

chocola bb light

チョコラBBライト

Designated quasi-drug



• overview

## Product Description

### チョコラBB<sup>®</sup>ライト

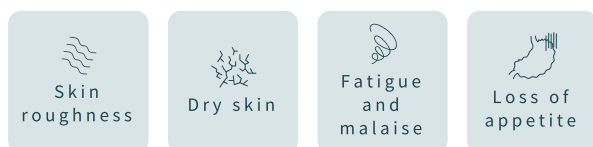
#### Quick-acting care for tiredness!

- Contains vitamin B<sup>6</sup>, which has effects on tiredness and skin by promoting metabolism<sup>※</sup>.
- Contains vitamin B<sup>2</sup>, which helps to metabolize fats and convert them to energy, and also amino acids.
- 4.8 kcal per bottle (equivalent to 1 cherry)
- Clean-tasting, pleasant, fruity flavor. An ample dose of 100 mL.

※Refers to support for protein metabolism

Indications    ▾ Dosage and Administration    ▾ Ingredients    ▾ Precautions    ▾ Packaging and Price

#### Indications



- Maintaining and improving physical strength, physical resistance, or mental concentration
- Recovering from and preventing fatigue
- Improving or preventing poor physical condition due to poor nutrition in daily life
  - ◇Becoming tired easily, residual tiredness, lack of physical strength, heaviness in the body, physical malaise
  - ◇Poor skin condition (skin roughness or dryness)
- Nutritional supplementation when physical strength is impaired during or after illness, during exhaustion due to fever, for loss of appetite, during pregnancy or lactation (or before and after labor), etc.

#### Dosage and Administration

For adults (15 years and older), take 1 bottle (100 mL) once a day.  
Follow the dosage and administration method.  
(If using this medicine at the same time as other products with ingredients such as vitamins, be careful not to take excessive amounts.)

#### Ingredients

Active Ingredients (in 1 bottle of 100 mL)

Ingredients	Amount
Vitamin B <sub>2</sub> phosphate ester	15mg
Vitamin B <sub>6</sub>	10mg
Vitamin B <sub>1</sub> nitrate	5mg
Nicotinamide	20mg
Taurine	500mg
Glycine	50mg
L-Arginine hydrochloride	100mg
L-Lysine hydrochloride	100mg
Caffeine hydrate	50mg

### Inactive Ingredients

Sodium benzoate, ethanol (no more than 0.1 mL), citric acid, glycerin, flavor, acesulfame-K, erythritol, sucralose, refined stevia extract, propyl gallate, DL-malic acid

Taking this medicine may cause urine to turn yellow, but this is due to assimilation of the vitamin B<sub>2</sub> contained in the medicine, with part of it being excreted in the urine. It is not a cause for concern.

### Precautions

#### ⚠ Precautions for Use

#### Consultation

1. If the following symptoms are observed after taking this medicine, these may be adverse reactions, so immediately discontinue the use of this medicine, and consult a physician, pharmacist, or registered salesperson, being sure to take this medicine with you.

Parts Affected	Symptom
Skin	Rash
Digestive organs	Stomach discomfort

2. The following symptoms may be observed after taking this medicine. If these symptoms persist or worsen, discontinue the use of this medicine, and consult a physician, pharmacist, or registered salesperson, being sure to take this medicine with you.  
Diarrhea
3. When symptoms do not improve even after using the medicine for a while, discontinue the use of this medicine, and consult a physician, pharmacist, or registered salesperson, being sure to take this medicine with you

#### Precautions for storage and handling

1. Store sealed in a cool place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. (It may lead to misuse or alter the quality.)
4. Do not take medicine that has exceeded its expiration date.

### Packaging and Price

Packaging	Recommended retail price
100mL	161yen, tax included (146yen, tax excluded)
100mL×3	482yen, tax included (438yen, tax excluded)
100mL×10	1,606yen, tax included (1,460yen, tax excluded)