

SENIOR *Companions*

A UNIQUE PROGRAM TO KEEP SENIORS CONNECTED

What does a Senior Companion do?

Provides companionship in the home of other seniors. Assists with socialization, prepares light lunch and helps with similar activities.

How do I get started?

If you are interested and you qualify, please contact Senior Day Services. We'd love to share more details and arrange for you to meet our senior companion program director.

What are the hours?

Monday through Friday from 10AM to 2PM.

How do I get to their homes?

Public transportation is usually used, and you will be reimbursed for your mileage when you use your own car.

QUALIFICATION CHECKLIST

- | | Y | N |
|---|--------------------------|--------------------------|
| • Are you 55 years of age or older? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Is your income under \$24,000 per year? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Is your household income under \$32,100 per year? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are you available 5 hours per week? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Do you enjoy being with others? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Would you like a tax-free stipend? | <input type="checkbox"/> | <input type="checkbox"/> |

IF YOU QUALIFY, YOU WILL BE ELIGIBLE TO RECEIVE:

- Non taxable income that does not endanger your Social Security Income, PACE, Rent Rebates or other government entitlement programs
- Paid training, vacation time and holidays
- Recognition

If you answered yes to these questions, this program is right for you!

Connect with us at 570.961.1950 Monday through Friday from 8am to 4pm.

EVIDENCE & RESEARCH

When you volunteer, you're not just helping others—you're helping yourself. Volunteering leads to new discoveries and new friends. Plus, studies show that volunteering helps you live longer and promotes a positive outlook on life.



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  SeniorDayServices.org