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 Neither the product nor this informational leaflet will necessarily conform to the laws of countries outside of Japan.  
 This leaflet contains a translation of product information from Japanese. You should read this written explanation before using the product.  
 Store this informational leaflet safely so that it can be read when necessary.



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Category-3 OTC Drug

Relief of spots and freckles

**チョコラBB<sup>®</sup>ルーセントC**

**Chocola BB Lucent C**

チョコラ BB ルーセント C contains 600 mg of vitamin C and 240 mg of L-cysteine to reduce the color of melanin from beneath the skin. By containing vitamins B<sub>2</sub> and B<sub>6</sub>, it normalizes skin metabolism (turnover), alleviating spots and freckles and restoring the skin to its original beauty.



Package	Recommended retail price (tax included)
120 tablet bottle	¥3,278
180 tablet bottle	¥4,378

Related website



[Chocola.com](http://Chocola.com) (in Japanese)

**Indications**

- 1. Relief of the following symptoms:**  
Spots, freckles, and pigmentation due to sunburn or rashes
- 2. Supplementation of vitamin C in the following cases:**  
When physically fatigued, during pregnancy or lactation, when physically weakened during and after illness, and for the elderly
- 3. Prevention of bleeding in the following cases:**  
Bleeding from the gums, nosebleeds

Please consult with a physician, pharmacist or dentists if no improvement is seen in symptoms 1 or 3 after a month of use.

**Dosage and Administration**

Take the following dosage orally before or after meals with cold or hot water.

Age	Dosage	Number of doses
Adult (15 years or older)	2 tablets	3 times a day
Between 7 and 15 years	1 tablet	
Under 7 years	Do not take this medicine	

**Precautions for Dosage and Administration**

When allowing children to take the medicine, a guardian must be present to watch and tell them how to take it.

## Active Ingredients and Actions

The daily adult dose of 6 tablets contains the following active ingredients.

Ingredient	Amount	Action
Ascorbic acid (vitamin C)	600 mg	• Suppresses melanin production, reducing pigmentation.
L-cysteine	240 mg	
Riboflavin Sodium Phosphate (Vitamin B <sub>2</sub> phosphate ester)	15 mg	• Supports healthy skin and mucosa.
Pyridoxine Hydrochloride (Vitamin B <sub>6</sub> )	20 mg	
Nicotinamide	25 mg	
D- $\alpha$ -tocopherol succinate (a natural form of vitamin E)	100 mg	• Promotes blood circulation, boosting the metabolism.

### Inactive Ingredients

Talc, hydroxypropyl cellulose, titanium oxide, magnesium stearate, cellulose, hypromellose, macrogol

### Precautions for Ingredients

1. Administration of vitamin C is known to influence the results of urine and stool tests, so when undertaking urine and stool testing, please inform your physician that you are taking this medicine.
2. Taking this medicine may cause urine to turn bright yellow, but this is due to assimilation of the vitamin B<sub>2</sub> contained in the medicine, with part of it being excreted in the urine. It is not a cause for concern.



## Precautions

### Consultation

1. If the following symptoms are observed after taking this medicine, these may be adverse reactions. Immediately discontinue the use of this medicine and show this informational leaflet to a physician, pharmacist or registered salesperson for a consultation.

Parts Affected	Symptom
Skin	Rash/redness, itching
Digestive organs	Nausea and vomiting

2. The following symptom may be observed after taking this medicine. If this symptom persists or worsens, discontinue taking the medicine and show this informational leaflet to a physician, pharmacist or registered salesperson for a consultation.  
Diarrhea
3. If symptoms do not improve even after taking the medicine for about 1 month, stop taking it and consult a physician, dentist, pharmacist or registered salesperson, bringing this informational leaflet with you.
4. After taking this medicine, menstruation may begin earlier than anticipated, or the amount of menstrual bleeding may increase. If bleeding persists, consult a physician, pharmacist or registered salesperson, being sure to take this informational leaflet with you.

### Precautions for Storage and Handling

1. Store sealed in a dry, cool place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. Also, do not transfer other medications, etc., into this container. (It may lead to misuse or alter the quality.)
4. Moisture may alter the outer appearance of the tablets, so do not handle with wet hands.
5. The packing material inside the container is provided to prevent damage to the tablets during transport. After opening the cap, discard the packing material.
6. A desiccant is included in the container. Do not ingest the desiccant.
7. Do not take tablets that have exceeded their expiration date.
8. From the standpoint of maintaining quality, as a rule of thumb, once the cap has been opened, use the tablets within 6 months, regardless of their expiration date. There is a space marked "Date Opened" on the box's inner flap. Please use that to record the date of opening.

Contact us: For inquiries, please complete the Contact Form. We will endeavor to respond to you as quickly as possible, although there may be some delay depending on the nature of the inquiry and other factors.

Contact Form (English only): [https://inquiry.eisai.co.jp/webapp/form/17672\\_sdab\\_2/index.do](https://inquiry.eisai.co.jp/webapp/form/17672_sdab_2/index.do)