

Rx ONLY

DESCRIPTION OF PRODUCT: Limb holder for limiting limb movement. For bed and stretcher use only.

Indications for Use

- Patients assessed to be at risk of disrupting life-saving treatments (e.g., pulling tubes or lines) or in danger of injury to themselves or to others.
- Follow your hospital's restraint policies and procedures which are in compliance with CMS guidelines and state laws.

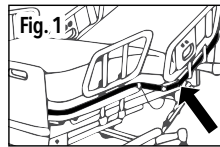
Contraindications

Do not use this device with someone who has continued highly aggressive or combative behavior, self-destructive behavior, or deemed to be an immediate risk to others or to self.

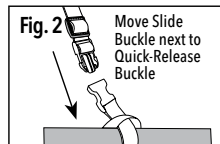
Application Instructions

Follow these steps to apply device (repeat steps 1-7 on each side):

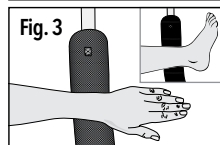
- 1a. Attach the female end of the quick-release buckle (short strap) to the frame that moves with the patient (Fig. 1), out of the patient's reach (do not attach to side rail or head/footboard). You may also wrap the connecting strap once around the frame to move the buckle out of the patient's reach. Secure by feeding the female end through the loop in the strap.



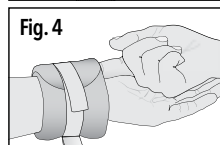
- 1b. Insert the male end of the connecting strap into the female end of the short strap. Listen for a "snapping" sound. Pull firmly on the straps to ensure a good connection. Move the slide buckle next to the male end of the quick release buckle to prevent the strap from loosening (Fig. 2).



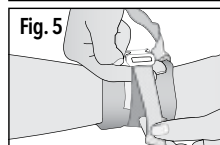
2. Wrap the limb holder cuff around the patient's wrist/ankle so the buckle and connecting strap is on the ulnar side of the wrist or lateral malleolus of the ankle. (Fig 3).



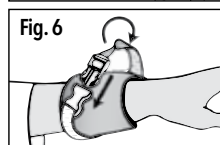
3. Secure the hook-and-loop fastener. Slide ONE finger (fat) between the cuff and the inside of the patient's wrist/ankle to ensure proper fit (Fig 4). The strap must be snug, but not compromise circulation.



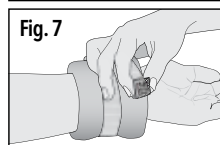
4. Close the quick-release buckle on the cuff. Insert ONE finger (fat) under the buckle and pull the strap snug, but not so tight as to restrict circulation (Fig 5).



5. Release the quick-release buckle, twist buckle 180°, and reconnect (Fig 6). Listen for a "snapping" sound.



6. Attach the "hook" end of the cuff strap to the "fuzzy" backing on the cuff to keep the quick-release buckle from sliding (Fig 7).



7. Adjust the strap to allow for desired freedom of movement, without compromising patient or caregiver safety.

To remove cuffs: Unsnap quick-release buckles and release hook-and-loop fasteners.

Quick-Release Anchor Strap: Remove Anchor Strap from frame after use. Do not reuse quick-release buckles, and do not mix male and female ends from different products.



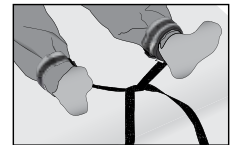
Posey Limb Holders

REF 2532A Quick-Release Limb Holders, single strap with quick-release connecting strap

REF 2551A Quick-Release Quilted Limb Holders, single strap with quick-release connecting strap

To limit lower limb range of motion for legs:

1. Attach the cuff that is secured to the bottom right side of the frame to the left ankle.
2. Crisscross the straps and attach the cuff secured to the bottom left side of the frame to the right ankle.
3. Adjust connecting straps as necessary



Precautions

- Avoid using on a patient with a dislocation or fracture on the restrained limb, or if an IV or wound site could be compromised by the device.
- Check the patient regularly to ensure that circulation is not impaired. Serious injury may occur if the cuffs restricts circulation when the limb holder is applied.
- **WARNING** Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch, broken buckles or locks, and/or that hook-and-loop adheres securely as these may allow patient to remove cuff. Discard if device is damaged or if unable to lock.
- **WARNING** Additional or different body or limb restraints may be needed (See Posey Catalog):
 - » If the patient pulls violently against the bed straps.
 - » To reduce the risk of the patient getting access to the line/wound/tube site.
 - » To prevent the patient from falling or bucking up and down and causing self-injury.

Bed Safety

Refer to the Food and Drug Administration (FDA) for the most recent Hospital Bed Safety Guidelines as well as the Bed Manufacturer for their Instructions for Use.

ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE