

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>COVID VACCINE DAY 1</b> AM 🟢 Music and Movement AM 🟡 February Dates to Celebrate PM 🟡 A Time To Listen PM 🟡 Bingo PM 🟡 Learn To Draw PM 🟡 Evening Trivia	<b>Groundhog Day 2</b> AM 🟢 Chair Exercise AM 🟡 Groundhog Day Facts PM 🟢 Arbor Terrace Store PM 🟡 Bingo PM 🟡 Hooray for Hollywood PM 🟡 Happy Hour PM 🟡 Trivia Challenge with Arlene	<b>3</b> AM 🟢 Exercise Class-With Fox Fitness AM 🟡 Dear Abby PM 🟡 Arts and Crafts-Lets Learn How To Crochet PM 🟡 Mid Week Movie PM 🟡 Evening Trivia	<b>Happy Birthday Lucille H. 4</b> AM 🟡 Morning Yoga AM 🟡 Blurt it Out PM 🟡 Creative Writers Corner PM 🟡 Afternoon Reading with Chris PM 🟡 Lucky 7 PM 🟡 Thirsty Thursday: PM 🟡 Trivia Challenge	<b>Go Red For Women Day "Wear Red" 5</b> AM 🟢 Exercise Class-With Fox Fitness AM 🟡 Morning Trivia PM 🟡 Rosary and Scriptures PM 🟡 Bingo PM 🟡 Express Yourself Art Work PM 🟡 Wine And Cheese Social	<b>6</b> AM 🟢 Tone It Up AM 🟡 Today in History PM 🟡 Adult Coloring PM 🟡 Bingo PM 🟡 Reminiscing Group PM 🟡 Ted Talks
<b>Happy Birthday Gail 7</b> <b>Happy Birthday Marion F. 7</b> <b>Super Bowl Sunday</b> AM 🟢 Morning Stretch AM 🟡 Catholic Mass From Washington AM 🟡 Current Events PM 🟡 Resident Choice PM 🟢 Afternoon Chat PM 🟡 Super Bowl Party	<b>8</b> AM 🟢 Music and Movement AM 🟡 Travel Club AM 🟡 Word in a Word PM 🟡 A Time To Listen PM 🟡 Bingo PM 🟡 Learn To Draw PM 🟡 Evening Trivia	<b>9</b> AM 🟢 Chair Exercise AM 🟡 Rosie Games PM 🟢 Arbor Terrace Store PM 🟡 Bingo PM 🟡 Hooray for Hollywood PM 🟡 Happy Hour PM 🟡 Trivia Challenge with Arlene	<b>Happy Birthday Edward J. 10</b> <b>Happy Birthday Elizabeth M. 10</b> AM 🟢 Exercise Class-With Fox Fitness AM 🟡 Horoscopes PM 🟡 Arts and Crafts-Lets Learn How To Crochet PM 🟡 Mid Week Movie PM 🟡 Evening Trivia	<b>Giving Hearts Day 11</b> <b>Happy Birthday Mary P. 11</b> AM 🟡 Morning Yoga AM 🟡 Valentine's Craft PM 🟡 Creative Writers Corner PM 🟡 Afternoon Reading with Chris PM 🟡 Lucky 7 PM 🟡 Thirsty Thursday: PM 🟡 Trivia Challenge	<b>Chinese New Year 12</b> AM 🟢 Exercise Class-With Fox Fitness AM 🟡 Chinese New Year PM 🟡 Rosary and Scriptures PM 🟡 Bingo PM 🟡 Express Yourself Art Work PM 🟡 Chinese New Year Happy Hour	<b>Happy Birthday Ida P. 13</b> AM 🟢 Tone It Up AM 🟡 Blurt it Out PM 🟡 Adult Coloring PM 🟡 Bingo PM 🟡 Sing-A-Long PM 🟡 Ted Talks
