



1 Tour du Mont-Blanc Bike Vallorcine - Champex-Lac.

Technique	Stamina	Experience	Landscape								
●○○○○○	●●●○○○	●●●○○○	●●●●●●								
Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

Discover a mountain biking region of unique charm! Located at the heart of the Espace Mont Blanc, the Trient valley links the Rhône valley and Chamonix valley, and promises a magical adventure. You'll enjoy superb views of Mont Blanc, as well as a chance to visit fascinating attractions along the way - from natural gorges and the Trient glaciers to Emosson, with its dams, geological site and fossilised dinosaur plaques. This magnificent route beginning in Vallorcine (France) and ending in Champex-Lac (Switzerland) offers pure biking pleasure.

Difficulty	Ascent	Descent
△ medium, 50	↗ 1,667 m	↘ 1,462 m
↔ 38.3 km		
🕒 5.29 h	Start	Finish
	Vallorcine (1,262 m)	Champex-Lac (1,467 m)

2 Tour du Mont-Blanc Bike Champex - Grand Col Ferret.

Technique	Stamina	Experience	Landscape								
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Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

The starting point for the ride is the idyllic village of Champex-Lac, located at an altitude of 1,467 m. The itinerary takes you all the way to the Italian border, at 2,537 m, via the villages of Issert, Praz-de-Fort and La Fouly. For a well-deserved break, stop for refreshments at the alpine farmstead of La Peule. From here, continue your climb as far as the Grand Col Ferret on the Italian-Swiss border. Once at the top, you can either continue to Courmayeur in Italy or return by the same route.

Difficulty	Ascent	Descent
△ difficult, 51	↗ 1,693 m	↘ 625 m
↔ 27.3 km		
🕒 6.46 h	Start	Finish
	Champex-Lac (1,467 m)	Grand Col Ferret (2,537 m)

3 Trient Valley Tour.

Technique	Stamina	Experience	Landscape								
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Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

Breathtaking panoramic views of Mont Blanc, mysterious wild gorges, the spectacular Emosson Valley with its dams and dinosaur footprints, the Trient Glacier and the Glacier Des Grands, historic villages as well as a welcoming population. By taking the biking routes of the Trient Valley, you will be amazed and delighted by the attractive features of this atypical area.

Difficulty	Ascent	Descent
△ difficult, 50	↗ 2,156 m	↘ 2,156 m
↔ 52.4 km		
🕒 7 h	Start	Finish
	Vernayaz (453 m)	Vernayaz (453 m)

4 Champex Bike.

Technique	Stamina	Experience	Landscape								
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Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

The route starts in the centre of Champex-Lac village (1,467 m) and is followed by a slight climb on the Adray side, where you will have the benefit of a great view of the lake. Head along the river on a path that goes down to Champex-dém-Bas. From there, cross the bridge and go back up towards Champex-Lac, before getting back to the lake.

Difficulty	Ascent	Descent
△ easy, 50	↗ 297 m	↘ 297 m
↔ 26.1 km		
🕒 1 h	Start	Finish
	Champex-Lac (1,467 m)	Champex-Lac (1,467 m)

5 Vens Bike.

Technique	Stamina	Experience	Landscape								
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Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

This magnificent mountain bike ride takes you up to the panoramic ridge high above Vollèges and its three passes: Col du Lein, Col du Tronc and Col des Planches. The route goes through alpine pastures and larch forests, revealing glorious views of different valleys. Along the way you can taste local products at small farm restaurants, visit disused mines, see traditional wooden barns and chalets plus, if you're lucky, spot marmots.

Difficulty	Ascent	Descent
△ medium, 50	↗ 972 m	↘ 972 m
↔ 26.1 km		
🕒 3.25 h	Start	Finish
	Vollèges (844 m)	Vollèges (844 m)

6 Tour des Etablons.

Technique	Stamina	Experience	Landscape								
●○○○○○	●●●○○○	●●●○○○	●●●●●●								
Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

This loop offers an 8 km ascent to the high altitude Chez Simon restaurant, before reaching La Toumaz by an old forest road above Saxon.

Difficulty	Ascent	Descent
△ medium, 50	↗ 742 m	↘ 742 m
↔ 17.3 km		
🕒 2.05 h	Start	Finish
	La Toumaz (1,514 m)	La Toumaz (1,514 m)

Singletrack trail's scale of difficulty.

