

September 2021 Arbor Terrace Morris Plains Evergreen Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Arts & Education

Deep Connections

Health & Wellness

Purposeful Living

Recreation & Leisure

Spiritual Journey

LOCATION KEY

Evergreen Living Room - EGL

Evergreen Garden/Patio - EGP

Evergreen Dining Room - EGD

Outdoor Path - OP

Hallway Activity - HA

1

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Fitness Group

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Trivia

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Arts & Crafts / Art Documentary [EDE]

2:00 Gardening Group - Caring for the Patio Garden

2:15 Cluster Group & Comfort Massages [EDE]

4:00 Travel Videos on IN2L

2

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Communion Services with St. Virgil's Church [HP]

11:15 Cluster Group & Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Patio Chat, Active Games & Snacks [EDE]

2:15 Cluster Group & Comfort Massages [EDE]

4:00 Rosary Group - on TV

6:45 Evening Reminiscing & Activities

3

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group & Brain Games [EDE]

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicles & What did it cost

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Gardening Group - Caring for the Patio Garden

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Self Guided Activities

3:30 Happy Hour w/ John DiAmato

4:00 Afternoon Comedy Matinee

4

National Wildlife Day

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Mind & Body Fitness Class

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Animal Trivia

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Snacks, Music & Band Practice

3:15 Discussion & Reminiscing on the Patio

4:00 Animal Documentary

5

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group -Zumba

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Good News Stories

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Active Sports & Games

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Snack & Refreshments

3:00 Bible Trivia on IN2L

4:00 Sunday Mass on TV

6

Happy Labor Day!

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group & Hydration Station

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Brain Games

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Bowling Tournament

3:00 Snack & Refreshments

4:00 Evening Comedy Movie

7

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Gentle Fitness Exercise Class

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Trivia

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Shaking & Baking with Marina/Cooking Show

2:15 Cluster Group & Comfort Massages [EDE]

3:30 Snack & Refreshments

4:30 Rosary Group - on TV

8

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Fitness Group

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & On This Day

11:15 Morning Cluster Group - Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Arts & Crafts / Art Documentary [EDE]

2:15 Cluster Group & Comfort Massages [EDE]

4:00 Old Time Movie

9

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Communion Services with St. Virgil's Church [HP]

11:15 Cluster Group & Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Patio Chat, Active Games & Snacks [EDE]

2:15 Cluster Group & Comfort Massages [EDE]

3:00 Snack & Refreshments

4:00 Rosary Group - on TV

10

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group & Brain Games [EDE]

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicles & What did it cost

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Horseshoe Game

3:00 Creature Comfort Pet Therapy Visit

3:00 Happy Hour Entertainment with Eleanor Jackson [HP]

4:00 Afternoon Comedy Matinee

4:15 Rosh Hashana Service w/ Rabbi Rudin

11

9/11 Remembrance Day

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Mind & Body Fitness Class

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Brain Games

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Assisted Living Week Celebration w/ Jerry Castaldo

3:15 Snacks, Refreshments & Music

4:00 Evening Musical Shows

12

Grandparents Day

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Sunday Morning Fitness Class & Hydration Station

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Reminiscing Stories

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

3:00 Grandparents Day Celebration With Music

4:00 Sunday Mass on TV

13

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group - Yoga Ball Drumming

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Brain Games

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Active Sports & Games

3:00 Name That Tune

4:00 Travel Videos on IN2L

14

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Fitness Exercise Class

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Brain Games

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Shaking & Baking with Marina/Cooking Show

2:15 Cluster Group & Comfort Massages [EDE]

3:30 Music Therapy with Jenn Knittle

4:30 Rosary Group - on TV

15

Yom Kippur Begins

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Fitness Group

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & What Did It Cost?

11:15 Morning Cluster Group - Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Arts & Crafts / Art Documentary [EDE]

2:15 Cluster Group & Comfort Massages [EDE]

4:00 Comedy Movie

16

Yom Kippur Ends/NYC Broadway Musical Day!

