

travelmin 1

トラベルミン1 (大人用)

Category-2 OTC Drug



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Product Description



Motion sickness medicine

- Travelmin 1 is effective at a dose of 1 tablet once a day, helping you to enjoy your trip and to comfortably travel all day long.
- It is a rapidly dispersing formulation that melts away like soda. It can even be taken without water while travelling on a plane, car or ship.
- It contains ingredients that work even after you have started to feel sick. It does not only prevent but also relieves nausea and dizziness due to motion sickness.

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Indications



Prevention and relief of dizziness, nausea, and headache associated with motion sickness

Dosage and Administration

Take the following dose once a day either by chewing the medicine or dissolving it in your mouth. To prevent motion sickness, take the drug 30 minutes before boarding.

| Age | Dosage | Number of doses |
|------------------|---------------------------|-----------------|
| 15 years or over | 1 tablet | Once |
| Under 15 years | Do not take this medicine | - |

Ingredients

Ingredients and their actions

One tablet contains the following ingredients.

| Ingredients | Amount | Action |
|----------------------------------|--------|---|
| Meclizine hydrochloride | 50mg | Suppresses abnormal excitation of the autonomic nerves and vomiting center. |
| Scopolamine hydrobromide hydrate | 0.25mg | Reduces sensory confusion caused by riding in vehicles. |

Additives

Carrageenan, corn starch, D-mannitol, l-menthol, flavor, red ferric oxide, dimethylpolysiloxane, refined stevia extract, cellulose, povidone, silicon dioxide

Precautions

⚠ Precautions for Use

When not to use the product

If you do not follow these instructions, the current symptoms may worsen or adverse reactions/incidents are more likely to occur.

1. This drug should not be taken together with the following drugs:

Other medicine for motion sickness, cold medicine, antipyretics/analgesics, sedatives, expectorant, indigestion and heartburn relief, internal medicine containing antihistamines, etc. (such as internal medicine for rhinitis and medicine for allergies)

2. Do not operate vehicles or machinery after taking this drug.
(Symptoms such as sleepiness, blurred vision, and abnormal brightness may occur.)

Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.

1. Patients undergoing medical treatment from a physician
2. Pregnant women or women suspected of being pregnant
3. The elderly
4. Patients who have experienced allergic symptoms associated with drugs, etc.
5. Persons with the following symptoms:
Urination difficulty
6. Persons diagnosed as having the following:
Glaucoma, heart disease

2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this instruction leaflet to your

physician, pharmacist, or registered salesperson for a consultation.

| Parts Affected | Symptom |
|-------------------------|---|
| Skin | Rash/redness, itching |
| Neuropsychiatric system | Headache |
| Urinary system | Urination difficulty |
| Other | Facial hot flashes, abnormal brightness |

3. The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.

Dry mouth, constipation, drowsiness, blurred vision

Precautions for storage and handling

1. Store in a cool, low humidity place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. Moreover, do not put other drugs in this container. (This may lead to misuse or alter the quality of the drug.)
4. Do not use the product after the expiration date.

Packaging and Price

| Packaging | Recommended retail price |
|-----------|---|
| 3 tablets | 923yen, tax included (839yen, tax excluded) |