The most frequent grade of difficulty of a trail's sections determines the general grade of the whole track.

- S0** Forest or meadow path, on a natural surface with good grip or on compact gravel. No steps, rocks or passages with many roots. Gentle gradients, wide curves. No special technique required.
- S1** Smaller obstacles such as flat roots, stones or small gullies; the surface may not always be firm. Gradients of up to 40%. No hairpin turns. Basic MTB technique required, such as controlled braking and ability to shift centre of gravity.
- S2** Many obstacles such as roots, stones and larger steps, tight corners. Certain passages may have gradients of up to 70%. Basic technique required, including controlled braking and body displacement to overcome obstacles.
- S3** Trail blocked by large rocks, roots and high steps. Slippery surfaces with loose scree; sequences of tight hairpin turns. Gradients of more than 70% in places. Very good MTB technique required, including precise braking and excellent balance.
- S4** Very steep trails blocked by large rocks. Steep sections, narrow hairpin turns and high steps. Advanced technique required, such as the ability to shift the front or back wheel only, along with perfect braking skills and balance. Only for extreme riders! Carrying or pushing the bike difficult.
- S5** Heavily blocked terrain with counter climbs, scree slopes and erosion. Multiple large obstacles such as fallen trees and high steps, often without a break. Very little acceleration or braking time, if any. Only for extreme riders! Carrying or pushing the bike almost impossible.

7 Nendaz - Barrage de Cleuson Bike.

Technique	Stamina	Experience	Landscape								
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Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

Set off from Haute-Nendaz reinforced buttress dam to first pass through Siviez before reaching the Cleuson dam. Built between 1946 and 1951, Cleuson can hold 20 million cubic metres of water. It is a reinforced foot-hills dam standing 87 m high and 420 m wide at its widest point, best known for the bluish-green hue of its reservoir.

Difficulty	Ascent	Descent
△ medium, 50	↗ 1,081 m	↘ 1,081 m
↔ 31 km		
🕒 5 h	Start	Finish
	Haute-Nendaz (1,339 m)	Haute-Nendaz (1,339 m)

8 Tour de Mayentset.

Technique	Stamina	Experience	Landscape								
●○○○○○	●●●○○○	●●●○○○	●●●●●●								
Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

From the village of Dailion, begin your ride with a gentle climb before a descent along a magnificent singletrack trail specially created for mountain bikers with banked corners offering a flowing and exhilarating ride. Midway along the tour, you will find a barbecue site, ideal for a picnic.

Difficulty	Ascent	Descent
△ medium, 52	↗ 793 m	↘ 793 m
↔ 24.5 km		
🕒 3.18 h	Start	Finish
	Dailion (901 m)	Dailion (901 m)

9 Alpage Tour.

Technique	Stamina	Experience	Landscape								
●○○○○○	●●●○○○	●●●○○○	●●●●●●								
Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

Your trip begins at the gondola station in Anzère with the easiest stage: a gondola ride up to the middle station. At Les Rousses, you reach the road up to the Tsezzer dam, which you follow downhill. When you arrive above Pracombrè, a farming hamlet of old wooden buildings, you take the unpaved road to the right which climbs up to the Biase de Sion. You then follow the course of this historical irrigation channel until you reach the hamlet of Les Grillisses, before riding along the Route des Luys back to the starting point.

Difficulty	Ascent	Descent
△ medium, 51	↗ 298 m	↘ 810 m
↔ 13.4 km		
🕒 2.40 h	Start	Finish
	Anzère (2,061 m)	Anzère (1,554 m)

10 Val d'Anniviers Planet Bike Tour.

Technique	Stamina	Experience	Landscape								
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Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

This 25 km mountain bike route gives you the chance to visit the legendary Hôtel Weisshorn and to follow the Planets Trail. The view from on high is worth the trip in itself.

Difficulty	Ascent	Descent
△ medium, 51	↗ 815 m	↘ 815 m
↔ 24.7 km		
🕒 4 h	Start	Finish
	St-Luc (1,629 m)	St-Luc (1,629 m)

11 Courtavey Bike.

Technique	Stamina	Experience	Landscape								
●○○○○○	●●●○○○	●●●○○○	●●●●●●								
Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

A mix of all kinds of terrain: tarmac, dirt roads and paths. You leave Crans-Montana and cross the lower part of the ski area before you arrive at the Courtavey mountain pasture.

