

**Rx ONLY**

**DESCRIPTION OF PRODUCT:** Limb holder for limiting limb movement. For bed and stretcher use only.

### Indications for Use

- Patients assessed to be at risk of disrupting life-saving treatments (e.g., pulling tubes or lines) or in danger of injury to themselves or to others.
- Follow your hospital's restraint policies and procedures which are in compliance with CMS guidelines and state laws.

### Contraindications

Do not use this device with someone who has continued highly aggressive or combative behavior, self-destructive behavior, or deemed to be an immediate risk to others or to self.

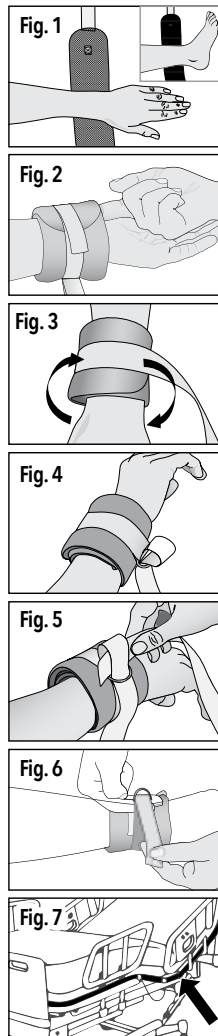
### Application Instructions

- **⚠ WARNING** Failure to complete every step of the application instructions may result in product failure or breakage.
- Follow these steps to apply device (repeat steps 1-6 on each side). Posey quick-release tie instructions on reverse:

1. Wrap the limb holder cuff around the patient's wrist/ankle so the buckle and connecting strap is on the ulnar side of the wrist or lateral malleolus of the ankle (Fig 1).
2. Secure the hook-and-loop fastener. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist/ankle to ensure proper fit (Fig 2). The strap must be snug, but not compromise circulation.
3. a. Wrap the connecting strap around the patients wrist/ankle, 360 degrees (Fig. 3).  
b. Bring a loop of the connecting strap through the metal D-ring on ulnar side (Fig. 4).  
c. Bring the end of the strap through the loop so the strap will not tighten if the patient pulls against (Fig. 5).  
d. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist/ankle to ensure proper fit (Fig 6). The strap must be snug, but not compromise circulation.
4. Attach the strap to the frame that moves with the patient, out of the patient's reach, with a quick-release tie (do not attach to side rail or head/footboard) (Fig. 7).
5. Check to make sure the strap cannot slide in any direction or loosen if the patient pulls on it, or if the bed is adjusted.
6. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety.

### To remove cuffs:

Release hook and loop fastener.

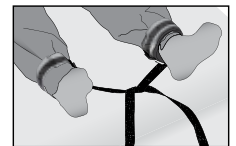


### Posey Limb Holders

**REF 2510** Economy Limb Holder

#### To limit lower limb range of motion for legs:

1. Attach the cuff that is secured to the bottom right side of the frame that moves with the patient, out of the patient's reach, to the left ankle.
2. Crisscross the straps and attach the cuff secured to the bottom left side of the frame that moves with the patient, out of the patient's reach, to the right ankle.
3. Adjust connecting straps as necessary.



### Precautions

- A clinical assessment and decision are required when used with monitoring/IV lines or if patient has a wound or dislocated/fractured limb.
- Check the patient regularly to ensure that circulation is not impaired. Serious injury may occur if the cuffs restricts circulation when the limb holder is applied.
- **⚠ WARNING** Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch, broken buckles or locks, and/or that hook-and-loop adheres securely as these may allow patient to remove cuff. Discard if device is damaged or if unable to lock.
- **⚠ WARNING** Additional or different body or limb restraints may be needed (Visit [tidiproducts.com](http://tidiproducts.com)):
  - » If the patient pulls violently against the bed straps.
  - » To reduce the risk of the patient getting access to the line/wound/tube site.
  - » To prevent the patient from flailing or bucking up and down and causing self-injury.

### Bed Safety

Refer to the Food and Drug Administration (FDA) for the most recent Hospital Bed Safety Guidelines as well as the Bed Manufacturer for their Instructions for Use.

**ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE**