September 2021 Arbor Terrace Morris Plains Assisted Living Calendar Sunday Monday Tuesdav Wednesday Thursday Friday Saturday 3 Stay Fit Saturday AM & Friendly Visits Wine Down Wednesday **Beauty Salon Day** LOCATION KEY Piano Players Day AM & C Friendly Visits AM & C Friendly Visits Hackelberry Pub - HP 10:30 Mind & Body Fitness Class AM & O Friendly Visits 10:30 Mind & Body Fitness Class 10:30 O Weekend Fitness Exercise Arts & Education 10:30 Ocenmunion Services with St. Virgil's [AAS] [AAS] AL Outdoor Patio - OP Church [CT] 11:15 📀 Brain Boosters Trivia & Word Games 11:15 📀 Brain Boosters Trivia & Word Games 10:30 🙆 Senior Living Resident Outing - TJ Deep Connections 1:00 Outdoor Walking Group [OP] Maxx & Home Goods [OT] Health & Wellness AL Dining Room - ADR 2:00 Afternoon Mind & Body Fitness Class [HP] 11:15 📀 Grow your Brain Trivia & Word Game 1:00 Outdoor Walking Group [OP] 1:00 🧿 Outdoor Walking Group [OP] 2:30 Word in a Word White Board Game [HP] 2:00 Smarter Than A Fifth Grader? 1:30 Friday Midday Matinee - Resident's Purposeful Living Residents Room - RR 3:00 Creation in the Kitchen - Residents recipes 1:00 Outdoor Walking Group [OP] Choice [CT] (Mini Pizza & Salads) [HP] Recreation & Leisure 3:00 Category Words Game with Lou [HP] 2:00 News & Views with Lou [BCB] 3:00 Siant Crosswords Game Outdoor Trips - OT 4:00 Afternoon Snack Social & Daily Brain 3:30 🙆 Happy Hour Entertainment John Di 3:45 Wine Down Wednesday & Welcome 4:00 Afternoon Snack Social & Daily Games [BCB] Spiritual Journey Colby Theater - CT Schedule Brain Games [BCB] Ayres Art Studio - AAR Movie Monday! AM & Friendly Visits Beauty Salon Day Patriots Day Stay Fit Saturday **Social Sunday Beauty Salon Day** Wine Down Wednesday AM & Friendly Visits Flashback Friday Trivia Tuesday AM & C Friendly Visits AM & O Friendly Visits AM & C Friendly Visits 10:30 O Mind & Body Fitness Class 10:30 Mind & Body Fitness Class 10:30 Mind & Body Fitness Class 10:00 Trip - Catholic Mass at St. 10:30 Communion Services with AM & C Friendly Visits AM & C Friendly Visits St. Virgil's Church [CT] Virgil's Catholic Church [OT] [AAS] 10:30 Mind & Body Fitness Class [HP] 10:30 Weekend Fitness Exercise [AAS] I1:15 📀 Brain Boosters Trivia & Word Games [AAS] 1:00 Outdoor Walking Group [OP] 11:15 📀 Monday Brain Teasers [AAS] 10:30 🙆 Senior Living Resident Outing 10:30 Weekend Fitness Exercise [HP] 11:15 Sword in a Word White Board Game 1:15 📀 Brain Boosters Trivia & Word Games 1:00 Outdoor Walking Group [OP] 11:00 Category Game [HP] 1:00 Outdoor Walking Group [OP] Alstedes Farm Adventure [OT] 2:00 Afternoon Mind & Body Fitness Class 1:30 @ Friday Midday Matinee - Resident's Choice 11:15 📀 Grow your Brain Trivia & Word Game 1:00 Outdoor Walking Group [OP] 2:15 Monday Movie & Snacks - Forest 1:00 Outdoor Walking Group [OP] 1:00 Outdoor Walking Group [OP] 2:30 S Word in a Word White Board Game Gump [CT] 2:00 Sword Games & Trivia [HP] 2:15 **Yoga with Venecia Urban [HP]** 2:00 Assisted Living week Celebration wit 2:15 Seasonal Trivia Challenge [HP] 1:00 Outdoor Walking Group [OP] 3:30 Cocktails & Conversations [BCB] 