Difficulty	Ascent	Descent
△ easy, 50	↗ 479 m	↘ 479 m
↔ 12.5 km		
🕒 1.50 h	Start	Finish
	Lac de la Moubra (1,425 m)	Lac de la Moubra (1,425 m)

12 CM 1988 Bike.

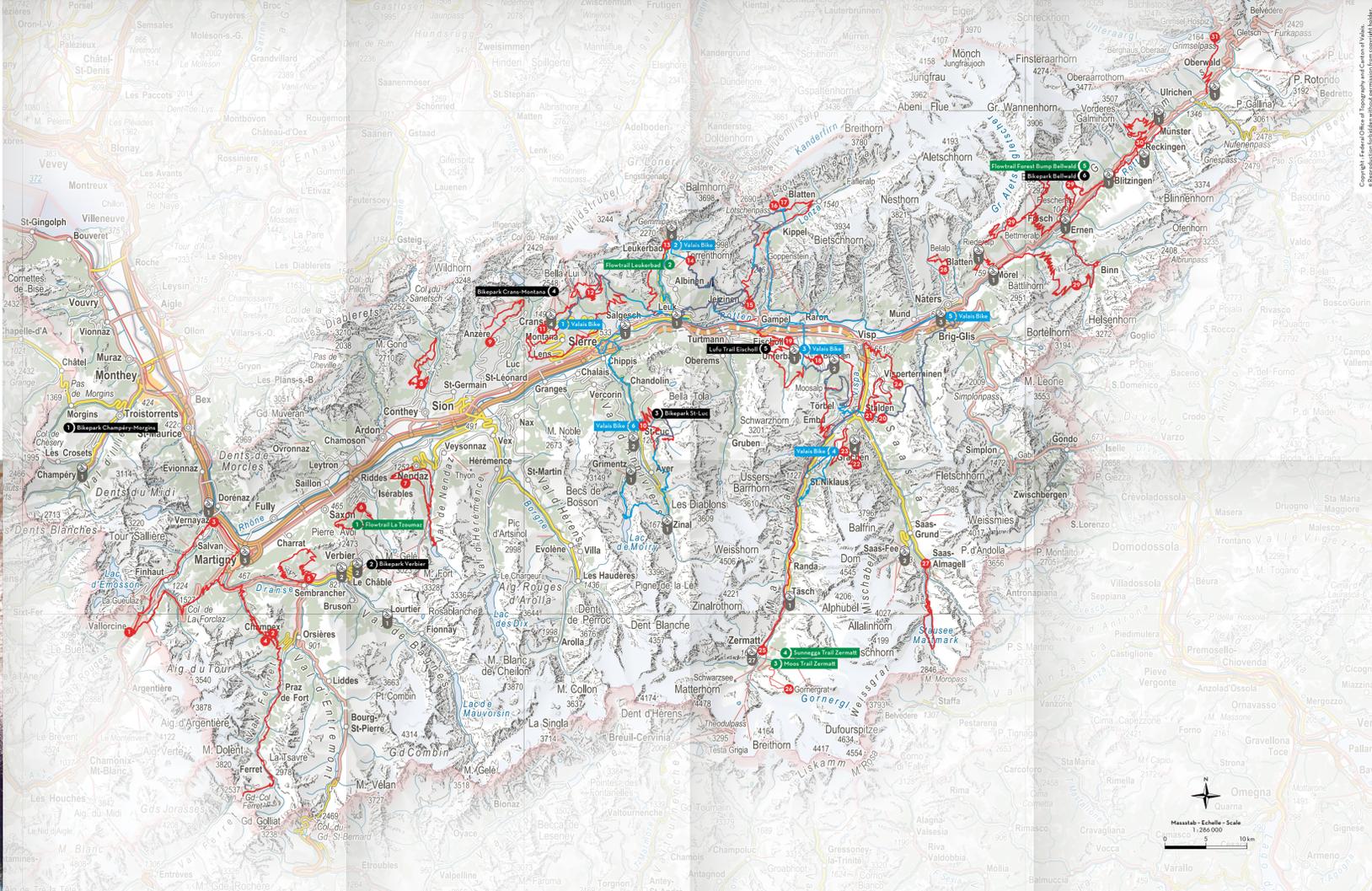
Technique	Stamina	Experience	Landscape								
●○○○○○	●●●○○○	●●●○○○	●●●●●●								
Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

