to side rail or head/footboard) (Fig. 2).
 - 1b. To increase patient's range of motion: Place the straps together and attach to a single point along a part of the frame, out of the patient's reach, using quick-release ties.
2. Wrap the limb holder cuff around the patient's wrist/ankle so the buckle and connecting strap is on the ulnar side of the wrist or lateral malleolus of the ankle (Fig. 3).
 3. Secure the hook-and-loop fastener. Slide ONE finger (fat) between the cuff and the inside of the patient's wrist to ensure proper fit (Fig. 4). The strap must be snug, but not compromise circulation.
 4. Close the quick-release buckle on the cuff. Insert ONE finger (fat) under the buckle and pull the strap snug, but not so tight as to restrict circulation (Fig. 5).
 5. Release the quick-release buckle, twist buckle 180°, and reconnect (Fig 6). Listen for a "snapping" sound.
 6. Attach the "hook" end of the cuff strap to the "fuzzy" backing on the cuff to keep the quick-release buckle from sliding (Fig 7).
 7. Adjust the strap(s) to allow for desired freedom of movement, without compromising patient or caregiver safety.

To remove cuffs: Unsnap quick-release buckles and release hook-and-loop fasteners.

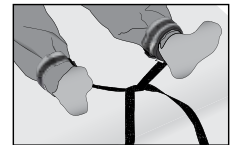


Posey Limb Holders

- REF 2534** Quick-Release Limb Holders, Double strap with a quick-release buckle per strap
- REF 2554** Quick-Release Quilted Limb Holders, Double strap with a quick-release buckle per strap

To limit lower limb range of motion for legs:

1. Attach the cuff that is secured to the bottom right side of the frame to the left ankle.
2. Crisscross the straps and attach the cuff secured to the bottom left side of the frame to the right ankle.
3. Adjust connecting straps as necessary

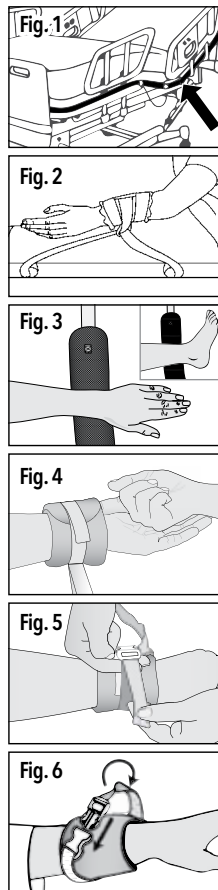


Precautions

- Avoid using on a patient with a dislocation or fracture on the restrained limb, or if an IV or wound site could be compromised by the device.
- Check the patient regularly to ensure that circulation is not impaired. Serious injury may occur if the cuffs restricts circulation when the limb holder is applied.
- **WARNING** Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch, broken buckles or locks, and/or that hook-and-loop adheres securely as these may allow patient to remove cuff. Discard if device is damaged or if unable to lock.
- **WARNING** Additional or different body or limb restraints may be needed (See Posey Catalog):
 - » If the patient pulls violently against the bed straps.
 - » To reduce the risk of the patient getting access to the line/wound/tube site.
 - » To prevent the patient from flailing or bucking up and down and causing self-injury.

Bed Safety

Refer to the Food and Drug Administration (FDA) for the most recent Hospital Bed Safety Guidelines as well as the Bed Manufacturer for their Instructions for Use.



ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE