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 Store this informational leaflet safely so that it can be read when necessary.



Discovering everything from prevention to cure  
 Eisai.jp

**Designated quasi-drug**

Improving or preventing poor physical condition due to poor nutrition in daily life  
 Poor skin condition (skin roughness or dryness)

# チョコラBB<sup>®</sup>ライト2

## Chocola BB Light 2

- Contains vitamin B<sub>2</sub>, which helps to metabolize fats and convert them to energy, and also amino acids.
- 4.5 kcal per bottle (the same as 1 cherry)
- An ample dose of 100 mL, with a clean-tasting and pleasant flavor.



Package	Recommended retail price (tax included)
100 mL	¥158
100 mL × 3	¥473
100 mL × 10	¥1,577

Related website



[Chocola.com](http://Chocola.com) (in Japanese)

### Indications

- Maintaining and improving physical strength, physical resistance, or mental concentration
- Recovering from and preventing fatigue
- Improving or preventing poor physical condition due to poor nutrition in daily life  
 Becoming tired easily, residual tiredness, lack of physical strength, heaviness in the body, physical malaise  
 Poor skin condition (skin roughness or dryness)
- Nutritional supplementation when physical strength is impaired during or after illness, during exhaustion due to fever, for loss of appetite, during pregnancy or lactation (or before and after labor), etc.

### Dosage and Administration

Age	Dosage	Number of doses
Adult (15 years or older)	1 bottle (100 mL)	Once a day
Child (Under 15 years)	Do not take this medicine	

Precautions for Dosage and Administration

Follow the dosage and administration method. (If using this medicine at the same time as other products with ingredients such as vitamins, be careful not to take excessive amounts)

## Active Ingredients

Active Ingredients (in 1 bottle of 100 mL)

Ingredient	Amount
Vitamin B <sub>2</sub> phosphate ester	15 mg
Vitamin B <sub>6</sub>	5 mg
Vitamin B <sub>1</sub> nitrate	5 mg
Nicotinamide	20 mg
Taurine	500 mg
Glycine	50 mg
L-Arginine hydrochloride	100 mg
L-Lysine hydrochloride	100 mg
Caffeine hydrate	50 mg

### Inactive Ingredients

Sodium benzoate, citric acid, sodium citrate, vanillin, paraben, flavor, acesulfame-K, DL-alanine, erythritol, sucralose, refined stevia extract, propyl gallate, DL-malic acid

### Precautions for Ingredients

Taking this medicine may cause urine to turn yellow, but this is due to assimilation of the vitamin B<sub>2</sub> contained in the medicine, with part of it being excreted in the urine. It is not a cause for concern.



## Precautions

### Consultation Needed for These Cases

1. In the following cases, immediately discontinue the use of this medicine and consult a physician or pharmacist, being sure to take this medicine with you.

(1) If the following symptoms are observed after taking this medicine

Parts affected	Symptom
Skin	Rash
Digestive organs	Stomach discomfort

(2) When symptoms do not improve even after using the medicine for a while

2. The following symptoms may be observed after taking this medicine. If these symptoms persist or worsen, discontinue the use of this medicine, and consult a physician or pharmacist.

Diarrhea

## Precautions for Storage and Handling

1. Store sealed in a cool place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. (It may lead to misuse or alter the quality.)
4. Do not take medicine that has exceeded their expiration date.

Contact us: For inquiries, please complete the Contact Form. We will endeavor to respond to you as quickly as possible, although there may be some delay depending on the nature of the inquiry and other factors.

Contact Form (English only): [https://inquiry.eisai.co.jp/webapp/form/17672\\_sdab\\_2/index.do](https://inquiry.eisai.co.jp/webapp/form/17672_sdab_2/index.do)