

**Recommended Use:** Patients/Residents requiring ambulation and/or transfer assistance.

*Posey Gait and Transfer Belts provide caregivers with a secure hold point to assist patients/residents during supervised walking and transfers. Used correctly, Gait and Transfer Belts reduce the risk of injury to the patient / resident and the caregiver resulting from a loss of balance or an uncontrolled fall.*



**NOTE:** This product is not intended for use as a restraint. Remove after each use. When not in use, the caregiver can wear the belt for immediate access as needed.

**⚠️WARNING** Never apply a Gait Belt or Transfer Belt if there is any compromise of safety or indication of inappropriateness to the patient or caregiver. Patients using a Gait Belt or Transfer Belt that have the following conditions should always be evaluated: ostomy, colostomy, G-tubes, hernias, severe Cardio Obstructive Pulmonary Disease (COPD), as well as those with post-surgery incisions, or those fitted with monitoring equipment, tubes or lines that might be compromised by the pressure or the rubbing against a Gait Belt or Transfer Belt. Do not use a Gait Belt or Transfer Belt if the risk is outweighed by the benefit.

**⚠️CAUTION** Do not over-rely on a Gait or Transfer Belt. These are not a substitute for good body mechanics when assisting patients. Get assistance when needed, and always follow the facility's written procedures for approved assisted walking, lifting and/or transfer procedures.

**⚠️WARNING** **MONITORING: ALWAYS** check for skin integrity, proper circulation and range of motion when the belt is in use. Ensure that the belt is secure and does not compromise the patient's medical condition and does not interfere with tubes, lines or other equipment.

**⚠️WARNING** **INSPECTION: ALWAYS** inspect before each use: check for broken stitches or parts; torn, cut or frayed material; or buckles that are cracked or broken and do not hold securely. **NEVER** use soiled or damaged products.

**⚠️WARNING** **NEVER** use a Gait or Transfer Belt as a seat belt or to position a person in a chair or vehicle. Gait and Transfer Belts are not designed for seat positioning or to withstand the force of a crash.



## Application Instructions—Metal Buckle

1. With the Posey label facing outside, wrap the belt around the patient's waist, pass the metal tip of the belt through the buckle and over the teeth of the buckle (Fig. 1).
2. Bring the tip of the belt across the front of the buckle and slip it through the other side (Fig. 2). Adjust it so it is snug, but not uncomfortable for the patient. You should be able to slip your open hand (flat) between the belt and the patient.
3. The strap should lay flat across the buckle. Tuck excess under the belt (Fig. 3). **ALWAYS** verify proper closure before use.
4. **ALWAYS** grasp the transfer belt from underneath (Fig. 4). Assist patient using your facility's approved procedures.



## Application Instructions—Quick-Release Buckle

1. Release the quick-release buckle by pushing inward on the quick-release buttons.
2. Fit the belt to the patient's waist size.



Buckle Type	Length	Quantity	Item Number
Metal Buckle	54" L (137 cm)	Box of 50	<b>REF 6556S</b>
Metal Buckle	66" L (168 cm)	Box of 50	<b>REF 6556</b>
Metal Buckle	78" L (198 cm)	Box of 50	<b>REF 6556L</b>
Quick-Release Buckle	52" L (157 cm)	Box of 50	<b>REF 6556QS</b>
Quick-Release Buckle	62" L (132 cm)	Box of 50	<b>REF 6556Q</b>
Quick-Release Buckle	74" L (188 cm)	Box of 50	<b>REF 6556QL</b>

3. Once adjusted, wrap the belt around the patient and snap the buckle shut.
4. Make sure you can slide your open hand (flat) between the belt and the patient.
5. Turn the buckle around to the patient's back (tuck excess strap under belt).
6. **ALWAYS** grasp the transfer belt from underneath. Assist patient using your facility's approved procedures.