There are several possibilities for stops en route, at the Cave du Sex or the Plumachit restaurant. The itinerary takes you mostly along dirt tracks and includes a few interesting technical sections. The views of the most beautiful 4,000m mountains in the Valais Alps and the natural surroundings will make you forget the physical effort which this trail demands.

Difficulty	Ascent	Descent
△ medium, 50	↗ 1,140 m	↘ 1,140 m
↔ 18.4 km		
🕒 3.40 h	Start	Finish
	Aminona (1,513 m)	Aminona (1,513 m)

Key.

- 1-31 Mountain bike tours
- Valais Bike New regional MTB route
- 1-6 Bikeparks
- 1-5 Flowtrails
- More than 25% singletrack
- Bike hotels
- Top 10 e-bike tours
- Motorway
- Main road
- Regional main route
- Railway / Funicular / Cable car / Chairlift (operating in summer)
- Sion Airport



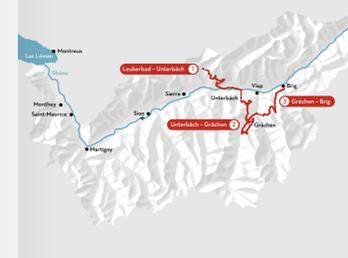
Information for your stay.

- Bike hotels.** Suitable accommodation is the key to a perfect mountain bike holiday; hotels close to the finest trails, with a laundry service, a safe place to store your bike and a workshop with repair facilities. A good, healthy breakfast, information you can rely on and detailed maps are a bonus, too! Some hotels also offer guided tours along the top trails - and even optional luggage transfers between bike-hotels.
- Bike rental.** Exploring Valais by road bike or mountain bike is a thrilling experience. To be sure to have a bike appropriate for the different kinds of terrain and surface you are likely to encounter in Valais, do not hesitate to rent. Different types and models are available to meet your needs; you will enjoy top-class service as well as high-quality equipment. Find the road bike, e-bike, fatbike or mountain bike to suit you to one of the many sports shops in Valais.
- Bike guides?** Notice or expert? Travelling in a group or solo? Whatever your situation, you will be sure to benefit from the expertise of local cycling tour guides and schools. They'll reveal the best insider secrets of the local cycling scene. They'll help you improve your riding style. And they'll show you the most interesting places in Valais. Local cycling tour guides make the perfect companions.

Mountain bike offers.

Experience the ultimate adventure behind the handlebars of your mountain bike! Our two new mountain bike offers have been specially developed for adventurous riders: you'll see the best of Valais by MTB or e-bike, whether you're on a multi-stage tour or riding with a certified guide. From mountain-side paths to flowy singletrack trails, the best routes have been specially selected to ensure you have an unforgettable stay.

- Valais Bike**
 - 4 days / 3 nights multi-stage tour from Leukerbad to Brig.
 - Daily luggage transport.
 - Entry to Leukerbad thermal baths.
 - Cable car / chairlift transfers as per the programme.

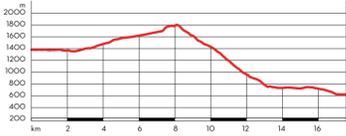


- Bike transport.** Nothing could be easier than travelling by public transport in Valais. Thanks to more than 100 cableways (cable cars, chairlifts and funiculars) and countless bus and train routes, cyclists and mountain bikers have an infinite choice of possibilities for planning their outings and accessing the most beautiful spots in Valais.
- Bus routes and Resabike platform.** For travelling around the side valleys of Valais with your bike, simply use local bus services that offer bike transport. During the summer season, from mid-May to mid-October, more than 40 bus routes offer riders the opportunity to travel with their bikes. These buses are equipped with bike racks or trailers. Capacity is limited; reservation recommended.
- Typical restaurants.** At the "Savours du Valais" (Flavours of Valais) restaurants, you can try seasonal local food and sample Valais specialties made from traditional recipes. Fancy a traditional raclette, a fondue, an "assiette valaisanne" (platter of dried meat) or some asparagus? At restaurants bearing the "Savours du Valais" label, you can try Valais specialties and enjoy outstanding Valais wines. There are other dishes to choose from, too, depending on the valley and region. Discover an amazing range of delicious cheese and meat specialties and indulge in a dessert featuring Valais apricots and Williams pears. For the perfect finish to your meal, you can choose from two Valais AOP spirits: Abbotine and Williamine.

