

January 2021 Arbor Terrace Morris Plains Bridges Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>January cont'd</p> <p>31</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Relaxation Music (Channel 591)</p> <p>2:15 Hot Chocolate Social & History (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Sunday Mass on TV (Channel 591)</p>	<p>31</p> <p>THE ARBOR COMPANY</p> <p>ENGAGED LIFESTYLE</p>	<p>Arts & Education</p> <p>Deep Connections</p> <p>Health & Wellness</p> <p>Purposeful Living</p> <p>Recreation & Leisure</p> <p>Spiritual Journey</p>	<p>Location Key</p> <p>Bridges Living Room - BL</p> <p>Bridges Patio - BP</p> <p>Bridges Community Room - BCR</p> <p>Outdoor Path - OP</p>	<p>“You must be the change you wish to see in the world.”</p> <p>– Mohandas Gandhi</p>	<p>1</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 50's Music (Channel 591)</p> <p>2:15 New Years Resolutions (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 New Years Resolutions (Group C) [BL]</p>	<p>2</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Rock Music (Channel 591)</p> <p>2:15 Jewelry Making (Group A)</p> <p>3:30 Piano Performance by Clint Edwards [BL]</p> <p>3:30 Traveling Refreshment and Snack Cart</p>
<p>3</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Relaxation Music (Channel 591)</p> <p>2:15 Winter Scattergories (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Sunday Mass on TV (Channel 591)</p>	<p>4</p> <p>Scheduled Zoom Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 60's Music (Channel 591)</p> <p>2:15 National Trivia Day (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 National Trivia Day (Group C) [BL]</p>	<p>5</p> <p>Scheduled Indoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Big Band Music (Channel 591)</p> <p>1:30 Greenville Zoo Presents: Birdwatching Basics (Channel 591)</p> <p>2:00 Creative Word Games (Group A)</p> <p>2:45 Rosary Group (Group A)</p> <p>3:30 Rosary on TV (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p>	<p>6</p> <p>Scheduled Indoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Rock Music (Channel 591)</p> <p>2:15 Cookie Decorating (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:10 Angela Schroeder Presents: Songs of New Beginnings (Channel 591)</p>	<p>7</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Flip Peters Live Concert (Channel 591)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 70's Music (Channel 591)</p> <p>2:15 Make Your Own Snowflake (Group A)</p> <p>2:45 Rosary Group (Group A)</p> <p>3:30 Rosary on TV (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Royal BC Museum Presents: Researching Family History in the Archives (Channel 591)</p>	<p>8</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 80's Music (Channel 591)</p> <p>2:15 Elvis's Birthday Celebration (Group A)</p> <p>3:30 Elvis Music Marathon (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Elvis Trivia (Group C)</p>	<p>9</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Acoustic Music (Channel 591)</p> <p>2:15 Drawing Class (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Chit Chat & Snacks (Group C) [BL]</p>
<p>10</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Relaxation Music (Channel 591)</p> <p>2:15 Movie Trivia (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Sunday Mass on TV (Channel 591)</p>	<p>11</p> <p>Scheduled Zoom Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 50's Music (Channel 591)</p> <p>2:15 Snowball Tower (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>3:45 Social Hour & Chat (Group C) [BL]</p>	<p>12</p> <p>Scheduled Indoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Country Music (Channel 591)</p> <p>1:30 Gentle Chair Yoga to Stay Healthy and Happy (Channel 591)</p> <p>2:15 Laughable Moments (Group A)</p> <p>2:45 Rosary Group (Group A)</p> <p>3:30 Rosary on TV (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p>	<p>13</p> <p>Scheduled Indoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 60's Music (Channel 591)</p> <p>1:30 Charleston Museum Presents: Armory (Channel 591)</p> <p>2:15 No Sew Scented Sachets (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Brain Games & Trivia (Group C)</p>	<p>14</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Flip Peters Live Concert (Channel 591)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Rock Music (Channel 591)</p> <p>2:15 Spelling Bee (Group A)</p> <p>2:45 Rosary Group (Group A)</p> <p>3:30 Rosary on TV (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Texas State Aquarium Presents: Let's Talk About Sharks (Channel 591)</p>	<p>15</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Big Band Music (Channel 591)</p> <p>2:30 Drama Club w/ Kevin & Friends</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Brain Games & Trivia (Group C)</p>	<p>16</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 50's Music (Channel 591)</p> <p>2:15 Chain of Thought (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Chit Chat & Snacks (Group C) [BL]</p>