3:15 Computer Class- [BLC] Jerry Castaldo 3:00 Jeopardy Game with Venecia [AAS] 3:00 Happy Hour Entertainment with Eleanor 3:00 © Category Words Game with Lou [HP] 3:00 Creation in the Kitchen - Residents 3:15 🙆 Rummy Cube, Scrabble, & Board 4:00 Afternoon Snack Social & Daily Brain Jackson [HP] 4:00 Afternoon Snack Social & Daily Games [HP] 3:45 Wine Down Wednesday & Welcome recipes (Pumpkin Soup) [HP] 4:15 O Rosh Hashanah Celebration with Rabbi Schedule Brain Games [BCB] Games [BCB] Rudin [AAS] 4:00 🚳 Afternoon Snack Social & Daily Brain 4:00 Afternoon Snack Social & Daily Brain 4:00 Rosary Group with St. Virgil's Church Games [BCB] Games [BCB] **Beauty Salon Day** 15 Beauty Salon Day AM & Friendly Visits Flashback Friday Stay Fit Saturday ASSISTED LIVING WEEK BEGINS Movie Monday! Beauty Salon D Trivia Tuesday **Beauty Salon Day** Wine Down Wednesday 18 AM & Friendly Visits AM & C Friendly Visits AM & C Friendly Visits AM & O Friendly Visits **Grandparents Day** 10:30 O Mind & Body Fitness Class 10:30 Mind & Body Fitness Class 10:30 Communion Services with 10:30 Mind & Body Fitness Class 10:30 O Weekend Fitness Exercise AM & 🔘 Friendly Visits AM & C Friendly Visits St. Virgil's Church [CT] [AAS] 10:00 O Trip - Catholic Mass at St. Virgil's 10:30 Mind & Body Fitness Class [AAS] 11:15 🚳 Monday Brain Teasers [AAS] 10:30 🙆 Senior Living Resident Outing 2:00 Afternoon Mind & Body Fitness Class 11:15 📀 Brain Boosters Trivia & Word Games 1:15 📀 Brain Boosters Trivia & Word Games Catholic Church [OT] 11:15 Word in a Word White Board Game 1:00 Outdoor Walking Group [OP] Walmart & Dollar Store [OT] [AAS] 10:30 Weekend Fitness Exercise [HP] 11:15 📀 Grow your Brain Trivia & Word Game 2:30 Sword in a Word White Board Game 1:30 Priday Midday Matinee - Resident's 2:15 O You Be the Judge Discussion Group 2:15 (3) Computer Class- [BLC] 11:00 Category Game [HP] 2:30 Drama Club with Kevin & Friends [HP] 2:15 Monday Movie & Snacks - The Pursuit 3:15 Durple Apron Project - For Local Food Choice [CT] 1:00 Outdoor Walking Group [OP] 2:15 Current Events with Debbie [HP] 3:00 Category Words Game with Lou [HP] 3:00 Creation in the Kitchen - Residents 3:00 Giant Crosswords Game of Happiness [CT] 3:00 Celebrating NY - Broadway Fashion recipes (sliders) [HP] 3:00 Outdoor Entertainment with Julian 4:00 Afternoon Snack Social & Daily 2:15 O Scrapbook Memories [AAS] 4:00 Afternoon Snack Social & Daily Brain Jay Daniels [HP] Show [HP] 4:00 Afternoon Snack Social & Daily Brain Hernandez Schedule Brain Games [BCB] 3:15 Yoga with Venecia Urban [HP] Games [BCB] 3:30 Cocktails & Conversations [BCB] 3:45 Wine Down Wednesday & Welcome Games [BCB] 4:00 S Afternoon Snack Social & Daily Brain 4:00 Rosary Group with St. Virgil's Church Social Games [BCB] **Beauty Salon Day** Beauty Salon Day AM & C Friendly Visits Movie Monday! Wine Down Wednesday Flashback Friday Stay Fit Saturday AM & C Friendly Visits 10:00 Trip - Catholic Mass at St. Trivia Tuesday AM & C Friendly Visits AM & C Friendly Visits AM & O Friendly Visits AM & C Friendly Visits Virgil's Catholic Church AM & C Friendly Visits 10:30 