



# CareAcademy™

## Specialized Certifications

CareAcademy's Specialized Certifications are competency-based training programs used to build functional skills in specific areas of elderly care. These CareAcademy-recommended certifications create opportunities for direct care workers to improve their proficiency and ability to provide expert-level, quality care.



### Specialized Certifications for Agencies

- Meet demands for client-specific needs
- Improve the quality of care with increased training
- Support direct care worker career growth and upskilling opportunities

## Basic Certifications

All Basic Certifications are Available in Essentials, Advanced and Complete Packages

### COVID-19 Care Certification [3.67 hours]

Learn how to provide safe client care during the coronavirus pandemic. Become familiar with COVID protocols and PPE that they may not routinely wear, and refresh on critical infection control practices.

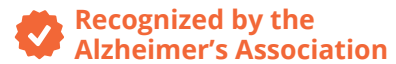
- **CareAcademy Classes:**
  - Maintaining a Clean & Healthy Environment (Infection Control) (CARE0700)
  - Personal Protective Equipment for Home Care (CARE0705)
  - Overview of COVID-19 (CARE0706)
  - Understanding the COVID-19 Vaccine (CARE0707)

### Safety and Falls Prevention Certification [3.25 hours]

Provide caregivers with the knowledge and skills needed to help prevent falls and keep older adults safe in and around their homes. Includes specific falls prevention considerations for older adults living with dementia.

- **CareAcademy Classes:**
  - Safety Precautions & Falls Prevention: Part 1 (CARE0802)
  - Safety Precautions & Falls Prevention: Part 2 (CARE0803)
  - Overview of Transfers & Mobility Equipment (CARE0403)
  - Mobility and Falls Prevention for Older Adults Living with Dementia (CARE1216)

## Advanced Certifications



All Advanced Certifications are Available in our Advanced and Complete Packages

### ✓ **Dementia Care Certification [10 hours]** *Also Available in Dementia Care Package*

Reviewed and recognized by the Alzheimer's Association, this competency-based training curriculum is for direct care workers who provide care to older adults living with dementia. From the fundamentals of dementia to best practices for supporting older adults living with dementia with activities of daily living, this certification offers a complete educational solution to equip care workers with the skills needed to provide optimal care to older adults living with dementia.

- **CareAcademy Classes:**

- The Science of Dementia (CARE1205)
- Introduction to Dementia Care (CARE1200)
- Person-Centered Care for Older Adults Living with Dementia (CARE1207)
- Clients' Rights and Abuse Prevention for Older Adults Living with Dementia (CARE1208)
- Communicating with a Person with Dementia (CARE1201)
- Addressing Agitation & Aggression in Dementia (CARE1203)
- Safety in Dementia (CARE1204)
- Addressing Dementia-Related Behaviors When Assisting with ADLs (CARE1209)
- Assisting Older Adults Living with Dementia with Bathing (CARE1210)
- Assisting Older Adults Living with Dementia with Grooming (CARE1211)
- Assisting Older Adults Living with Dementia with Dressing (CARE1212)
- Assisting Older Adults Living with Dementia with Oral Hygiene (CARE1213)
- Assisting Older Adults Living with Dementia with Toileting (CARE1214)
- Assisting Older Adults Living with Dementia with Eating (CARE1215)
- Mobility and Falls Prevention for Older Adults Living with Dementia (CARE1216)
- Parkinson's Disease Dementia (CARE1206)
- End of Life Dementia Care (CARE1202)

### **Diabetes Care Certification [3 hours]**

Provide caregivers with the knowledge and skills needed to provide optimal care to older adults living with diabetes. Includes knowledge about the disease process, nutrition/diet, and exercise considerations

- **CareAcademy Classes:**

- Overview of Diabetes Mellitus Care (CARE0503)
- Overview of Nutrition & Food Preparation (CARE0600)
- Obesity & Weight Management (CARE0509)

### **Stroke Recovery Care Certification [5 hours]**

Provide caregivers with the knowledge and skills needed to provide optimal care to older adults who have suffered and/or are recovering from a stroke. Includes activities of daily living, diet/nutrition, and exercise considerations.

- **CareAcademy Classes:**

- Working with an Aging Population (CARE0107)
- Overview of Care After a Stroke (CARE0506)
- Overview of Care After Hospital Discharge (CARE0505)
- Modifying Diets to Assist with Difficulty Chewing (CARE0601)
- Assisting with Range of Motion Exercises (CARE0404)

## Advanced Certifications Cont.

All Advanced Certifications are Available in our Advanced and Complete Packages

### Parkinson's Disease Care Certification [2 hours]

Provide caregivers with the knowledge and skills needed to provide optimal care to older adults living with Parkinson's disease, including Parkinson's disease dementia.

