

January 2021

Arbor Terrace Mount Laurel Evergreen



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January cont'd 31 9:30ai Meaningful Moment Room Visits 9:45 TV Church Service and Hymns [Door] 10:00 Family Visits/Virtual [Patio] 11:00 Family Visits/Virtual [Patio] 1:30 Chair Yoga and Breathing Exercise [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio]		Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey	Location Key: EL-Evergreen Lounge Evergreen Dining Room-ED Traveling Door to Door	Programs are subject to change, changes are carefully considered	National Hangover Day! 1 New Year's Day 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Word Games [Door] 2:30 Bloody Mary Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 2 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Table Talk [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]
National Fruit Cake Toss Day! 3 9:30ai Meaningful Moment Room Visits 9:45 TV Church Service and Hymns [Door] 10:00 Family Visits/Virtual [Patio] 11:00 Family Visits/Virtual [Patio] 1:30 Fruit Cake Toss! [EG] 2:30 Fruit Cake Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio]	National Spaghetti Day 4 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Spaghetti Fun Facts! [EL] 2:30 Spaghetti Pie Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [EL]	9:30ai Meaningful Moment Room Visits 5 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Fun on the Run Cart! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Cocktail Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	Charlie Brown Day! 6 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 Peanuts Comic Strips & Peanuts! [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Charlie Brown Trivia! [Door] 2:30 Charlie Brown Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 7 10:00 Family Visits/Virtual [Patio] 10:30 Tone Those Bones Chair Boxing [EL] 11:00 Family Visits/Virtual [Patio] 1:30 Memories & Manicures! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Daily Delights! [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [EL]	9:30ai Meaningful Moment Room Visits 8 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Word Games [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 9 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Table Talk [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]
House Plant Appreciation Day! 10 9:30ai Meaningful Moment Room Visits 9:45 TV Church Service and Hymns [Door] 10:00 Family Visits/Virtual [Patio] 11:00 Family Visits/Virtual [Patio] 1:30 Seed Planting! [EG] 2:30 Suiteside Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio]	9:30ai Meaningful Moment Room Visits 11 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 2:30 Suiteside Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [EL]	National Hot Tea Day! 12 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Fun on the Run Cart! [Door] 2:30 Tea Cart & Origins of Tea! [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 13 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Daily Delights! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 14 10:00 Family Visits/Virtual [Patio] 10:30 Tone Those Bones Chair Boxing [EL] 11:00 Family Visits/Virtual [Patio] 1:30 Make Your Own Hats! [EG] 2:30 Suiteside Snack Cart [Door] 3:00 Daily Delights! [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [EL]	National Hat Day! 15 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Show Off Your Hat Party! [EL] 2:30 Suiteside Snack Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 16 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Table Talk [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]
9:30ai Meaningful Moment Room Visits 17 9:45 TV Church Service and Hymns [Door] 10:00 Family Visits/Virtual [Patio] 11:00 Family Visits/Virtual [Patio] 1:30 Chair Yoga and Breathing Exercise [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio]	Martin Luther King, Jr. Day 18 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 MLK-We Shall Overcome! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [EL]	National Popcorn Day! 19 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Fun on the Run Cart! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Popcorn Cocktail Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	National Cheese Lovers Day! 20 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Balloon Toss! [EL] 2:30 Wine & Cheese Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	1940's Flash Back 21 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 Tone Those Bones Chair Boxing [EL] 11:00 Family Visits/Virtual [Patio] 1:30 1940's Movies & Stars [Door] 2:30 Suiteside Snack Cart-1940's Style! [Door] 3:00 Food For Thought-1940's [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [EL]	9:30ai Meaningful Moment Room Visits 22 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Word Games [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 23 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Table Talk [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]
National Compliment Day! 24 9:30ai Meaningful Moment Room Visits 9:45 TV Church Service and Hymns [Door] 10:00 Family Visits/Virtual [Patio] 11:00 Family Visits/Virtual [Patio] 1:30 Chair Yoga and Breathing Exercise [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Write a Compliment! [Door] 4:00 Family Visits/Virtual [Patio]	9:30ai Meaningful Moment Room Visits 25 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 2:30 Suiteside Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [EL]	9:30ai Meaningful Moment Room Visits 26 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Fun on the Run Cart! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Cocktail Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 27 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Balloon Toss! [EL] 2:30 Suiteside Snack Cart [Door] 3:00 Aromatherapy Traveling Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 28 10:00 Family Visits/Virtual [Patio] 10:30 Tone Those Bones Chair Boxing [EL] 11:00 Family Visits/Virtual [Patio] 1:30 Memories & Manicures! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Daily Delights! [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [EL]	National Puzzle Day! 29 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 Puzzle Cart! [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Word Games [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]	9:30ai Meaningful Moment Room Visits 30 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:30 Table Talk [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Family Visits/Virtual [Patio] 6:00 Grab & Go Activities [Door]

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