

TaskHuman

Amplify Your Employees' Work & Personal Life

Support your global workforce through 1:1 guidance over video call



Build & sustain morale, increase productivity, and support your employees' personal and professional goals. Give your global team the freedom to choose what aspects of their life they want 1:1 support and personalized guidance from a global and culturally diverse network of nearly 1000 specialists.



Unlimited Coaching for Everyone

Personalized calls with specialists covering nearly 1000 aspects of employees' daily personal and professional lives.



Physical Fitness
Home workouts, yoga...



Professional Development
Career planning, sales & leadership coaching...



Mental & Emotional Support
Meditation, self-esteem, stress handling...



Clean Eating & Nutrition Coaching
Planning, meal prep, intermittent fasting...



Spiritual Practice & Guidance
Explore spirituality, morality, divinity...



Home & Family Coaching
Travel planning, cooking, pet coaching...



Financial Literacy & Coaching
Budgeting, savings, repairing credit...



Personal Growth & Development
Language skills, crafts, energy work...



Workplace Culture & Productivity
Diversity & inclusion, work-life balance...

UNLIMITED USE: Employees can engage in an unlimited number of 1:1 calls, group sessions, and in-app content to address their goals privately and confidentially.

10 Benefits

TaskHuman Offers to Global Teams

Improve Employee Well-Being • Recruit Better Talent • Retain & Engage Employees



Burnout & Stress Management

Employees benefit from 1:1 classes on how to revert and prevent burnout. Enhance your workforce's ability to best manage their time with coaching on prioritizing, organization, and delegation.



Build & Sustain Morale

By supporting ERG efforts and diversity & inclusion initiatives, employees get personalized 1:1 support they need, while creating a strong workplace culture with globally equitable solutions.



Be Physically Fit

By offering a wide range of home workouts, employees benefit from creating healthier routines, reducing stress, and improves employee morale.



Develop Healthy Habits

Our coaches encourage healthy eating behaviors and empower employees to take responsibility for their own health while reducing medical costs for the employer.



Handle Difficult Situations

TaskHuman coaches provide support during difficult times like layoffs, terminations, and death to facilitate employee absenteeism and engagement.



Home & Family Coaching

Employees' home life and personal stressors effect their professional productivity. Support your workforce with parenting support, travel planning, pet coaching, and family dynamics.



Professional Development

Specialists assist employees with sales & leadership coaching and goal-setting. Employees will better recognize problems and devise solutions before the issues become time-wasters and larger situations.



Engage Global Teams

With global teams, team building is more important than ever. TaskHuman offers unlimited group sessions to keep your staff energized, engaged, and connected.



Be Financially Secure

Employees learn how to best manage their financial situation and understand how it affects their stress levels and overall mental and physical well-being.



Personal Growth & Exploration

Support your workforce in prioritizing their personal interests, including spiritual guidance, divinity, language skills, energy work, crafts, and more...

60%+

Enjoy Global Engagement

TaskHuman customers receive better than 60% engagement across our platform, allowing global teams to feel connected, invested in, and ultimately supported by their company's well-being program.

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