



Portobello
INSTITUTE

MSc Clinical Exercise Prescription - October 2021

Date	Module Title	Time
09/10/2021	INDUCTION	09.30 - 12.30
10/10/2021	Research Methods for Sports Performance Analysis	09.30 - 12.30
10/10/2021	Clinical Exercise Prescription across the Life Span	13.30-16.30
23/10/2021	Clinical Exercise Prescription for Special Populations	09.30 - 12.30
23/10/2021	Psychosocial factors in Clinical Exercise Prescription	13.30-16.30
24/10/2021	Research Methods for Sports Performance Analysis	09.30 - 12.30
24/10/2021	Clinical Exercise Prescription across the Life Span	13.30-16.30
06/11/2021	Clinical Exercise Prescription for Special Populations	09.30 - 12.30
06/11/2021	Psychosocial factors in Clinical Exercise Prescription	13.30-16.30
07/11/2021	Research Methods for Sports Performance Analysis	09.30 - 12.30
07/11/2021	Clinical Exercise Prescription across the Life Span	13.30-16.30
20/11/2021	Clinical Exercise Prescription for Special Populations	09.30 - 12.30
20/11/2021	Psychosocial factors in Clinical Exercise Prescription	13.30-16.30
21/11/2021	Research Methods for Sports Performance Analysis	09.30 - 12.30
21/11/2021	Clinical Exercise Prescription across the Life Span	13.30-16.30
04/12/2021	Clinical Exercise Prescription for Special Populations	09.30 - 12.30
04/12/2021	Psychosocial factors in Clinical Exercise Prescription	13.30-16.30

05/12/2021	Research Methods for Sports Performance Analysis	09.30 - 12.30
05/12/2021	Clinical Exercise Prescription across the Life Span	13.30-16.30
18/12/2021	Clinical Exercise Prescription for Special Populations	09.30 - 12.30
18/12/2021	Psychosocial factors in Clinical Exercise Prescription	13.30-16.30
19/12/2021	Research Methods for Sports Performance Analysis	09.30 - 12.30
19/12/2021	Clinical Exercise Prescription across the Life Span	13.30-16.30
08/01/2022	Clinical Exercise Prescription for Special Populations	09.30 - 12.30
08/01/2022	Psychosocial factors in Clinical Exercise Prescription	13.30-16.30
09/01/2022	Research Methods for Sports Performance Analysis	09.30 - 12.30
09/01/2022	Clinical Exercise Prescription across the Life Span	13.30-16.30
22/01/2022	Clinical Exercise Prescription for Special Populations	09.30 - 12.30
22/01/2022	Psychosocial factors in Clinical Exercise Prescription	13.30-16.30
23/01/2022	Research Methods for Sports Performance Analysis	09.30 - 12.30
23/01/2022	Clinical Exercise Prescription across the Life Span	13.30-16.30
29/01/2022	Clinical Exercise Prescription for Special Populations	09.30 - 12.30
29/01/2022	Psychosocial factors in Clinical Exercise Prescription	13.30-16.30
Semester 2		
Date	Module Title	Time
05/02/2022	INDUCTION	09.30 - 12.30
05/02/2022	Clinical Exercise Prescription for Musculoskeletal Rehabilitation	13.30-16.30
06/02/2022	Clinical Exercise Prescription for Cardiorespiratory Populations	09.30 - 12.30
06/02/2022	Applied Clinical Exercise Physiology	13.30-16.30

26/02/2022	Clinical Exercise Prescription for Musculoskeletal Rehabilitation	13.30-16.30
26/02/2022	Clinical Exercise Prescription for Cardiorespiratory Populations	09.30 - 12.30
27/02/2022	Applied Clinical Exercise Physiology	09.30 - 12.30
12/03/2022	Clinical Exercise Prescription for Musculoskeletal Rehabilitation	13.30-16.30
12/03/2022	Clinical Exercise Prescription for Cardiorespiratory Populations	09.30 - 12.30
13/03/2022	Applied Clinical Exercise Physiology	09.30 - 12.30
26/03/2022	Clinical Exercise Prescription for Musculoskeletal Rehabilitation	13.30-16.30
26/03/2022	Clinical Exercise Prescription for Cardiorespiratory Populations	09.30 - 12.30
27/03/2022	Applied Clinical Exercise Physiology	09.30 - 12.30
09/04/2022	Clinical Exercise Prescription for Musculoskeletal Rehabilitation	13.30-16.30
09/04/2022	Clinical Exercise Prescription for Cardiorespiratory Populations	09.30 - 12.30
10/04/2022	Applied Clinical Exercise Physiology	09.30 - 12.30
23/04/2022	Clinical Exercise Prescription for Musculoskeletal Rehabilitation	13.30-16.30
23/04/2022	Clinical Exercise Prescription for Cardiorespiratory Populations	09.30 - 12.30
24/04/2022	Applied Clinical Exercise Physiology	09.30 - 12.30
07/05/2022	Clinical Exercise Prescription for Musculoskeletal Rehabilitation	13.30-16.30
07/05/2022	Clinical Exercise Prescription for Cardiorespiratory Populations	09.30 - 12.30
08/05/2022	Applied Clinical Exercise Physiology	09.30 - 12.30
21/05/2022	Clinical Exercise Prescription for Musculoskeletal Rehabilitation	13.30-16.30
21/05/2022	Clinical Exercise Prescription for Cardiorespiratory Populations	09.30 - 12.30
22/05/2022	Applied Clinical Exercise Physiology	09.30 - 12.30

