

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  |
|--|--|---|---|--|--|---|
| <p><b>May cont'd</b> <b>30</b></p> <p><b>Lincoln Memorial Day</b></p> <ul style="list-style-type: none"> <li>AM  Namaste Morning [R]</li> <li>AM  Sunday Stretch [SS]</li> <li>AM  Catholic Mass from Washington</li> <li>PM  Name That Tune [SS]</li> <li>PM  Balloon Volleyball [C]</li> <li>PM  Pearls &amp; Oysters [SS]</li> <li>PM  Sunday Social And Music</li> <li>PM  Evening Movie [SS]</li> </ul> | <p><b>Memorial Day</b> <b>31</b></p> <ul style="list-style-type: none"> <li>AM  Morning Chair Exercises [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Memorial Day History [SS]</li> <li>PM  Kickball [SS]</li> <li>PM  Memorial Day Party Outside [SS]</li> <li>PM  Prize Bingo [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>  |   | <ul style="list-style-type: none"> <li> Arts &amp; Education</li> <li> Deep Connections</li> <li> Health &amp; Wellness</li> <li> Purposeful Living</li> <li> Recreation &amp; Leisure</li> <li> Spiritual Journey</li> </ul>   | <p><b>Location Keys</b></p> <ul style="list-style-type: none"> <li>Cypress Cafe C</li> <li>Reflections R</li> <li>Sunflower Square SS</li> </ul>   |  | <p><b>Kentucky Derby</b> <b>1</b></p> <ul style="list-style-type: none"> <li>AM  Chair Dancing [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  The history of the Kentucky Derby [SS]</li> <li>PM  Horseracing [SS]</li> <li>PM  Lucky 7 [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul> |
| <p><b>Wear Sunglasses Day</b> <b>2</b></p> <ul style="list-style-type: none"> <li>AM  Namaste Morning [R]</li> <li>AM  Sunday Stretch [SS]</li> <li>AM  Catholic Mass from Washington</li> <li>PM  Name That Tune [SS]</li> <li>PM  Balloon Volleyball [C]</li> <li>PM  Pearls &amp; Oysters [SS]</li> <li>PM  Sunday Social And Music</li> <li>PM  Evening Movie [SS]</li> </ul>                            | <p><b>Two Different colored shoes Day</b> <b>3</b></p> <ul style="list-style-type: none"> <li>AM  Morning Chair Exercises [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Book Club with Chris</li> <li>AM  Fact or Fiction? [SS]</li> <li>PM  Kickball [SS]</li> <li>PM  Milkshake Mondays [SS]</li> <li>PM  Prize Bingo [SS]</li> <li>PM  Evening Movie [SS]</li> </ul> | <p><b>Jamaica Day</b> <b>4</b></p> <ul style="list-style-type: none"> <li>AM  Namaste Morning [R]</li> <li>AM  Tone It Up [SS]</li> <li>AM  Forever His Followers [SS]</li> <li>AM  The history of Jamaica [SS]</li> <li>PM  Tea &amp; Trivia Tuesday [SS]</li> <li>PM  Crafting Corner [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul>   | <p><b>Cinco de Mayo</b> <b>5</b></p> <ul style="list-style-type: none"> <li>AM  Morning Chair Exercises [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Gardens Sing-A-Long [SS]</li> <li>PM  Puzzles &amp; Table Games</li> <li>PM  Afternoon Movie Club [SS]</li> <li>PM  Cinco de Mayo Social [SS]</li> <li>PM  Evening Movie [SS]</li> </ul> | <p><b>Nurses Day</b> <b>6</b></p> <ul style="list-style-type: none"> <li>AM  Music and Movement [SS]</li> <li>AM  Namaste Morning [R]</li> <li>PM  Culinary Corner [C]</li> <li>PM  Word Games [SS]</li> <li>PM  Creative Coloring</li> <li>PM  Thirsty Thursday [SS]</li> <li>PM  Through the Decades [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>   | <p><b>Milky Way Day</b> <b>7</b></p> <ul style="list-style-type: none"> <li>AM  Armchair Yoga [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Heart Expressions [SS]</li> <li>PM  Rosary and Scriptures [C]</li> <li>PM  Bingo [R]</li> <li>PM  Happy Hour [C]</li> <li>PM  Active Games [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>        | <p><b>V-E Day</b> <b>8</b></p> <ul style="list-style-type: none"> <li>AM  Chair Dancing [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Celebrity Biographies [SS]</li> <li>PM  Penny Pitch [SS]</li> <li>PM  Lucky 7 [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul>                    |
