

September 2021

Arbor Terrace Morris Plains Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>🍷 Arts & Education</div> <div>📖 Deep Connections</div> <div>🌿 Health & Wellness</div> <div>🧠 Purposeful Living</div> <div>🎮 Recreation & Leisure</div> <div>🕉️ Spiritual Journey</div>	<div>LOCATION KEY</div> <div>Hackelberry Pub - HP</div> <div>AL Outdoor Patio - OP</div> <div>AL Dining Room - ADR</div> <div>Residents Room - RR</div> <div>Outdoor Trips - OT</div> <div>Colby Theater - CT</div> <div>Ayres Art Studio - AAR</div>	<div>Wine Down Wednesday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [HP]</div> <div>10:30 🧠 Senior Living Resident Outing - TJ Maxx & Home Goods [OT]</div> <div>11:15 🍷 Grow your Brain Trivia & Word Game [HP]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>3:00 🍷 Category Words Game with Lou [HP]</div> <div>3:45 📖 Wine Down Wednesday & Welcome Social</div> <div>1</div>	<div>Beauty Salon Day</div> <div>Piano Players Day</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🕉️ Communion Services with St. Virgil's Church [CT]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>2:00 🌿 Afternoon Mind & Body Fitness Class [HP]</div> <div>2:30 🍷 Word in a Word White Board Game [HP]</div> <div>3:00 📖 Creation in the Kitchen - Residents recipes (Mini Pizza & Salads) [HP]</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>2</div>	<div>Flashback Friday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Brain Boosters Trivia & Word Games [AAS]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>1:30 🧠 Friday Midday Matinee - Resident's Choice [CT]</div> <div>2:00 🍷 News & Views with Lou [BCB]</div> <div>3:30 🧠 Happy Hour Entertainment John Di Amato</div> <div>3</div>	<div>Stay Fit Saturday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Weekend Fitness Exercise [AAS]</div> <div>11:15 🍷 Brain Boosters Trivia & Word Games [AAS]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>2:00 🍷 Are You Smarter Than A Fifth Grader? [HP]</div> <div>3:00 🍷 Giant Crosswords Game</div> <div>4:00 📖 Afternoon Snack Social & Daily Schedule Brain Games [BCB]</div> <div>4</div>
<div>Social Sunday</div> <div>AM & 📖 Friendly Visits</div> <div>10:00 🕉️ Trip - Catholic Mass at St. Virgil's Catholic Church [OT]</div> <div>10:30 🌿 Weekend Fitness Exercise [HP]</div> <div>11:00 🍷 Category Game [HP]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>2:00 🍷 Word Games & Trivia [HP]</div> <div>3:30 📖 Cocktails & Conversations [BCB]</div> <div>5</div>	<div>Movie Monday!</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Monday Brain Teasers [AAS]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>2:15 🧠 Monday Movie & Snacks - Forest Gump [CT]</div> <div>3:15 🧠 Computer Class- [BLC]</div> <div>3:15 🧠 Rummy Cube, Scrabble, & Board Games [HP]</div> <div>4:00 🍷 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>6</div>	<div>Beauty Salon Day</div> <div>Trivia Tuesday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [HP]</div> <div>11:15 🍷 Word in a Word White Board Game [HP]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>2:15 🌿 Yoga with Venecia Urban [HP]</div> <div>3:00 🍷 Jeopardy Game with Venecia [AAS]</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>4:00 🕉️ Rosary Group with St. Virgil's Church</div> <div>7</div>	<div>Wine Down Wednesday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [HP]</div> <div>10:30 🧠 Senior Living Resident Outing - Alstedes Farm Adventure [OT]</div> <div>11:15 🍷 Grow your Brain Trivia & Word Game [HP]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>3:00 🍷 Category Words Game with Lou [HP]</div> <div>3:45 📖 Wine Down Wednesday & Welcome Social</div> <div>8</div>	<div>Beauty Salon Day</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🕉️ Communion Services with St. Virgil's Church [CT]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>2:00 🌿 Afternoon Mind & Body Fitness Class [HP]</div> <div>2:30 🍷 Word in a Word White Board Game [HP]</div> <div>3:00 📖 Creation in the Kitchen - Residents recipes (Pumpkin Soup) [HP]</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>9</div>	<div>Flashback Friday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Brain Boosters Trivia & Word Games [AAS]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>1:30 🧠 Friday Midday Matinee - Resident's Choice [CT]</div> <div>2:15 🍷 Seasonal Trivia Challenge [HP]</div> <div>3:00 📖 Happy Hour Entertainment with Eleanor Jackson [HP]</div> <div>4:15 🕉️ Rosh Hashanah Celebration with Rabbi Rudin [AAS]</div> <div>10</div>	<div>Patriots Day</div> <div>Stay Fit Saturday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Weekend Fitness Exercise [AAS]</div> <div>11:15 🍷 Brain Boosters Trivia & Word Games [AAS]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>2:00 📖 Assisted Living week Celebration with Jerry Castaldo</div> <div>4:00 📖 Afternoon Snack Social & Daily Schedule Brain Games [BCB]</div> <div>11</div>
<div>ASSISTED LIVING WEEK BEGINS</div> <div>Grandparents Day</div> <div>AM & 📖 Friendly Visits</div> <div>10:00 🕉️ Trip - Catholic Mass at St. Virgil's Catholic Church [OT]</div> <div>10:30 🌿 Weekend Fitness Exercise [HP]</div> <div>11:00 🍷 Category Game [HP]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>3:00 📖 Grandparents Day Celebration with Jay Daniels [HP]</div> <div>3:30 📖 Cocktails & Conversations [BCB]</div> <div>12</div>	<div>Movie Monday!</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Monday Brain Teasers [AAS]</div> <div>1:00 🕉️ Outdoor Walking Group [OP]</div> <div>2:15 🧠 Computer Class- [BLC]</div> <div>2:15 🧠 Monday Movie & Snacks - The Pursuit of Happiness [CT]</div> <div>2:15 📖 Scrapbook Memories [AAS]</div> <div>3:15 🌿 Yoga with Venecia Urban [HP]</div> <div>4:00 🍷 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>13</div>	<div>Beauty Salon Day</div> <div>Trivia Tuesday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Word in a Word White Board Game [AAS]</div> <div>2:30 🍷 Drama Club with Kevin & Friends [HP]</div> <div>3:15 🧠 Purple Apron Project - For Local Food Pantry</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>4:00 🕉️ Rosary Group with St. Virgil's Church</div> <div>14</div>	<div>Wine Down Wednesday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [HP]</div> <div>10:30 🧠 Senior Living Resident Outing - Walmart & Dollar Store [OT]</div> <div>11:15 🍷 Grow your Brain Trivia & Word Game [HP]</div> <div>3:00 🍷 Category Words Game with Lou [HP]</div> <div>3:00 🍷 Celebrating NY - Broadway Fashion Show [HP]</div> <div>3:45 📖 Wine Down Wednesday & Welcome Social</div> <div>15</div>	<div>Beauty Salon Day</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🕉️ Communion Services with St. Virgil's Church [CT]</div> <div>2:00 🌿 Afternoon Mind & Body Fitness Class [HP]</div> <div>2:30 🍷 Word in a Word White Board Game [HP]</div> <div>3:00 📖 Creation in the Kitchen - Residents recipes (sliders) [HP]</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>16</div>	<div>Flashback Friday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Brain Boosters Trivia & Word Games [AAS]</div> <div>1:30 🧠 Friday Midday Matinee - Resident's Choice [CT]</div> <div>2:15 📖 Current Events with Debbie [HP]</div> <div>3:00 🧠 Outdoor Entertainment with Julian Hernandez</div> <div>17</div>	<div>Stay Fit Saturday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Weekend Fitness Exercise [AAS]</div> <div>11:15 🍷 Brain Boosters Trivia & Word Games [AAS]</div> <div>2:15 📖 You Be the Judge Discussion Group [HP]</div> <div>3:00 🍷 Giant Crosswords Game</div> <div>4:00 📖 Afternoon Snack Social & Daily Schedule Brain Games [BCB]</div> <div>18</div>