🔘 Mind & Body Fitness Class 10:30 Mind & Body Fitness Class 10:30 Communion Services with 10:30 O Mind & Body Fitness Class 10:30 🔘 Weekend Fitness Exercise 10:30 Mind & Body Fitness Class [AAS] St. Virail's Church [CT] [AAS] 11:15 Word in a Word White Board Game [AAS] 10:30 Weekend Fitness Exercise [HP] 11:15 📀 Monday Brain Teasers [AAS] 10:30 🙆 Senior Living Resident Outing - TBD 2:00 Afternoon Mind & Body Fitness Class 11:15 📀 Brain Boosters Trivia & Word Games 11:15 📀 Brain Boosters Trivia & Word Games 11:00 © Category Game [HP] 2:15 Yoga with Venecia Urban [HP] 2:15 Monday Movie & Snacks - TBD [CT] [AAS] 3:00 Group Discussion with Paul Rabinowitz 3:15 Piano Performance with Clint 2.15 Moonlighting Designs Art Class AAS 11:15 📀 Grow your Brain Trivia & Word Game 2:30 Sword in a Word White Board Game 1:30 🙆 Friday Midday Matinee - Resident's 3:00 📀 Giant Crosswords Game Edwards [HP] Choice [CT] 3:15 Giant Jenga & Table top Games [HP] 3:15 Computer Class- [BLC] 3:30 🙆 Tickle The Ivories with Laura [HP] 4:00 Cocktails & Conversations [BCB] 3:00 © Category Words Game with Lou [HP] 3:00 Creation in the Kitchen - Residents 2:15 O News & Views with Lou [HP] 4:00 Afternoon Snack Social & Daily Brain 4:00 Afternoon Snack Social & Daily 4:00 O Afternoon Snack Social & Daily Brain 3:45 Wine Down Wednesday & Welcome recipes [HP] 3:15 @ Casino Table Games with Lou [HP] Schedule Brain Games [BCB] Games [BCB] 4:00 O Afternoon Snack Social & Daily Brain 4:00 Rosary Group with St. Virgil's Church Games [BCB] 30 Please see your daily AM & O Friendly Visits Movie Monday! **Beauty Salon Day** Wine Down Wednesday **Beauty Salon Day** 10:00 Trip - Catholic Mass at St. **WORLD TOURISM DAY** AM & C Friendly Visits AM & O Friendly Visits Trivia Tuesday **Engagement Flyer for** Virgil's Catholic Church 10:30 Communion Services with 10:30 Mind & Body Fitness Class AM & O Friendly Visits YOGA DAY 10:30 O Mind & Body Fitness Class [AAS] St. Virgil's Church [CT] AM & 🔘 Friendly Visits your small group activity 10:30 Weekend Fitness Exercise [HP] 10:30 🙆 Senior Living Resident Outing - Barnes 2:00 Afternoon Mind & Body Fitness Class 11:15 🚳 Monday Brain Teasers [AAS] 10:30 Mind & Body Fitness Class [AAS] 11:00 Category Game [HP] & Noble Book Store [OT] 2:15 Monday Movie & Snacks - The 11:15 📀 Word in a Word White Board Game times and locations. 2:30 Sword in a Word White Board Game 2:15 S You Be the Judge Discussion Group 11:15 📀 Grow your Brain Trivia & Word Game Princess Bride [CT] [AAS] 3:15 Resident Council Meeting [HP] Program on the calendar 2:15 Yoga with Venecia Urban [HP] 3:30 Cocktails & Conversations [BCB] 3:00 Category Words Game with Lou [HP] 3:00 Creation in the Kitchen - Residents 4:00 S Afternoon Snack Social & Daily Brain 3:00 Jeopardy Game with Venecia [AAS] 3:30 Wine Down Wednesday Happy Hour recipes (Mini Pumpkin Pies) [HP] Games [BCB] are subject to change. 4:00 O Afternoon Snack Social & Daily Brain with John Buscaino [HP] 4:00 Afternoon Snack Social & Daily Brain Games [BCB] Thank you, Games [BCB] 4:00 Rosary Group with St. Virgil's Church The Engagement Team