<p>17</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 60's Music (Channel 591)</p> <p>2:15 The Price is Right (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Sunday Mass on TV (Channel 591)</p>	<p>18</p> <p>Scheduled Zoom Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 70's Music (Channel 591)</p> <p>2:15 Spelling Bee (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>3:45 Social Hour & Chat (Group C) [BL]</p>	<p>19</p> <p>Scheduled Indoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 80's Music (Channel 591)</p> <p>2:15 Resident Engagement Award Ceremony</p> <p>2:45 Rosary Group (Group A)</p> <p>3:30 Rosary on TV (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:10 An Afternoon w/ Musician Bernie Martini (Channel 591)</p>	<p>20</p> <p>Scheduled Indoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Rock Music (Channel 591)</p> <p>1:30 Southern Food & Beverage Museum Presents: New Orleans Cocktail History (Channel 591)</p> <p>2:15 The Horse Racing Game (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Brain Games & Trivia (Group C)</p>	<p>21</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Flip Peters Live Concert (Channel 591)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Country Music (Channel 591)</p> <p>2:15 Cooking Class (Group A)</p> <p>2:45 Rosary Group (Group A)</p> <p>3:30 Rosary on TV (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p>	<p>22</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Acoustic Music (Channel 591)</p> <p>2:15 Balloon Volleyball (Group A)</p> <p>3:30 Happy Hour Music with Angela Aguilar (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 News & Views (Group C)</p>	<p>23</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 40's Music (Channel 591)</p> <p>2:15 Finish The Sentence (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Chit Chat & Snacks (Group C) [BL]</p>
<p>24</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Relaxation Music (Channel 591)</p> <p>2:15 Active Game Golf Challenge (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Sunday Mass on TV (Channel 591)</p>	<p>25</p> <p>Scheduled Zoom Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 50's Music (Channel 591)</p> <p>2:15 Coloring & Relaxation (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:10 Poet Kenn Nesbitt: How to be Well-Versed in Poetry (Channel 591)</p>	<p>26</p> <p>Scheduled Indoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 60's Music (Channel 591)</p> <p>1:30 Memphis Zoo presents: Journey to the Past (Channel 591)</p> <p>2:00 What Did It Cost? (Group A)</p> <p>2:45 Rosary Group (Group A)</p> <p>3:30 Rosary on TV (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p>	<p>27</p> <p>Scheduled Indoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 70's Music (Channel 591)</p> <p>2:15 Group Crossword Puzzle (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:10 Callie's Classic Films Presents: The Great Dictator (Channel 591)</p>	<p>28</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Flip Peters Live Concert (Channel 591)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- 80's Music (Channel 591)</p> <p>1:30 North Carolina Museum Of Natural Sciences Presents: Secret life of the Opossum (Channel 591)</p> <p>2:15 Rosary Group (Group A)</p> <p>3:00 Famous Events of the 40's Lecture by Paul White</p> <p>3:30 Rosary on TV (Channel 591)</p> <p>3:30 Traveling Refreshment and Snack Cart</p>	<p>29</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Jazz Music (Channel 591)</p> <p>2:15 Horse Shoes & Games (Group A)</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 News & Views (Group C)</p>	<p>30</p> <p>Scheduled Outdoor Visits</p> <p>9:30 AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packet & Newspaper</p> <p>AM & 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>10:30 Mind, Body & Fitness Class (Group A)</p> <p>11:15 Mind, Body & Fitness Class (Group C)</p> <p>12:00 Jukebox TV- Rock Music (Channel 591)</p> <p>2:15 Name 10 (Group A)</p> <p>3:30 Live Band Performance by VFS Entertainment</p> <p>3:30 Traveling Refreshment and Snack Cart</p> <p>4:00 Chit Chat & Snacks (Group C) [BL]</p>

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