- Best of Valais with a guide**
 - 2 nights at the destination of your choice
 - 1 day with a certified MTB guide



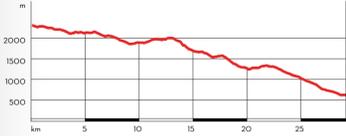
13 Chällerflüe Bike. +25% singlettrack **116**



This all-mountain tour in the heart of Leukerbad's rocky arena will make mountain bikers' hearts beat faster: breathtaking scenery, magical views and trail action.

Difficulty	Ascent	Descent
▲ medium	↗ 455 m	↘ 1,207 m
↔ 17.5 km	Start	Finish
🕒 2:00 h	Leukerbad (1,375 m)	Susten (623 m)

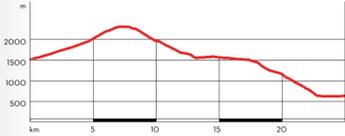
14 Torrenttrail Bike. +25% singlettrack **114**



High above the Rhône valley, discover a world of hidden Alpine charm as you ride along magical Valais singlettrack trails, past idyllic mountain villages and through fascinating landscapes full of history.

Difficulty	Ascent	Descent
▲ medium	↗ 332 m	↘ 2,021 m
↔ 29.2 km	Start	Finish
🕒 3:05 h	Rinderhütte (2,312 m)	Susten (623 m)

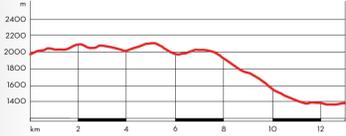
15 Jeizibärg Bike. +25% singlettrack **117**



The Jeizibärg route is the perfect tour for fans of natural trails through beautiful scenery. The combination of flow and rocky sections makes it unique.

Difficulty	Ascent	Descent
▲ difficult	↗ 843 m	↘ 1,728 m
↔ 13.2 km	Start	Finish
🕒 3:40 h	Jeizinen (1,518 m)	Gampel (633 m)

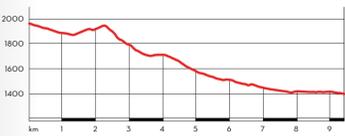
16 Bietschhorn Bike. +25% singlettrack **145**



Known for its wealth of traditions and pristine natural landscapes, the Lötschental valley promises visitors a unique experience in every way.

Difficulty	Ascent	Descent
▲ medium, S2	↗ 349 m	↘ 922 m
↔ 9.4 km	Start	Finish
🕒 1:46 h	Lauchernalp (1,969 m)	Wiler (1,397 m)

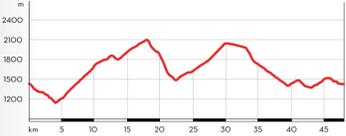
17 Breithorn Bike. +25% singlettrack **146**



This route from Lauchernalp to Wiler is suitable for all mountain bikers, from beginner to expert.

Difficulty	Ascent	Descent
▲ medium, S2	↗ 77 m	↘ 644 m
↔ 9.4 km	Start	Finish
🕒 0:55 h	Lauchernalp (1,965 m)	Wiler (1,398 m)

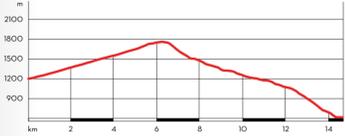
18 Moosalp Plateau Bike. +25% singlettrack **542**



An impressive circuit tour through Alpine pastures, larch forests and mountain villages, with tough climbs, flowing descents and an amazing view of the surrounding 4,000-metre peaks.

