March 2021

Arbor Terrace Morris Plains Assisted Living Calendar

created with Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE ARBOR COMPANY ENGAGED LIFESTYLE	**Welcome to March Day!** 1 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 I Pad & Technology Workshop 2:15 Craft Corner- Make your own welcome bear [HP] 3:30 Afternoon Movie- The Mars Generation (Channel 591) 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart	**Happy Birthday Dr. Seuss!** 2 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 2:00 Poetry Club [HP] 3:30 Friendly Visits 3:30 One Day University Class [CT] 3:30 Traveling Refreshment and Snack Cart	3 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Name that Tune & Finish the Lyrics 2:15 Craft Corner- Make your own Lucky Clover Wreath [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart 7:15 Evening Movie- The Help [CT]	**National Grammar Day** 4 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Deep Connections & Wellness Discussions 2:15 Mad Libs Games 3:00 Rosary on TV (Channel 591) 3:30 Friendly Visits 3:30 One Day University Class [CT] 3:30 Traveling Refreshment and Snack Cart 3:30 Travelling Refreshment Cart (Healthy Hydration & Snacks)	**National Dress in Blue Day** 5 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 News & Views with Lou [HP] 2:15 Crossword Puzzle & Games [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart 3:30 Travelling Refreshment Cart (Healthy Hydration & Snacks) 7:15 Evening Movie- Eat Pray Love [CT]	6 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Afternoon Exercise to Music 2:15 Active Games: Corn Hole and Basket Toss [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart
7 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 List It! [HP] 12:00 Jukebox TV (Channel 591) 1:30 **Sunday Afternoon Mass on TV (Channel 591)** 2:15 Design your own floral pen [HP] 3:15 Friendly Visits 3:30 **Piano Performance with Clint Edwards (Channel 591)** 3:30 Traveling Refreshment and Snack Cart	**National Women's Day** 8 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 I Pad & Technology Workshop 2:15 Famous Women Jeopardy [HP] 3:30 Evening Movie- Becoming (Channel 591) 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart	**National Personality Day** 9 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Gentle Chair Yoga to Stay Healthy & Happy (Channel 591) 2:15 What is your personality type? [HP] 3:30 Friendly Visits 3:30 One Day University Class [CT] 3:30 Traveling Refreshment and Snack Cart	10 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Name that Tune & Finish the Lyrics 1:30 **World Happy Day Dance-a-thon** 2:15 Craft Corner- Make your own Shamrock Pin [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart 7:15 Evening Movie- Runaway Bride [CT]	**National Plant a Flower Day** 11 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Deep Connections & Wellness Discussions 2:15 Indoor Gardening Club [HP] 3:00 **Menu Chat with Angela (Group A)** 3:00 Rosary on TV (Channel 591) 3:30 Friendly Visits 3:30 One Day University Class [CT] 3:30 Traveling Refreshment and Snack Cart 3:30 Travelling Refreshment Cart (Healthy Hydration & Snacks)	**National Girl Scout Day** 12 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 News & Views with Lou [HP] 2:15 Trivial Pursuit [HP] 3:30 Friendly Visits 3:30 **Happy Hour Music with Julian Hernandez (Channel 591)** 3:30 Traveling Refreshment and Snack Cart 3:30 Travelling Refreshment Cart (Healthy Hydration & Snacks) 7:15 Evening Movie- Julie & Julia [CT]	**National Open an Umbrella Indoors Day** 13 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Afternoon Exercise to Music 2:15 Superstitions- Read & Discuss [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart
Daylight Saving Time Begins **National Potato Chip Day** 14 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 List It! [HP] 12:00 Jukebox TV (Channel 591) 1:30 **Sunday Afternoon Mass on TV (Channel 591)** 2:15 Creative Word Games and trivia [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart	**Ides of March** 15 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 I Pad & Technology Workshop 2:15 Truth or Blarney- Ireland Trivia [HP] 3:30 Evening Movie- Spelling The Dream (Channel 591) 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart	**Wear any Color BUT Green Day** 16 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Gentle Chair Yoga to Stay Healthy & Happy (Channel 591) 2:15 Cooking Class- St. Patrick's Day Rainbow Parfait [HP] 3:30 Friendly Visits 3:30 One Day University Class [CT] 3:30 Traveling Refreshment and Snack Cart	**St. Patrick's