<div>AM & 📖 Friendly Visits</div> <div>10:00 🕉️ Trip - Catholic Mass at St. Virgil's Catholic Church [OT]</div> <div>10:30 🌿 Weekend Fitness Exercise [HP]</div> <div>11:00 🍷 Category Game [HP]</div> <div>3:15 🧠 Piano Performance with Clint Edwards [HP]</div> <div>4:00 📖 Cocktails & Conversations [BCB]</div> <div>19</div>	<div>Movie Monday!</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Monday Brain Teasers [AAS]</div> <div>2:15 🧠 Monday Movie & Snacks - TBD [CT]</div> <div>2:15 🌿 Moonlighting Designs Art Class [AAS]</div> <div>3:15 🧠 Computer Class- [BLC]</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>20</div>	<div>Beauty Salon Day</div> <div>Trivia Tuesday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Word in a Word White Board Game [AAS]</div> <div>2:15 🌿 Yoga with Venecia Urban [HP]</div> <div>3:00 🍷 Group Discussion with Paul Rabinowitz [CT]</div> <div>3:30 🧠 Tickle The Ivories with Laura [HP]</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>4:00 🕉️ Rosary Group with St. Virgil's Church</div> <div>21</div>	<div>Wine Down Wednesday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [HP]</div> <div>10:30 🧠 Senior Living Resident Outing - TBD [OT]</div> <div>11:15 🍷 Grow your Brain Trivia & Word Game [HP]</div> <div>3:00 🍷 Category Words Game with Lou [HP]</div> <div>3:45 📖 Wine Down Wednesday & Welcome Social</div> <div>22</div>	<div>Beauty Salon Day</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🕉️ Communion Services with St. Virgil's Church [CT]</div> <div>2:00 🌿 Afternoon Mind & Body Fitness Class [HP]</div> <div>2:30 🍷 Word in a Word White Board Game [HP]</div> <div>3:00 📖 Creation in the Kitchen - Residents recipes [HP]</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>23</div>	<div>Flashback Friday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Brain Boosters Trivia & Word Games [AAS]</div> <div>1:30 🧠 Friday Midday Matinee - Resident's Choice [CT]</div> <div>2:15 📖 News & Views with Lou [HP]</div> <div>3:15 🧠 Casino Table Games with Lou [HP]</div> <div>24</div>	<div>Stay Fit Saturday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Weekend Fitness Exercise [AAS]</div> <div>11:15 🍷 Brain Boosters Trivia & Word Games [AAS]</div> <div>3:00 🍷 Giant Crosswords Game</div> <div>3:15 🧠 Giant Jenga & Table top Games [HP]</div> <div>4:00 📖 Afternoon Snack Social & Daily Schedule Brain Games [BCB]</div> <div>25</div>
<div>AM & 📖 Friendly Visits</div> <div>10:00 🕉️ Trip - Catholic Mass at St. Virgil's Catholic Church [OT]</div> <div>10:30 🌿 Weekend Fitness Exercise [HP]</div> <div>11:00 🍷 Category Game [HP]</div> <div>2:15 🍷 You Be the Judge Discussion Group [HP]</div> <div>3:30 📖 Cocktails & Conversations [BCB]</div> <div>26</div>	<div>Movie Monday!</div> <div>WORLD TOURISM DAY</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Monday Brain Teasers [AAS]</div> <div>2:15 🧠 Monday Movie & Snacks - The Princess Bride [CT]</div> <div>3:15 🧠 Resident Council Meeting [HP]</div> <div>4:00 🍷 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>27</div>	<div>Beauty Salon Day</div> <div>Trivia Tuesday</div> <div>YOGA DAY</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [AAS]</div> <div>11:15 🍷 Word in a Word White Board Game [AAS]</div> <div>2:15 🌿 Yoga with Venecia Urban [HP]</div> <div>3:00 🍷 Jeopardy Game with Venecia [AAS]</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>4:00 🕉️ Rosary Group with St. Virgil's Church</div> <div>28</div>	<div>Wine Down Wednesday</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🌿 Mind & Body Fitness Class [HP]</div> <div>10:30 🧠 Senior Living Resident Outing - Barnes & Noble Book Store [OT]</div> <div>11:15 🍷 Grow your Brain Trivia & Word Game [HP]</div> <div>3:00 🍷 Category Words Game with Lou [HP]</div> <div>3:30 🧠 Wine Down Wednesday Happy Hour with John Buscaino [HP]</div> <div>29</div>	<div>Beauty Salon Day</div> <div>AM & 📖 Friendly Visits</div> <div>10:30 🕉️ Communion Services with St. Virgil's Church [CT]</div> <div>2:00 🌿 Afternoon Mind & Body Fitness Class [HP]</div> <div>2:30 🍷 Word in a Word White Board Game [HP]</div> <div>3:00 📖 Creation in the Kitchen - Residents recipes (Mini Pumpkin Pies) [HP]</div> <div>4:00 📖 Afternoon Snack Social & Daily Brain Games [BCB]</div> <div>30</div>	<div>Please see your daily Engagement Flyer for your small group activity times and locations. Program on the calendar are subject to change. Thank you, The Engagement Team</div>	