| <p><b>Mother's Day</b> <b>9</b></p> <ul style="list-style-type: none"> <li>AM  Namaste Morning [R]</li> <li>AM  Sunday Stretch [SS]</li> <li>AM  Catholic Mass from Washington</li> <li>PM  Name That Tune [SS]</li> <li>PM  Mother's Day Social [C]</li> <li>PM  Pearls &amp; Oysters [SS]</li> <li>PM  Sunday Social And Music</li> <li>PM  Evening Movie [SS]</li> </ul>                                  | <p><b>"Like a mother to me"</b> <b>10</b></p> <ul style="list-style-type: none"> <li>AM  Morning Chair Exercises [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Fact or Fiction? [SS]</li> <li>PM  Kickball [SS]</li> <li>PM  Milkshake Mondays [SS]</li> <li>PM  Prize Bingo [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>  | <p><b>Flower in art Day</b> <b>11</b></p> <ul style="list-style-type: none"> <li>AM  Namaste Morning [R]</li> <li>AM  Tone It Up [SS]</li> <li>AM  Book Club with Chris</li> <li>AM  Forever His Followers [SS]</li> <li>AM  Guess Who? [SS]</li> <li>PM  Tea &amp; Trivia Tuesday [SS]</li> <li>PM  Crafting Corner [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul>  | <p><b>Florence Nightingale Day</b> <b>12</b></p> <ul style="list-style-type: none"> <li>AM  Morning Chair Exercises [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Gardens Sing-A-Long [SS]</li> <li>PM  Puzzles &amp; Table Games</li> <li>PM  Afternoon Movie Club [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>                            | <p><b>Hummus Day</b> <b>13</b></p> <ul style="list-style-type: none"> <li>AM  Music and Movement [SS]</li> <li>AM  Namaste Morning [R]</li> <li>PM  Culinary Corner [C]</li> <li>PM  Word Games [SS]</li> <li>PM  Creative Coloring</li> <li>PM  Thirsty Thursday [SS]</li> <li>PM  Through the Decades [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul>                | <p><b>Fahrenheit Day</b> <b>14</b></p> <ul style="list-style-type: none"> <li>AM  Armchair Yoga [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Heart Expressions [SS]</li> <li>PM  Rosary and Scriptures [C]</li> <li>PM  Bingo [R]</li> <li>PM  Happy Hour [C]</li> <li>PM  Active Games [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>      | <p><b>Armed Forces Day</b> <b>15</b></p> <ul style="list-style-type: none"> <li>AM  Chair Dancing [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Armed Forces History [SS]</li> <li>PM  Penny Pitch [SS]</li> <li>PM  Lucky 7 [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul>           |
| <p><b>Horse Shoe Day</b> <b>16</b></p> <ul style="list-style-type: none"> <li>AM  Namaste Morning [R]</li> <li>AM  Sunday Stretch [SS]</li> <li>AM  Catholic Mass from Washington</li> <li>PM  Name That Tune [SS]</li> <li>PM  Horse Shoe's [C]</li> <li>PM  Pearls &amp; Oysters [SS]</li> <li>PM  Sunday Social And Music</li> <li>PM  Evening Movie [SS]</li> </ul>                                      | <p><b>A Berry Nice Day</b> <b>17</b></p> <ul style="list-style-type: none"> <li>AM  Morning Chair Exercises [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Fact or Fiction? [SS]</li> <li>PM  Kickball [SS]</li> <li>PM  Milkshake Mondays [SS]</li> <li>PM  Prize Bingo [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>   | <p><b>Senior Citizens Day</b> <b>18</b></p> <ul style="list-style-type: none"> <li>AM  Namaste Morning [R]</li> <li>AM  Tone It Up [SS]</li> <li>AM  Book Club with Chris</li> <li>AM  Forever His Followers [SS]</li> <li>AM  Guess Who? [SS]</li> <li>AM  Pet Therapy With Debbie &amp; Friends [SS]</li> <li>PM  Resident Council [SS]</li> <li>PM  Tea &amp; Trivia Tuesday [SS]</li> <li>PM  Crafting Corner [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul> | <p><b>Devil Food Cake