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group & What Does Not Belong [EDE]

10:30 Communion Services with St. Virgil's Church [HP]

11:15 Cluster Group & Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:15 Discussion & Reminiscing on the Patio

4:00 Rosary Group - on TV

17

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group & What Does Not Belong [EDE]

11:15 Cluster Group & Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Horseshoe Game

2:15 Cluster Group & Comfort Massages [EDE]

3:00 Outdoor Entertainment w/ Julian Hernandez

4:00 Animal Documentary

18

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Mind & Body Fitness Class

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & On This Day

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Snacks, Music & Band Practice

2:15 Cluster Group & Comfort Massages [EDE]

4:00 Old Time Movie

19

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Sunday Morning Fitness Class & Hydration Station

11:15 Cluster Group & Creative Hands [EDE]

11:15 Sunday Morning Good News & Stories

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Bible Trivia on IN2L

3:15 Piano Performance by Clint Edwards

4:00 Sunday Mass on TV

20

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group & Hydration Station

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Brain Games

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Baskets & Ball Toss

2:15 Cluster Group & Comfort Massages [EDE]

2:45 Snack & Refreshments

4:00 Evening Comedy Movie

21

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Gentle Fitness Exercise Class

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Brain Games

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

1:30 Shaking & Baking with Marina/Cooking Show

2:15 Cluster Group & Comfort Massages [EDE]

3:00 Music Therapy on Evergreen Patio with Jenn Knittle

4:30 Rosary Group - on TV

22

Beginning of Autumn!

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Fitness Group

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Brain Games

11:15 Morning Cluster Group - Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Arts & Crafts / Art Documentary [EDE]

2:15 Cluster Group & Comfort Massages [EDE]

23

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Communion Services with St. Virgil's Church [HP]

11:15 Cluster Group & Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Patio Chat, Active Games & Snacks [EDE]

2:15 Cluster Group & Comfort Massages [EDE]

3:00 Snack & Refreshments

4:00 Rosary Group - on TV

24

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group & On This Day [EDE]

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicles & What did it cost

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Bingo & Snacks

4:00 Travel Videos on IN2L

25

National Hunting and Fishing Day

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Mind & Body Fitness Class

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Brain Games

11:15 Daily Chronicle & On This Day

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Target Hunting

3:15 Snacks, Music & Band Practice

4:00 Old Time Movie

26

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Sunday Morning Fitness Class & Hydration Station

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Good News Stories

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Cornhole Game Challenge

3:15 Snack & Refreshments

4:00 Sunday Mass on TV

27

World Tourism Day

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Exercise Group & Hydration Station

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Travel Trivia

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Cluster Group & Comfort Massages [EDE]

2:30 Where Have You Traveled Reminence

3:00 Active Sports & Games

4:00 Travel Videos on IN2L

28

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Gentle Fitness Exercise Class - Yoga

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Brain Games

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Shaking & Baking with Marina/Cooking Show

2:15 Cluster Group & Comfort Massages [EDE]

3:30 Music Therapy with Jenn Knittle

4:30 Rosary Group - on TV

29

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Morning Fitness Group

11:15 Cluster Group & Creative Hands [EDE]

11:15 Daily Chronicle & Finish The Rhyme

11:15 Morning Cluster Group - Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:15 Baskets & Ball Toss

2:15 Cluster Group & Comfort Massages [EDE]

3:15 Snack & Refreshments

3:30 Wine Down Wednesday with Music by John Bustaino

4:00 Musical Movie

30

10:00 Morning Greetings/ Fresh Faces & Clean Hands

10:30 Communion Services with St. Virgil's Church [HP]

11:15 Cluster Group & Creative Hands [EDE]

12:00 One to One Visits, Helping Hands, Outdoor Family Visits & Walking Group

1:30 Afternoon Move to Music with Props

2:00 Patio Chat, Active Games & Snacks [EDE]

2:15 Cluster Group & Comfort Massages [EDE]

4:00 Rosary Group - on TV

6:45 Evening Reminiscing & Activities

Program are subject to change.

"There is nothing in the world so irresistibly contagious as laughter and good humor."

— Charles Dickens, A Christmas Carol