**⚠️WARNING** The quick-release buckle should be positioned to the patient's back so that the patient can not release the buckle during transfer. Release of the buckle during transfer may result in injury. **ALWAYS** verify the buckle is not broken or cracked and holds securely before transferring the patient.

## Washing Instructions

- To maintain bright colors in **non-contaminated** Gait and Transfer Belts:
- For all **contaminated** Gait and Transfer Belts:



**NOTE:** Fasten all buckles to minimize damage during wash and dry cycles. During the washing, process, metal buckles could bend and quick-release buckles could crack or break. Do not put buckles through extractors. Always ensure that all buckles are in good working order and are not cracked or broken before each use. Customers could expect up to 5% shrinkage in cotton materials over the life of the product.

## Disposal

**⚠️WARNING** Properly dispose of the product per facility's policy for BIOHAZARDOUS materials.

## Storage and Handling

**⚠️CAUTION** Gait and Transfer Belts are designed for use in normal indoor environments. Store in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage the product.

## Posey Gait and Walking Belts can help prevent caregiver back injuries and assist in safe patient transfer and ambulation.

INDICATIONS: Patients/residents requiring ambulation and/or transfer assistance.

OSHA Guidelines for Nursing Homes – Ergonomics for the Prevention of Musculoskeletal Disorders\* identify “Gait belts/transfer belts with handles” for possible considerations when “Implementing Solutions for Resident Lifting and Repositioning.”

\*[www.osha.gov/ergonomics/guidelines/nursinghome/final\\_nh\\_guidelines.html](http://www.osha.gov/ergonomics/guidelines/nursinghome/final_nh_guidelines.html)

### Posey Metal Buckle Gait Belts

Specially designed nickel-plated, metal buckles offer maximum hold, while reducing wear on the cotton belt for increased durability.

Size	Fits waist sizes
Standard	Up to 51" (130 cm)
Bariatric	Up to 72" (180 cm)



6524 White



6531 Pastel Bouquet



6525 Coral Reef



6549 Stars and Stripes



65251 Confetti

### Falls Management Gait Belts



65252 Lavender



6547G (Green)



6527 Fiesta



6547O (Orange)



6528 Navy



6547P (Purple)



6529 Embroidered Southwest Theme



6547R (Red)



6547Y (Yellow)

### Posey Premium EZ Clean Gait Belts with Spring-Loaded Buckle

- Biothane® webbing wipes clean to help address facility patient cross-contamination concerns.
- Spring loaded, self-locking buckle is easy to apply and molded from rugged polyethylene. 2" (5 cm) wide webbing. Available in standard or bariatric lengths.

Webbing Color	Fits waist up to	
	58"L (147 cm)	70"L (178 cm)
Pink	<b>6546P</b>	<b>6546PL</b>
Black	<b>6546</b>	<b>6546L</b>
Blue	<b>6546B</b>	<b>6546BL</b>
Orange	<b>6546O</b>	<b>6546OL</b>
Yellow	<b>6546Y</b>	<b>6546YL</b>



### Posey EZ Clean Economy Gait Belt

Size	Fits waist sizes	Item #
Standard Black	Up to 58" (147 cm)	<b>6545</b>



### Posey Add-On Gait Belt Handles

Upgrade standard Gait Belts with a vertical hand grip for better support when assisting patients.

Description	Quantity	Item #
Posey Handles	1 pair	<b>6558</b>



### Posey Quick-Release Gait Belts

Easily applied quick-release nylon buckles.

Size	Fits waist sizes
Standard	Up to 52" (132 cm)
Bariatric	Up to 72" (183 cm)



6524Q White

Pattern	Item #	
	Standard	Bariatric
White	<b>6524Q</b>	<b>6524QL</b>
Navy	<b>6528Q</b>	<b>6528QL</b>
Pastel Bouquet	<b>6531Q</b>	<b>6531QL</b>



6528Q Navy



6531Q Pastel Bouquet



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Call 1.800.44.POSEY for details.

Offer applies to new purchases only. Call for information on available styles.