- **CareAcademy Classes:**
  - Overview of Parkinson's Disease Care (CARE0502)
  - Parkinson's Disease Dementia (CARE1206)

### Respiratory Condition Care Certification [2 hours]

Provide caregivers with the knowledge and skills needed to care for clients with common respiratory diseases and conditions. Includes assisting clients with performing ADLs, medications, and safety considerations, as well as observation and reporting considerations.

- **CareAcademy Classes:**
  - Managing Breathing Difficulties (CARE0516)
  - Managing Respiratory Diseases (CARE0519)

### Heart Disease Care Certification [2 hours]

Provide caregivers with the knowledge and skills needed to care for clients with heart disease and other common cardiovascular diseases and conditions. Includes assisting clients with performing ADLs and IADLs and specific considerations for observation and reporting.

- **CareAcademy Classes:**
  - Overview of Heart Disease Care (CARE0501)
  - Advanced Heart Disease Care (CARE0512)

### Behavioral Health Care Certification [7.25 hours]

Provide direct care workers (DCWs) with the knowledge and skills needed to provide optimal care to older adults who are struggling with and/or are recovering from common behavioral health disorders. The certification also prepares DCWs to manage the emotionally demanding and stressful nature of caring for a client living with a behavioral health disorder.

- **CareAcademy Classes:**
  - Improving Caregiver Empathy (CARE0901)
  - Overview of Basic Human Needs (VID0111)
  - Overview of Depression Care (CARE1100)
  - Overview of Anxiety Care (CARE1101)
  - Anxiety in Older Adults Living with Dementia (CARE1218)
  - Caring for Older Adults Living with Hoarding Disorder (CARE1105)
  - Overview of Mental Illness Care (CARE1102)
  - Overview of Substance Abuse in Older Adults (CARE1103)
  - Overview of the Effects of Behavioral Health Medications (CARE1104)
  - Coping Skills for Caregivers (CARE0900)

### Caregiver Burnout Prevention Certification [4 hours]

Provide caregivers with strategies and resources to help them identify sources of stress and signs of burnout and develop coping skills to prevent burnout.

- **CareAcademy Classes:**
  - Recognizing and Preventing Caregiver Burnout (CARE0904)
  - Coping Skills for Caregivers (CARE0900)
  - Managing job-related stress (CARE0902)
  - Time Management & Organizational Skills (CARE0104)

## Advanced Certifications Cont.

All Advanced Certifications are Available in our Advanced and Complete Packages

### End of Life Care Certification [7.6 hours]

Provide direct care workers (DCWs) with the knowledge and skills needed to provide optimal care to older adults at the end of life. The certification also prepares DCWs to manage the emotionally demanding and stressful nature of caring for a client at the end of life.

- **CareAcademy Classes:**

- Overview of End of Life Care (CARE0504)
- Introduction to Palliative and Hospice Care (CARE0525)
- Providing Person-Centered Care (CARE0116)
- Honoring Your Clients' Rights, Self-Determination, and Advance Directives (CARE0209)
- Vital Signs: Part 1 (CARE0206)
- Vital Signs: Part 2 (CARE0207)
- Assisting with the Use of Oxygen (VID0082)
- End of Life Dementia Care (CARE1202)
- Coping Skills for Caregivers (CARE0900)
- Managing Grief After the Death of a Client (CARE0903)

### Cooking Skills for Direct Care Workers Certification [3.7 hours]

Provide DCWs with the knowledge and skills necessary to provide optimal person-centered care to meet clients' dietary needs. Additionally, they will learn basic cooking skills and techniques, and strategies to modify recipes, preparation, and food textures based on client restrictions and preferences. After completion, DCWs will be better equipped to address overall dietary needs based on physical health, restrictions, religion, cultural needs, and preferences.

- **CareAcademy Classes:**

- Overview of Nutrition & Food Preparation (CARE0600)
- Modifying Diets to Assist with Difficulty Chewing (CARE0601)
- Preparing Meals to Meet Cultural, Ethnic, Religious, and Dietary Needs (CARE0602)
- Cooking Skills for Direct Care Workers (CARE0603)
- Kosher Meal Prep (CARE0604)



### About CareAcademy

CareAcademy's mission is to accelerate the world's transition to a caregiver-centric healthcare system by elevating caregivers and enabling excellent health outcomes. With a care enablement platform that offers accessible and engaging training content, streamlined technology solutions, and measurable insights, CareAcademy is transforming the way we train essential caregivers. Founded in 2016 and based in Boston, CareAcademy is trusted by over 2,000 home care, home health and assisted living providers. To learn more, visit [www.careacademy.com](http://www.careacademy.com).