Difficulty	Ascent	Descent
▲ difficult, S1	↗ 1,872 m	↘ 1,872 m
↔ 48.4 km	Start	Finish
🕒 7:25 h	Bürchen (1,442 m)	Bürchen (1,442 m)

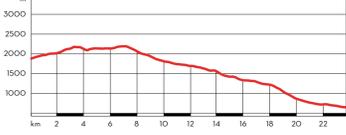
19 Lunggi Trail. +25% singlettrack **541**



An enduro highlight spanning 1,200 metres in altitude difference between Eischoll and Gampel-Steig, offering first-class singlettrack trails and breathtaking views of the surrounding mountain landscape.

Difficulty	Ascent	Descent
▲ medium, S2	↗ 559 m	↘ 1,136 m
↔ 14.8 km	Start	Finish
🕒 1:50 h	Eischoll (1,208 m)	Gampel-Steig station (631 m)

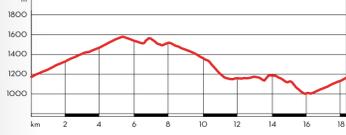
20 Gspon Panorama Bike. +25% singlettrack **549**



The Gspon-Brig tour is a varied gem of an enduro trail with views of the Bernese and Valais Alps as well as a sweeping descent over an exhilarating 1,500 metres in altitude difference.

Difficulty	Ascent	Descent
▲ medium, S2	↗ 412 m	↘ 1,632 m
↔ 24.1 km	Start	Finish
🕒 2:46 h	Gspon (1,892 m)	Brig (672 m)

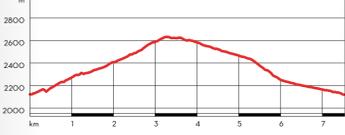
21 Heida Loop. +25% singlettrack **547**



The Heida circuit tour is a diverse and beautiful all-mountain route on which bikers can enjoy flowing singlettrack-trail descents.

Difficulty	Ascent	Descent
▲ medium, S2	↗ 726 m	↘ 726 m
↔ 18.5 km	Start	Finish
🕒 2:33 h	Staldenried (1,176 m)	Staldenried (1,176 m)

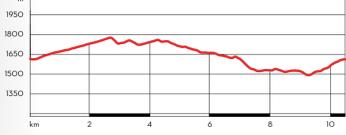
22 Hannig Loop. +25% singlettrack **546**



The Hannig circuit tour is a physically demanding route with amazing panoramas, covering an altitude difference of 500 metres on the Wannehorn.

Difficulty	Ascent	Descent
▲ easy, S1	↗ 514 m	↘ 514 m
↔ 12.2 km	Start	Finish
🕒 1:49 h	Hannigalp (2,122 m)	Hannigalp (2,122 m)

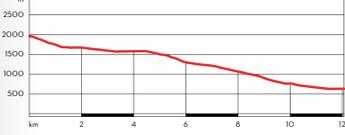
23 Grächen Loop. +25% singlettrack **545**



The Grächen circuit tour around the village of the same name is an all-mountain route for families combining easy singlettrack trails and sections on wider paths and gravel roads.

Difficulty	Ascent	Descent
▲ easy, S1	↗ 330 m	↘ 330 m
↔ 10.4 km	Start	Finish
🕒 1:32 h	Grächen (1,614 m)	Grächen (1,614 m)

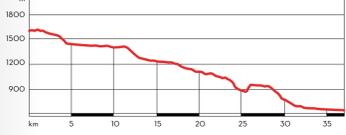
24 Giw Enduro. +25% singlettrack **548**



Featuring a varied descent spanning roughly 1,200 metres in altitude difference, the tour from Giw to Visp is a real enduro highlight of the Valais Alps.

Difficulty	Ascent	Descent
▲ medium, S2	↗ 3 m	↘ 1,318 m
↔ 37.4 km	Start	Finish
🕒 0:48 h	Giw (1,962 m)	Visp (648 m)

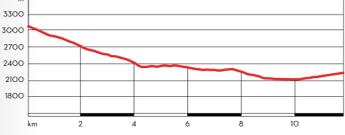
25 Matterhorn Valley Trail. +25% singlettrack **150**



Snow-capped mountain peaks, the wild waters of the river Vispa and enchanting, ever-changing views: this is the new bike trail from Zermatt to Visp. It is suitable for all bike riders: who love nature and enjoy a rather longer ride with a certain technical difficulty.

