


January 2021

Arbor Terrace Morris Plains Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>January cont'd 31</p> <p>Enjoy some Hot Chocolate Day</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Scattegories [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:00 🟢 Sunday Afternoon Mass on TV (Channel 591)</p>	<p style="text-align: center;"></p>	<p>LOCATION KEY</p> <p>Hackelberry Pub - HP</p> <p>AL Outdoor Patio - OP</p> <p>AL Dining Room - ADR</p> <p>Residents Room - RR</p> <p>Outdoor Trips - OT</p> <p>Colby Theater - CT</p> <p>Ayres Art Studio - AAR</p> <p> ♥ Arts & Education ♥ Deep Connections 🟢 Health & Wellness 🟢 Purposeful Living 🟢 Recreation & Leisure 🟢 Spiritual Journey </p>	<p>LOCATION KEY</p> <p>Hackelberry Pub - HP</p> <p>AL Outdoor Patio - OP</p> <p>AL Dining Room - ADR</p> <p>Residents Room - RR</p> <p>Outdoor Trips - OT</p> <p>Colby Theater - CT</p> <p>Ayres Art Studio - AAR</p>	<p>Please see your daily Engagement Flyer for your small group activity times and locations. Program on the calendar are subject to change. Thank you, The Engagement Team</p>	<p>New Year's Day 1</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a Word Game [HP]</p> <p>12:00 🟢 Jukebox TV- 50's Music (Channel 591)</p> <p>2:15 🟢 New Years Resolution Discussion [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 2</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Category Game [HP]</p> <p>12:00 🟢 Jukebox TV- Rock Music (Channel 591)</p> <p>2:15 🟢 Brain Busters, trivia, & word games [HP]</p> <p>3:00 🟢 Travelling Refreshment Cart (Healthy Hydration & Snacks)</p> <p>3:30 🟢 Piano Performance with Clint Edwards</p>
<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 3</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Chain of Thought [HP]</p> <p>12:00 🟢 Jukebox TV- Relaxation Music (Channel 591)</p> <p>2:15 🟢 Riddles & Rhymes [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:00 🟢 Sunday Afternoon Mass on TV (Channel 591)</p>	<p>National Trivia Day 4</p> <p>Scheduled Zoom Visits</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Last Letter First [HP]</p> <p>12:00 🟢 Jukebox TV- 60's Music (Channel 591)</p> <p>2:15 🟢 Jeopardy [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 5</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word game [HP]</p> <p>12:00 🟢 Jukebox TV- Big Band Music (Channel 591)</p> <p>1:30 🟢 Greenville Zoo presents: Birdwatching Basics (Channel 591)</p> <p>2:15 🟢 Cookie Decorating Class [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>National Technology Day 6</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Category Game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 iPad & Technology Class [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:10 🟢 Angel Schroeder presents: Songs of new beginnings (Channel 591)</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 7</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Last Letter First [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Are you smarter than a 5th grader? [HP]</p> <p>3:30 🟢 Rosary on TV (Channel 591)</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:10 🟢 Royal bc museum presents: Researching family history in the archives (Channel 591)</p>	<p>Happy Birthday Elvis! 8</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Chain of thought [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Elvis Music Trivia [HP]</p> <p>3:30 🟢 Elvis Music Marathon (Channel 591)</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 9</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word Game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Mini Golf [HP]</p> <p>3:00 🟢 Travelling Refreshment Cart (Healthy Hydration & Snacks)</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>
<p>Houseplant Appreciation Day 10</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Category Game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Gardening Club [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:00 🟢 Sunday Afternoon Mass on TV (Channel 591)</p>	<p>Scheduled Zoom Visits 11</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:15 🟢 Category Game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Music Trivia [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 12</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>1:30 🟢 Gentle chair yoga to stay healthy and happy (Channel 591)</p> <p>2:15 🟢 Winter Craft [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 13</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Category Name [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>1:30 🟢 Charleston Museum presents : Armory (Channel 591)</p> <p>2:15 🟢 Memory Game [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 14</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Last letter first [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Painting Class [HP]</p> <p>3:30 🟢 Rosary on TV (Channel 591)</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:10 🟢 Texas state aquarium presents : Let's talk about sharks (Channel 591)</p>	<p>National Coin Day 15</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Chain of thought [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:30 🟢 Drama Club with Kevin & Friends</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 16</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Category Game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Corn hole [HP]</p> <p>3:00 🟢 Travelling Refreshment Cart (Healthy Hydration & Snacks)</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>
<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 17</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Brain boosters & Trivia [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:00 🟢 Sunday Afternoon Mass on TV (Channel 591)</p>	<p>Martin Luther King, Jr. Day 18</p> <p>National Thesaurus Day</p> <p>Scheduled Zoom Visits</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Spelling bee [HP]</p> <p>2:30 🟢 Making Winter Snowglobes [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 19</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Last letter first [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Resident Engagement Awards Ceremony</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:10 🟢 An afternoon with musician Bernie Martini (Channel 591)</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 20</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>1:30 🟢 Southern food and Beverage Museum presents : New Orleans Cocktail History (Channel 591)</p> <p>2:15 🟢 iPad & Technology Class [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 21</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Category Game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Cooking Class [HP]</p> <p>3:30 🟢 Rosary on TV (Channel 591)</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 22</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Chain of thought [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Horse Racing Game [HP]</p> <p>3:30 🟢 Happy Hour Music with Angela Aguilar</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 23</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Through the Decades Trivia [HP]</p> <p>3:00 🟢 Travelling Refreshment Cart (Healthy Hydration & Snacks)</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>
<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 24</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Last letter first [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Wii Bowling [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:00 🟢 Sunday Afternoon Mass on TV (Channel 591)</p>	<p>Scheduled Zoom Visits 25</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 The Price is right [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:10 🟢 Poet Kenn Nesbit presents: How to be well-versed In poetry (Channel 591)</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 26</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Category Game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>1:30 🟢 Memphis Zoo presents: Journey to the past (Channel 591)</p> <p>2:15 🟢 Drawing Class [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 27</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Music Bingo [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p> <p>4:10 🟢 Callie's Classic Films Presents: The great dictator (Channel 591)</p>	<p>Fabulous 40s day 28</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Category Game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>1:30 🟢 North Carolina Museum Of Natural Sciences Presents: Secret life of the Opossum (Channel 591)</p> <p>2:15 🟢 40s Trivia [HP]</p> <p>3:00 🟢 Famous Events of the 40's - Live Lecture by Paul White (Group A)</p> <p>3:30 🟢 Rosary on TV (Channel 591)</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>National Puzzle Day 29</p> <p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times)</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>11:00 🟢 Word in a word Game [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Crossword Puzzle [HP]</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>	<p>AM & ♥ 1-on-1 Visits & Fresh Air Walks (Open Times) 30</p> <p>9:30 ♥ AM Morning Engagement Cart Service: Mail Delivery, Daily Engagement Schedules Activity Packets & Newspaper</p> <p>10:30 🟢 Mind & Body Fitness Class [HP]</p> <p>12:00 🟢 Jukebox TV (Channel 591)</p> <p>2:15 🟢 Chain of thought [HP]</p> <p>3:30 🟢 Live Band Performance by VFS Entertainment</p> <p>3:30 🟢 Traveling Refreshment and Snack Cart</p>

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