Day** 17 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Name that Tune & Finish the Lyrics 2:15 Craft Corner- Make your own lucky charm! [HP] 3:30 **ALL THINGS IRISH - A Lecture Presentation with Paul white** 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart 7:15 Evening Movie- Bonnie and Clyde [CT]	18 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Deep Connections & Wellness Discussions 2:15 **Irish Stories & Songs with Richard Stillman** 3:00 Rosary on TV (Channel 591) 3:30 Friendly Visits 3:30 One Day University Class [CT] 3:30 Traveling Refreshment and Snack Cart 3:30 Travelling Refreshment Cart (Healthy Hydration & Snacks)	**National Lets Laugh Day** 19 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 News & Views with Lou [HP] 2:15 Jokes and Riddles 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart 3:30 Travelling Refreshment Cart (Healthy Hydration & Snacks) 7:15 Evening Movie- Greater [CT]	**First Day of Spring** 20 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Afternoon Exercise to Music 2:15 Spring time Trivia [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart
World Storytelling Day 21 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 List It! [HP] 12:00 Jukebox TV (Channel 591) 1:30 **Sunday Afternoon Mass on TV (Channel 591)** 2:15 Book Club and Discussion [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart	22 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 I Pad & Technology Workshop 2:15 The Price Is Right [HP] 3:30 Evening Movie - Qunicy (Channel 591) 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart	23 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 **Resident Council Meeting- Group A [HP]** 12:00 Jukebox TV (Channel 591) 1:30 Gentle Chair Yoga to Stay Healthy & Happy (Channel 591) 2:15 Coloring & Relaxation [HP] 3:30 Friendly Visits 3:30 One Day University Class [CT] 3:30 Traveling Refreshment and Snack Cart	24 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Name that Tune & Finish the Lyrics 2:15 Make Your Own Floral Centerpiece [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart 7:15 Evening Movie- The Theory of Everything [CT]	**Queen of Soul Day** 25 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Deep Connections & Wellness Discussions 2:15 Name that Tune [HP] 2:15 Wii Tennis [HP] 3:00 Rosary on TV (Channel 591) 3:30 Friendly Visits 3:30 One Day University Class [CT] 3:30 Traveling Refreshment and Snack Cart 3:30 Travelling Refreshment Cart (Healthy Hydration & Snacks)	26 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 News & Views with Lou [HP] 2:15 Are You Smarter Than A Fifth Grader [HP] 3:30 Friendly Visits 3:30 **Happy Hour & Music with Jay Daniels** 3:30 Traveling Refreshment and Snack Cart 3:30 Travelling Refreshment Cart (Healthy Hydration & Snacks) 7:15 Evening Movie- Anne Frank, Parallel Stories [CT]	**Passover** 27 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Afternoon Exercise to Music 2:15 Crossword Puzzle & Games [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart
Palm Sunday 28 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 List It! [HP] 12:00 Jukebox TV (Channel 591) 1:30 **Sunday Afternoon Mass on TV (Channel 591)** 2:15 Name that Tune [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart	29 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 2:00 Resident Council [HP] 3:30 Evening Movie- JFK, The making of a president (Channel 591) 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart	**National Jeopardy Day!** 30 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Category Game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Gentle Chair Yoga to Stay Healthy & Happy (Channel 591) 2:15 Jeopardy [HP] 2:30 **Drama Club with Kevin & Friends** 3:30 Friendly Visits 3:30 One Day University Class [CT] 3:30 Traveling Refreshment and Snack Cart	31 9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper 10:30 Mind & Body Fitness Class [HP] 11:00 Word in a word game [HP] 12:00 Jukebox TV (Channel 591) 1:30 Name that Tune & Finish the Lyrics 2:00 Guided Painting Class [HP] 3:30 Friendly Visits 3:30 Traveling Refreshment and Snack Cart 7:15 Evening Movie- Miles Davis, Birth of cool [CT]	Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey	LOCATION KEY Hackelberry Pub - HP AL Outdoor Patio - OP AL Dining Room - ADR Residents Room - RR Outdoor Trips - OT Colby Theater - CT Ayres Art Studio - AAR	**Please see your daily Engagement Flyer for your small group activity times and locations. Program on the calendar are subject to change. Thank you, The Engagement Team**

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