




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <ul style="list-style-type: none"> Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey 						
<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Songs of Faith</p> <p>1:45 Afternoon Stretch Chair Exercise</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:30 Charlton Heston For All Seasons-You Tube Documentary</p> <p>7:00 Sunday Night Movie</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Pretty Nails</p> <p>11:45 Sing-A-Long</p> <p>1:45 Afternoon Exercise with Weights</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:00 Welcome to a World of Super Tiny Animals- You Tube Documentary</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Relaxing Music</p> <p>1:45 Afternoon Chair Exercise</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:15 Bingo!</p> <p>7:00 Classic TV</p>	<p>Happy Birthday Sophie D!</p> <p>10:00 Chair Exercise</p> <p>10:00 Colorful Weights Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Patriotic Music</p> <p>1:45 Afternoon Chair Exercise Stretch and Bend</p> <p>2:45 Refreshments</p> <p>3:00 Birthday Celebration!</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:30 Belfast and the Best of Northern Ireland- You Tube Documentary</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Sing-A-Long</p> <p>1:45 Afternoon Chair Exercise</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:15 Bingo!</p> <p>7:00 Classic TV</p>	<p>Sukkot Begins at Sundown</p> <p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Music from the 50's</p> <p>2:00 Music with Chris</p> <p>2:45 Refreshments</p> <p>3:00 Art Expressions</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>4:00 Farrah Fawcett 20/20- You Tube Special</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Stretch and Breathe</p> <p>1:45 Chair Exercise Afternoon Stretch</p> <p>2:45 Refreshments</p> <p>3:00 Are Animals Capable of Feeling Complex emotions? You Tube</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>PM Fresh Air Moments</p> <p>4:15 Relaxing Melodies</p> <p>7:00 Classic TV</p>
<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Songs of Faith</p> <p>1:45 Afternoon Stretch Chair Exercise</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:30 Charlton Heston For All Seasons-You Tube Documentary</p> <p>7:00 Sunday Night Movie</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Pretty Nails</p> <p>11:45 Sing-A-Long</p> <p>1:45 Afternoon Exercise with Weights</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:00 Welcome to a World of Super Tiny Animals- You Tube Documentary</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Relaxing Music</p> <p>1:45 Afternoon Chair Exercise</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:15 Bingo!</p> <p>7:00 Classic TV</p>	<p>Happy Birthday Sophie D!</p> <p>10:00 Chair Exercise</p> <p>10:00 Colorful Weights Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Patriotic Music</p> <p>1:45 Afternoon Chair Exercise Stretch and Bend</p> <p>2:45 Refreshments</p> <p>3:00 Birthday Celebration!</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:30 Belfast and the Best of Northern Ireland- You Tube Documentary</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Sing-A-Long</p> <p>1:45 Afternoon Chair Exercise</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:15 Bingo!</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Pretty Nails</p> <p>11:45 Music from the 50's</p> <p>2:00 Music with Chris</p> <p>2:45 Refreshments</p> <p>3:00 Art Expressions</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>7:00 Classic TV</p>	<p>Simchat Torah!</p> <p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Stretch and Breathe</p> <p>1:45 Chair Exercise Afternoon Stretch</p> <p>2:45 Refreshments</p> <p>3:00 Bingo!</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>4:15 Relaxing Melodies</p> <p>7:00 Classic TV</p>
<p>Happy Birthday Richard M!</p> <p>9:30 Birthday Celebration!</p> <p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Songs of Faith</p> <p>1:45 Afternoon Stretch Chair Exercise</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>7:00 Sunday Night Movie</p> <p>8:30 Birthday Celebration!</p>	<p>Columbus Day and Indigenous Peoples Day!</p> <p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Sing-A-Long</p> <p>1:45 Afternoon Exercise with Weights</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:00 Zoo Life with Jack Hanna: Wonders of the Rain Forest You Tube Documentary</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Relaxing Music</p> <p>1:45 Afternoon Chair Exercise</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:15 Bingo!</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Colorful Weights Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Patriotic Music</p> <p>1:45 Afternoon Chair Exercise Stretch and Bend</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:15 Munich and the Foothills of the Alps- You Tube Documentary</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Sing-A-Long</p> <p>1:45 Afternoon Chair Exercise</p> <p>2:45 Refreshments</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>3:15 Bingo!</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Pretty Nails</p> <p>11:45 Music from the 50's</p> <p>2:00 Music with Chris</p> <p>2:45 Refreshments</p> <p>3:00 Art Expressions</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>7:00 Classic TV</p>	<p>10:00 Chair Exercise</p> <p>10:00 Daily Delivery</p> <p>AM Scheduled Indoor and Outdoor Visits</p> <p>10:45 Word Games</p> <p>11:45 Stretch and Breathe</p> <p>1:45 Chair Exercise Afternoon Stretch</p> <p>2:45 Refreshments</p> <p>3:00 Bingo!</p> <p>PM Scheduled Indoor and Outdoor Visits</p> <p>7:00 Classic TV</p>
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