Day</b> <b>19</b></p> <ul style="list-style-type: none"> <li>AM  Morning Chair Exercises [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Gardens Sing-A-Long [SS]</li> <li>PM  Puzzles &amp; Table Games</li> <li>PM  Afternoon Movie Club [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>                                 | <p><b>Happy Birthday Blue Jeans</b> <b>20</b></p> <ul style="list-style-type: none"> <li>AM  Music and Movement [SS]</li> <li>AM  Namaste Morning [R]</li> <li>PM  Culinary Corner [C]</li> <li>PM  Word Games [SS]</li> <li>PM  Creative Coloring</li> <li>PM  Thirsty Thursday [SS]</li> <li>PM  Through the Decades [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul> | <p><b>Pizza Party Day</b> <b>21</b></p> <ul style="list-style-type: none"> <li>AM  Armchair Yoga [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Heart Expressions [SS]</li> <li>PM  Rosary and Scriptures [C]</li> <li>PM  Bingo [R]</li> <li>PM  Happy Hour [C]</li> <li>PM  Active Games [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>     | <p><b>Vanilla Pudding Day</b> <b>22</b></p> <ul style="list-style-type: none"> <li>AM  Chair Dancing [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Celebrity Biographies [SS]</li> <li>PM  Penny Pitch [SS]</li> <li>PM  Lucky 7 [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul>       |
| <p><b>Taffy Day</b> <b>23</b></p> <ul style="list-style-type: none"> <li>AM  Namaste Morning [R]</li> <li>AM  Sunday Stretch [SS]</li> <li>AM  Catholic Mass from Washington</li> <li>PM  Name That Tune [SS]</li> <li>PM  Balloon Volleyball [C]</li> <li>PM  Pearls &amp; Oysters [SS]</li> <li>PM  Sunday Social And Music</li> <li>PM  Evening Movie [SS]</li> </ul>                                     | <p><b>International Tiara Day</b> <b>24</b></p> <ul style="list-style-type: none"> <li>AM  Morning Chair Exercises [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Fact or Fiction? [SS]</li> <li>PM  Kickball [SS]</li> <li>PM  Milkshake Mondays [SS]</li> <li>PM  Prize Bingo [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>  | <p><b>Star Wars Anniversary</b> <b>25</b></p> <ul style="list-style-type: none"> <li>AM  Namaste Morning [R]</li> <li>AM  Tone It Up [SS]</li> <li>AM  Book Club with Chris</li> <li>AM  Forever His Followers [SS]</li> <li>AM  Guess Who? [SS]</li> <li>PM  Tea &amp; Trivia Tuesday [SS]</li> <li>PM  Crafting Corner [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul>  | <p><b>National Senior Health &amp; Fitness Day</b> <b>26</b></p> <ul style="list-style-type: none"> <li>AM  Morning Chair Exercises [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Gardens Sing-A-Long [SS]</li> <li>PM  Puzzles &amp; Table Games</li> <li>PM  Afternoon Movie Club [SS]</li> <li>PM  Evening Movie [SS]</li> </ul>            | <p><b>Queen Mary Fleet Sail Day</b> <b>27</b></p> <ul style="list-style-type: none"> <li>AM  Music and Movement [SS]</li> <li>AM  Namaste Morning [R]</li> <li>PM  Culinary Corner [C]</li> <li>PM  Word Games [SS]</li> <li>PM  Creative Coloring</li> <li>PM  Thirsty Thursday [SS]</li> <li>PM  Through the Decades [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul> | <p><b>Eat A Hamburger Day</b> <b>28</b></p> <ul style="list-style-type: none"> <li>AM  Armchair Yoga [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Heart Expressions [SS]</li> <li>PM  Rosary and Scriptures [C]</li> <li>PM  Bingo [R]</li> <li>PM  Happy Hour [C]</li> <li>PM  Active Games [SS]</li> <li>PM  Evening Movie [SS]</li> </ul> | <p><b>Paperclip Day</b> <b>29</b></p> <ul style="list-style-type: none"> <li>AM  Chair Dancing [SS]</li> <li>AM  Namaste Morning [R]</li> <li>AM  Celebrity Biographies [SS]</li> <li>PM  Penny Pitch [SS]</li> <li>PM  Lucky 7 [SS]</li> <li>PM  Music and Memories</li> <li>PM  Evening Movie [SS]</li> </ul>             |