Difficulty	Ascent	Descent
▲ medium, S2	↗ 119 m	↘ 1,092 m
↔ 48.4 km	Start	Finish
🕒 3:30 h	Zermatt (1,620 m)	Visp (647 m)

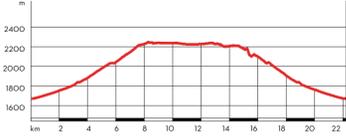
26 Panorama Bike Zermatt. +25% singlettrack **150**



Before you set off, pause to enjoy the breathtaking view of the Gorner Glacier and the surrounding mountains. You don't need to be an experienced biker to do this route.

Difficulty	Ascent	Descent
▲ easy, S0	↗ 152 m	↘ 990 m
↔ 11.5 km	Start	Finish
🕒 1:05 h	Gornergrat (3,089 m)	Sunnegga (2,251 m)

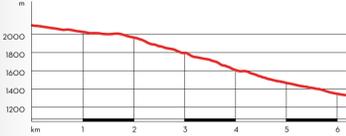
27 Mattmark Bike. +25% singlettrack **159**



Starting in Saas-Almagell, this circular ride leads up to the Mattmark dam and around the reservoir through magnificent alpine scenery before returning to the starting point.

Difficulty	Ascent	Descent
▲ medium, S0	↗ 593 m	↘ 593 m
↔ 22.2 km	Start	Finish
🕒 2:45 h	Saas-Almagell (1,672 m)	Saas-Almagell (1,672 m)

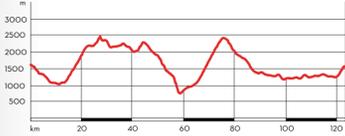
28 Häxutrail Bike. +25% singlettrack **758**



The Häxutrail takes you from Belalp to Blatten via forests and varied trails. The route has been extensively reworked for mountain biking.

Difficulty	Ascent	Descent
▲ medium, S2	↗ 0 m	↘ 767 m
↔ 6.2 km	Start	Finish
🕒 0:20 h	Belalp (2,098 m)	Belalp (1,331 m)

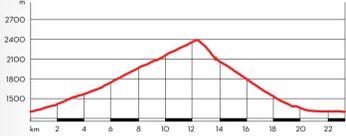
29 Stoneman Glaciara. +25% singlettrack **758**



Formed of three well-balanced stages, the route initially climbs to the Great Aletsch Glacier before descending to Mörel. Next comes the ride's showcase climb: nearly 1,600 vertical metres up a steep old military road to the Breithorn pass at 2,451 metres.

Difficulty	Ascent	Descent
▲ difficult, S3	↗ 4,600 m	↘ 4,600 m
↔ 126.4 km	Start	Finish
🕒 12 h	Belalp (2,098 m)	Belalp (1,331 m)

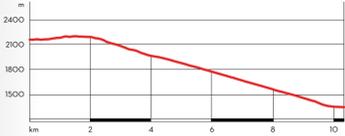
30 Bike Tour Galmihornhütte. +25% singlettrack **758**



During the climb up above Reckingen, your efforts will be rewarded by sweeping views of the Blimental and Dächital, the Weisshorn, the Matterhorn and the Galenstock, and the Rhône Valley. Once you reach the Galmihorn hut, enjoy well-deserved refreshments and a rest before beginning the descent.

Difficulty	Ascent	Descent
▲ medium, S0	↗ 1,102 m	↘ 1,102 m
↔ 23.7 km	Start	Finish
🕒 3:30 h	Reckingen train station (1,315 m)	Reckingen train station (1,315 m)

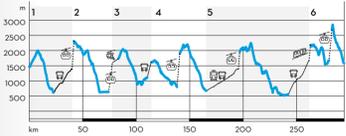
31 Grimsel Bike. +25% singlettrack **758**



The route starts at the Grimsel Pass and finishes at Obergesteln after a ride of 11 km and a vertical drop of 800 metres: perfect for mountain bikers who prefer descents to climbs.

