

January 2021

Arbor Terrace Mount Laurel Bridges



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|---|--|
| January cont'd 31 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:00 Sunday Morning Spiritual Services [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Sunday Afternoon Football! [Door] 2:30 Suiteside Snack Cart [Door] 3:30 Brain Games Cart! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | | Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey | Bridges Dining Room-BD Bridges Lounge-BL Traveling Door to Door-Door | Programs are subject to change, changes are carefully considered. | National Hangover Day! 1 New Year's Day 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:00 Friday Fitness Fun [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Funny New Years Resolutions and Jokes! [Door] 2:30 Bloody Mary Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 2 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Stretch and Flex [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities |
| National Fruit Cake Toss Day! 3 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:00 Sunday Morning Spiritual Services [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Sunday Afternoon Football! [Door] 2:30 Fruit Cake Snack Cart [Door] 3:30 Fruit Cake Toss! [Hall] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | National Spaghetti Day 4 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 Spaghetti Fun Facts! [BL] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Stretching with Engagement [Door] 2:30 Spaghetti Pie Cart [Door] 3:00 Fun on the Run Cart! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 5 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Exercise! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Cocktail Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | Charlie Brown Day! 6 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 Peanut's Comic Strips and Peanuts [Door] 11:00 Family Visits/Virtual [Patio] 1:00 1:1 Activity Room Visit [Door] 2:30 Charlie Brown Snack Cart [Door] 3:00 Charlie Brown Trivia [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 7 10:00 Family Visits/Virtual [Patio] 10:30 Fitness with Fox [Hall] 11:00 Family Visits/Virtual [Patio] 1:00 Music and Movements! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Daily Delights! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 8 10:00 Family Visits/Virtual [Patio] 10:00 Friday Fitness Fun [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Word Challenge! [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 9 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Stretch and Flex [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities |
| House Plant Appreciation Day! 10 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:00 Sunday Morning Spiritual Services [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Sunday Afternoon Football! [Door] 2:30 Suiteside Snack Cart [Door] 3:30 Seed Planting [BD] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 11 10:00 Family Visits/Virtual [Patio] 10:30 Brain Games! [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Stretching with Engagement [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Fun on the Run Cart! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | National Hot Tea Day! 12 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Exercise! [Door] 2:30 Tea Cart & Origins of Tea! [BD] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 13 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Simon Says Exercise! [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 14 10:00 Family Visits/Virtual [Patio] 10:30 Fitness with Fox [Hall] 11:00 Family Visits/Virtual [Patio] 1:00 Make Your Own Hats! [BD] 2:30 Suiteside Snack Cart [Door] 3:00 Daily Delights! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | National Hat Day! 15 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:00 Friday Fitness Fun [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Show Off Your Hat Party! [BL] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 16 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Stretch and Flex [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities |
| 9:30ai Meaningful Moment Room Visits 17 10:00 Family Visits/Virtual [Patio] 10:00 Sunday Morning Spiritual Services [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Sunday Afternoon Football! [Door] 2:30 Suiteside Snack Cart [Door] 3:30 Brain Games Cart! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | Martin Luther King, Jr. Day 18 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 Brain Games! [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Stretching with Engagement [Door] 2:30 Suiteside Snack Cart [Door] 3:00 MLK-We Shall Overcome! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | National Popcorn Day! 19 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Exercise! [Door] 3:00 Popcorn Cocktail Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | National Cheese Lovers Day! 20 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Simon Says Exercise! [Door] 2:30 Wine & Cheese Cart [Door] 3:00 Trivia Extravaganza! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 1940's Flash Back 21 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:30 Fitness with Fox [Hall] 11:00 Family Visits/Virtual [Patio] 1:00 Music and Movements 1940's Style! [Door] 2:30 Suiteside Snack Cart-1940's Style! [Door] 3:00 Food For Thought-1940's [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 22 10:00 Family Visits/Virtual [Patio] 10:00 Friday Fitness Fun [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Word Challenge! [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 23 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Stretch and Flex [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities |
| National Compliment Day! 24 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:00 Sunday Morning Spiritual Services [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Sunday Afternoon Football! [Door] 2:30 Suiteside Snack Cart [Door] 3:30 Write a Compliment! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 25 10:00 Family Visits/Virtual [Patio] 10:30 Brain Games! [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Stretching with Engagement [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Fun on the Run Cart! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 26 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Exercise! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Cocktail Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 27 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Simon Says Exercise! [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 28 10:00 Family Visits/Virtual [Patio] 10:30 Fitness with Fox [Hall] 11:00 Family Visits/Virtual [Patio] 1:00 Music and Movements! [Door] 2:30 Suiteside Snack Cart [Door] 3:00 Daily Delights! [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | National Puzzle Day! 29 9:30ai Meaningful Moment Room Visits 10:00 Family Visits/Virtual [Patio] 10:00 Friday Fitness Fun [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Puzzle Cart! [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities | 9:30ai Meaningful Moment Room Visits 30 10:00 Family Visits/Virtual [Patio] 10:30 1:1 Activity Room Visit [Door] 11:00 Family Visits/Virtual [Patio] 1:00 Afternoon Stretch and Flex [Door] 2:30 Suiteside Snack Cart [Door] 4:00 Outdoor Family Visits [Patio] 6:00 Grab and Go Activities |

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