

# PLATES

All served with choice of vegan beans, lettuce, mild cheddar cheese, and two house made salsas.

## INDIAN TACO

## MELTING POT SALAD

## STUFFED FRY BREAD

## MEDICINE WHEEL NACHOS

## CHOOSE PROTEIN

### VEGETARIAN 7.90

House cooked vegan beans and choice of three toppings.

### GRILLED CHICKEN 9.15

Annatto seed marinated, grilled chicken thighs.

### BRAISED SHREDDED BISON 12.35

Cured with 10 spice dry rub, then slow braised for 13 hours in house made bison stock.

### GROUND BEEF 8.60

Cooked with house spices keeping well balanced natural flavors.

### GROUND BISON 10.50

Cooked with Organic rubbed sage and house spices to elevate the natural bison flavor.

**EXTRA MEAT**  
BEEF & CHICKEN 2.00  
BISON 3.50

# POSU BOWLS

All served with choice of vegan beans, lettuce, mild cheddar cheese, and two house made salsas.

## WILD RICE



## RED QUINOA



## + WHEATBERRY



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# WHAT'S ON TOP

## PICK TWO

### OSAGE HOMINY

Hominy, cranberry, red onion and cilantro

### MILD TOMATO

Roasted tomatoes, red onion, cilantro and garlic

### SEED MIX

Pumpkin and sunflower seeds with cranberry

### SWEET CORN

Sweet corn, radish, poblano and green onion

### HOT TOMATO

Tomatoes, red onion, roasted jalapeno and habanero, chili powder, cilantro and garlic

### ROASTED GREEN CHILIES

Roasted and hand peeled daily

## FINISH IT OFF

### PICK ONE

Sour Cream & Ancho Chipotle

Elderberry Vinaigrette

Maple Vinaigrette

Ask about our rotating salsas

# EXTRAS

Iko's Green Chili Stew

Cup 3.75

Bowl 6.95

Chips & Salsa 3.50

& Melted Cheese 1.50

## Kids Meal

Small Indian taco with chips and a drink.

For kids 12 and under.

Beef 5.95

Ground Bison 7.00

Chicken 6.25

Shredded Bison 7.50

Vegetarian 5.25

## TOCABE FAVORITE

# BISON RIBS 13.25

Cured then Braised in House made Bison Stock. Glazed and Grilled with Rotating Berry BBQ Sauce. Served with 2 Fry Bread Biscuits.

Add Signature House Side

1.75

Your Choice of Side Salad or Green Chile Stew

# DESSERT

Wojapi Cup 3.95

Wojapi Cup + Fry Bread 5.50

Northern Plains delicacy which consists of berries reduced to a jam.

Fry Bread 2.95

Fry Bread Nuggets 3.15

# DRINKS

All Natural Soda 2.95

Fountain Soda 1.95

Ask About our Rotating Beer Lineup

# WE CATER

Anywhere from a small group to a large event. Tocabe offers new and unique ways to help make any gathering memorable.

We have a food truck!

Email us at [info@tocabe.com](mailto:info@tocabe.com) for more information.



## DIETARY KEY



GLUTEN FREE



ORGANIC



NON-GMO



INDIGENOUS