<b>Valentine's Day 14</b> AM 🟢 Morning Stretch AM 🟡 Catholic Mass From Washington AM 🟡 Current Events PM 🟡 Valentine's Celebration "Zoom" PM 🟢 Afternoon Chat PM 🟡 Evening Trivia	<b>Presidents' Day 15</b> AM 🟢 Music and Movement AM 🟡 Name the President PM 🟡 A Time To Listen PM 🟡 Bingo PM 🟡 Learn To Draw PM 🟡 Presidential Trivia	<b>Mardi Gras 16</b> AM 🟢 Chair Exercise AM 🟡 Mardi Gras Trivia PM 🟢 Arbor Terrace Store PM 🟡 Bingo PM 🟡 Hooray for Hollywood PM 🟡 Mardi Gras Social PM 🟡 Trivia Challenge with Arlene	<b>Ash Wednesday 17</b> AM 🟢 Exercise Class-With Fox Fitness AM 🟡 Rosie Games PM 🟡 Arts and Crafts-Lets Learn How To Crochet PM 🟡 Mid Week Movie PM 🟡 Evening Trivia	<b>18</b> AM 🟡 Morning Yoga AM 🟡 Blurt it Out PM 🟡 Creative Writers Corner PM 🟡 Afternoon Reading with Chris PM 🟡 Lucky 7 PM 🟡 Thirsty Thursday: PM 🟡 Trivia Challenge	<b>19</b> AM 🟢 Exercise Class-With Fox Fitness AM 🟡 Morning Trivia PM 🟡 Rosary and Scriptures PM 🟡 Bingo PM 🟡 Express Yourself Art Work 3:30 🟡 Wine And Cheese Social	<b>20</b> AM 🟢 Tone It Up AM 🟢 Dear Abby PM 🟡 Adult Coloring PM 🟡 Bingo PM 🟡 Reminiscing Group PM 🟡 Ted Talks
<b>21</b> AM 🟢 Morning Stretch AM 🟡 Catholic Mass From Washington AM 🟡 Current Events PM 🟡 Resident Choice PM 🟢 Afternoon Chat PM 🟡 Evening Trivia	<b>22</b> AM 🟢 Music and Movement AM 🟡 Travel Club PM 🟡 A Time To Listen PM 🟡 Bingo PM 🟡 Learn To Draw PM 🟡 Evening Trivia	<b>Girl Scout Cookie Day 23</b> AM 🟢 Chair Exercise AM 🟡 Girl Scout History PM 🟢 Arbor Terrace Store PM 🟡 Bingo PM 🟡 Hooray for Hollywood PM 🟡 Girl Scout Cookie Social PM 🟡 Trivia Challenge with Arlene	<b>24</b> AM 🟢 Exercise Class-With Fox Fitness AM 🟢 Morning Exercise PM 🟡 Arts and Crafts-Lets Learn How To Crochet PM 🟡 Mid Week Movie PM 🟡 Evening Trivia	<b>25</b> AM 🟡 Morning Yoga AM 🟢 Dear Abby PM 🟡 Creative Writers Corner PM 🟡 Dixieland Jazz....Famous Jazz Musicians" Zoom" PM 🟡 Thirsty Thursday: PM 🟡 Trivia Challenge	<b>Johnny Cash Day 26</b> AM 🟢 Exercise Class-With Fox Fitness AM 🟡 Johnny Cash Trivia PM 🟡 Rosary and Scriptures PM 🟡 Bingo PM 🟡 Express Yourself Art Work 3:30 🟡 Wine And Cheese Social	<b>Elizabeth Taylor Day 27</b> AM 🟢 Tone It Up AM 🟡 Celebrity Biographies " Elizabeth Taylor" PM 🟡 Adult Coloring PM 🟡 Bingo PM 🟡 Sing-A-Long PM 🟡 Ted Talks
<b>28</b> AM 🟢 Morning Stretch AM 🟡 Catholic Mass From Washington AM 🟡 Current Events PM 🟡 Resident Choice PM 🟢 Afternoon Chat PM 🟡 Evening Trivia	<ul style="list-style-type: none"> <li>🟡 Arts &amp; Education</li> <li>🟡 Deep Connections</li> <li>🟢 Health &amp; Wellness</li> <li>🟡 Purposeful Living</li> <li>🟡 Recreation &amp; Leisure</li> <li>🟡 Spiritual Journey</li> </ul>					