January 2021
Arbor Terrace Roseland Assisted Living

Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January cont'd **31** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Current Events with ED AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	THE ARBOR COMPANY ENGAGED LIFESTYLE	Arts & Education Deep Connections Health & Wellness Recreation & Leisure Spiritual Journey	**Location Keys** Activity Room 1 AR1 Lobby L	Please see your Daily Engagement Flyer for your group program scheduled time and location. Activities are subject to change. Thank you, Engagement Team	**1** Happy New Year from your Arbor Terrace Roseland Family AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Morning Engagement Activity-NEW YEARS DAY TRIVIA [AR1] AM AM EngagementActivity-Current Events with ED AM Morning Beverage Cart [L] PM Afternoon Engagement Activity-Fusion Fitness PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**2** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM AM EngagementActivity-You Be the Judge with ED AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities
3 AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Current Events with ED AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**4** Happy Birthday Corinne! AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM AM EngagementActivity-Current Events with ED AM Morning Beverage Cart [L] PM Individual Birthday Celebration! PM Afternoon Engagement Activity- Pump it UP exercise with ED PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**5** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Name That Tune AM Morning Beverage Cart [L] PM Stretch and Bend-Exercise Class PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**6** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM YOUTube with ED AM Morning Beverage Cart [L] PM Sit and Be Fit Exericise PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**7** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Word in A Word Games AM Morning Beverage Cart [L] PM Bingo PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**8** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Morning Engagement Activity-Elvis Presley Trivia [AR1] AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**9** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM What Would you do? With Shanna AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities
10 AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Morning Beverage Cart [L] PM Arts and Crafts/Creative Expessions PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**11** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM AM EngagementActivity-Poetry Trivia with ED AM Virtual Tour-Jamaica with Ed! AM Morning Beverage Cart [L] PM Afternoon Engagement Activity- Pump it UP exercise with ED PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**12** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Name That Tune AM Morning Beverage Cart [L] PM Stretch and Bend-Exercise Class PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**13** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM YOUTube with ED AM Morning Beverage Cart [L] PM Sit and Be Fit Exericise PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**14** Happy Birthday Dennis L.! AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Word in A Word Games AM Morning Beverage Cart [L] PM Individual Birthday Celebration! PM Bingo PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**15** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Morning Engagement Activity-Memories and Mimosas! [AR1] AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**16** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities
17 AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Current Events with ED AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**18** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM AM EngagementActivity-Martin Luther King Discussion with ED AM Virtual Tour-Jamaica with Ed! AM Morning Beverage Cart [L] PM Afternoon Engagement Activity- Pump it UP exercise with ED PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**19** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Name That Tune AM Morning Beverage Cart [L] PM Stretch and Bend-Exercise Class PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**20** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM YOUTube with ED AM Morning Beverage Cart [L] PM Sit and Be Fit Exericise PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**21** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Word in A Word Games AM Morning Beverage Cart [L] PM Bingo PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**22** Happy Birthday Ralph! AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Morning Engagement Activity-Memories and Mimosas! [AR1] AM Morning Beverage Cart [L] PM Individual Birthday Celebration! PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**23** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM What Would you do? With Shanna AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities
24 Celebrating National Activity Professionals Week! 1/24-1/30 AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Morning Beverage Cart [L] PM Arts and Crafts/Creative Expessions PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**25** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM AM EngagementActivity-Current Events with ED AM Virtual Tour-Jamaica with Ed! AM Morning Beverage Cart [L] PM Afternoon Engagement Activity- Pump it UP exercise with ED PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**26** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Name That Tune AM Morning Beverage Cart [L] PM Stretch and Bend-Exercise Class PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**27** AM Daily Delivery! AM Tu B'Shevat Begins at Sunset AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM YOUTube with ED AM Morning Beverage Cart [L] PM Sit and Be Fit Exericise PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**28** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Word in A Word Games AM Morning Beverage Cart [L] PM Bingo PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**29** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Morning Engagement Activity-Memories and Mimosas! [AR1] AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities	**30** AM Daily Delivery! AM Scheduled Fresh Air Walks! AM Outdoor Patio Visits AM Scheduled Virtual Visits AM Morning Beverage Cart [L] PM Scheduled Virtual Visits! PM Afternoon Traveling Refreshment Cart PM Scheduled Fresh Air Walks! PM Grab and Go Engagement Opportunities Continued at top