## February 2021 **Arbor Terrace Shrewsbury-Assisted Living** Friday Sunday Monday Tuesday Wednesday Thursday Saturday Happy Birthday Lucille H. **1** Groundhog Day Go Red For Women Day " AM O Tone It Up COVID VACCINE DAY AM C Exercise Class-6 Wear Red" With Fox Fitness AM 📀 Today in History AM O Chair Exercise Morning Yoga AM Music and AM Movement AM O Dear Abby AM C Exercise Class-PM 📀 Adult Coloring AM S Groundhog Day AM 📀 Blurt it Out THE ARBOR COMPANY PM 4 Arts and Crafts-Lets Learn With Fox Fitness PM 🔒 Bingo AM 📀 February Dates to Facts PM © Creative Writers Corner **How To Crochet** Celebrate PM Arbor Terrace Store AM S Morning Trivia PM C Reminiscing Group **ENGAGED** PM O Afternoon Reading with PM 69 Mid Week Movie PM O A Time To Listen PM O Rosary and Scriptures PM 📀 Ted Talks PM 😬 Bingo Chris PM 📀 Evening Trivia PM 😬 Bingo PM 😬 Bingo PM O Hooray for Hollywood PM 😬 Lucky 7 LIFESTYLE PM 📀 Learn To Draw PM © Express Yourself Art Work PM 😬 Happy Hour PM O Thirsty Thursday: PM 😂 Evening Trivia PM . Trivia Challenge with PM 😬 Wine And Cheese Social PM (2) Trivia Challenge Arlene Happy Birthday Edward J. Happy Birthday Ida P. AM Tope It Up AM O Music and AM O Chair Exercise **Happy Birthday Gail Giving Hearts Day Chinese New Year** Movement AM Son Rosie Games **Happy Birthday Elizabeth** Happy Birthday Mary P. AM C Exercise Class-AM O Tone It Up Happy Birthday Marion F. AM C Travel Club PM Arbor Terrace With Fox Fitness AM 📀 Blurt it Out **Super Bowl Sunday** AM Morning Yoga AM 📀 Word in a Word **Store** AM Chinese New Year AM () Exercise Class-With Fox PM 📀 Adult Coloring AM 📀 Valentine's Craft AM Morning Stretch PM O A Time To Listen PM 😬 Bingo PM O Rosary and Scriptures PM 😬 Bingo **Fitness** AM 😷 Catholic Mass From PM © Creative Writers Corner PM O Hooray for Hollywood PM 😬 Bingo AM O Horoscopes PM 😬 Bingo PM 😬 Sing-A-Long PM Afternoon Reading with Washington PM 🖰 Happy Hour PM 📀 Learn To Draw PM Arts and Crafts-Lets Learn PM 😂 Express Yourself Art Work PM 📀 Ted Talks AM O Current Events Chris PM 📀 Evening Trivia PM . Trivia Challenge with How To Crochet PM 😬 Lucky 7 PM Chinese New Year Happy PM Resident Choice Arlene Hour PM 69 Mid Week Movie PM O Thirsty Thursday: PM ( Afternoon Chat PM 😂 Evening Trivia PM 69 Trivia Challenge PM Super Bowl Party 20 Presidents' Day **Mardi Gras** 16 Ash Wednesday Morning Yoga 18 AM C Exercise Class-AM O Tone It Up Valentine's Day AM With Fox Fitness AM O Dear Abby AM Morning Stretch AM Music and AM C Chair Exercise AM C Exercise Class-AM 📀 Blurt it Out PM Creative Writers AM S Morning Trivia PM 😂 Adult Coloring Movement With Fox Fitness AM Catholic Mass AM 📀 Mardi Gras Trivia PM O Rosary and Scriptures AM So Name the President Corner PM 😷 Bingo From Washington PM Arbor Terrace Store AM 📀 Rosie Games PM O Afternoon Reading with AM C Current Events PM O A Time To Listen PM 4 Arts and Crafts-Lets Learn PM 😬 Bingo PM C Reminiscing Group PM 😬 Bingo **How To Crochet** Chris PM 😂 Express Yourself Art Work PM (4) Valentine's Celebration " PM 😬 Bingo PM 📀 Ted Talks PM O Hooray for Hollywood PM 😬 Lucky 7 PM 69 Mid Week Movie 3:30 Wine And Cheese Social Zoom" PM 📀 Learn To Draw PM 🙆 Mardi Gras Social PM O Thirsty Thursday: PM 😂 Evening Trivia PM O Afternoon Chat PM 📀 Presidential Trivia PM . Trivia Challenge with PM 🙆 Trivia Challenge PM 😂 Evening Trivia Arlene 22 Girl Scout Cookie Day AM Chair Exercise 24 27 AM Morning Stretch AM Music and AM C Exercise Class-Morning Yoga **Johnny Cash Day** Elizabeth Taylor Day AM 😬 Catholic Mass Movement With Fox Fitness AM O Dear Abby AM C Exercise Class-AM O Tone It Up AM C Chair Exercise AM C Travel Club AM Morning Exercise From Washington PM © Creative Writers With Fox Fitness AM 📀 Girl Scout History AM 📀 Celebrity PM 😝 Arts and Crafts-Lets Learn AM C Current Events PM O A Time To Listen Biographies " Elizabeth Corner AM 📀 Johnny Cash Trivia PM Arbor Terrace Store How To Crochet PM Resident Choice PM 😬 Bingo PM O Dixieland Jazz....Famous PM O Rosary and Scriptures Taylor" PM 😬 Bingo PM ( Afternoon Chat PM 📀 Learn To Draw PM 69 Mid Week Movie Jazz Musicians" Zoom" PM 📀 Adult Coloring PM O Hooray for Hollywood PM 😬 Bingo PM 📀 Evening Trivia PM 📀 Evening Trivia PM 😂 Evening Trivia PM C Thirsty Thursday: PM 😬 Bingo PM 😂 Express Yourself Art Work PM 😷 Girl Scout Cookie Social PM 🙆 Trivia Challenge PM 69 Sing-A-Long PM . Trivia Challenge with PM 💿 Ted Talks Arlene AM Morning Stretch 28 Arts & Education AM 6 Catholic Mass From Washington O Deep Connections AM C Current Events PM 😷 Resident Choice O Health & Wellness

# Purposeful Living

Recreation & Leisure

PM ( Afternoon Chat

PM 😂 Evening Trivia