Difficulty	Ascent	Descent
▲ medium, S1	↗ 44 m	↘ 854 m
↔ 10.4 km	Start	Finish
🕒 0:54 h	Grimsel Pass (2,165 m)	Obergesteln (1,353 m)

1-6 Valais Bike. +25% singlettrack **758**



From Crans-Montana - Leukerbad - Unterbach - Grächen - Brig - Lötschental - St-Luc - Grimentz

Difficulty	Valais Bike 1: Crans-Montana - Leukerbad	3h20
▲ difficult, S2	Valais Bike 2: Leukerbad - Unterbach	4h15
Start	Valais Bike 3: Unterbach - Grächen	4h30
Montana Gare	Valais Bike 4: Grächen - Brig	5h00
Finish	Valais Bike 5: Brig - Lötschental - St-Luc	4h50
Grimentz (1,588 m)	Valais Bike 6: St-Luc - Grimentz	3h30

Preparing for mountain bike outings.

Safety and respect
Embarking on one of Valais' numerous routes for a mountain bike tour is an incomparable experience. It is important that you comply with certain rules of good conduct for your own safety, as well as to preserve the surrounding nature and ensure harmony with other users.

1. Wear protective equipment
2. Correctly estimate your ability
3. Give way to hikers
4. Remain on the trails
5. Close the gates behind you

Equipment



Mountain bike in Valais.

Valais is a land of adventure par excellence, a vast playground for altitude junkies. Here, well-marked mountain-bike trails lead past rushing mountain streams and Alpine lakes or wind their way over mountainsides and through dense forests.



E-bike.

With its towering mountains, green valleys, hillside vineyards, age-old glaciers, intoxicatingly fragrant forests and impetuous rivers, the Valais is a vast playground for mountain biking enthusiasts.

We have selected 10 ideal routes for e-biking in Valais for you. visitvalais.ch/e-bike-tours

E-bike charging stations.

Your trip through the landscapes of Valais is sure to recharge your batteries: along the way, take a break to recharge your bike's batteries, too!



Bikeparks.

In Valais, more than 25 downhill mountain bike tracks in 6 bikeparks await devotees of this thrilling discipline, which is becoming ever more popular.



1. **Bikepark Champéry - Morgins.**
Opening period from June to October
Trails 1 green, 1 blue, 7 red and 2 black
2. **Bikepark Verbier.**
Opening period from June to October
Trails 2 blue, 4 red and 2 black
3. **Bikepark St-Luc.**
Opening period from June to October
Trails 1 blue (2.5 km), 1 red (2.5 km) and 1 black (2.2 km)
4. **Bikepark Crans-Montana.**
Opening period from June to October
Trails 1 blue (3 km), 1 red (3 km) and 1 black (2.5 km)
5. **Lufu-Trail Eischoll.**
Opening period from May to October
Trails 1 red (3 km)
6. **Bikepark Bellwald.**
Opening period from June to October
Trails 1 blue (2 km) and 1 black (2.3 km)

Pumptracks.

Throughout Switzerland, pumptracks have been experiencing a boom for some time now. And Valais is no exception, with more than 15 circuits. A pumptrack is a mountain-bike trail up to two metres wide consisting of rollers and banked turns.



Flowtrails.

With the flowtrails of Valais, discover new sensations on mountain bike trails designed with the sole goal of having fun. This is an experience open to all mountain bikers, as a flowtrail offers an easy, fluid descent with gentle rollers and invigorating banked turns, with virtually no difficulties.

1. **Flowtrail La Tzoumaz.**
Opening period June - Sept.
Distance 5 km
Vertical drop 680 m
2. **Flowtrail Leukerbad.**
Opening period June - October
Distance 3.2 km
Vertical drop 385 m
3. **Moos-Trail Zermatt.**
Opening period June - October
Distance 1.3 km
Vertical drop 95 m
4. **Sunnegga-Trail Zermatt.**
Opening period June - October
Distance 6.3 km
Vertical drop 500 m
5. **Flowtrail Forest Bump Bellwald.**
Opening period June - October
Distance 4.3 km
Vertical drop 380 m

Top mountain bike events.

- Des Portes Porles du Soleil (CH/FR)** June
- Raid Evolénard** Evolène June
- Verbier E-Bike Festival** Verbier August
- Bike & Sound Festival** Champéry September
- IXS Swiss Downhill Cup** Bellwald October

For more information visitvalais.ch/mountain-bike-events