

chocola ad

チョコラAD

Category-② OTC Drug



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チョコラBBブランド情報

製品詳細・添付文書

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overview

## Product Description

# チョコラAD

**For dryness of the eyes, supplementation of vitamins A and D**

More and more people are suffering dryness of the eyes caused by overtaxing the eyes while operating a personal computer or driving a car, as well as by dryness in the room due to air-conditioning and contact lens wear.

Chocola AD is a vitamin preparation that relieves dryness of the eyes and is also suitable for supplementation of vitamins A and D in the case of poor development or disease of bones and teeth.

Small and easy to take soft capsules to be taken 1 capsule per day (after meal).

“For people who are using vitamin A preparation (medicine) and supplement, or food with nutrient function claims”

Indications

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### Indications



Relief of the following symptoms:

Dryness of the eyes

Night blindness (nyctalopia, difficulty to see in the dark )

To treat bone and teeth developmental defects

Prevention of rickets

Supplementation of vitamin A and D in the following cases: during pregnancy and lactation, decreased strength during and after illness, and for growing children and the elderly

\* Revised in January 2020

## Dosage and Administration

Take the following dose with cold or hot water after meals.

Age	Dosage	Number of doses
Adults (15 years or over)	1 capsule	Once a day
Children (under 15 years)	Do not take this medicine	-

## Ingredients

### Active Ingredients and Actions

The daily adult dose of 1 capsule contains the following ingredients.

Ingredients	Amount	Action
Vitamin A oil	4 mg(4,000 IU as vitamin A)	Helps the mucosa in performing its normal functions.
Cholecalciferol	5 µg(200 IU as vitamin D)	Promotes absorption of calcium and facilitates calcium supply to bones and teeth.
d-α-Tocopherol acetate (natural vitamin E)	10 mg	Improves blood flow in the whole body.

### Additives

Glycerin, gelatin, BHA, BHT, cottonseed oil, L-aspartic acid, carnauba wax, medium chain fatty acid triglyceride

## Precautions

### ⚠ Precautions for Use

#### Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.
  1. Patients undergoing medical treatment from a physician
  2. Pregnant women within 3 months of pregnancy, women who are considered to be pregnant or who wish to become pregnant  
(It has been reported that the proportion of congenital anomalies increased in children born to pregnant women who took 10,000 IU/day or more of vitamin A from 3 months before

pregnancy to the third month of pregnancy.)

2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.

Parts Affected	Symptom
Skin	Itching
Gastrointestinal system	Nausea and vomiting

3. The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.  
diarrhea
4. When symptoms do not improve even after taking this medicine for about 1 month, stop taking this medicine and consult a physician, pharmacist, or registered salesperson, being sure to take this instruction leaflet with you.

#### Precautions for storage and handling

1. Store in a cool, low humidity place away from direct sunlight with the lid closed tightly.
2. Keep out of reach of children.
3. Do not transfer to a different container. Moreover, do not put other drugs in this container. (This may lead to misuse or alter the quality of the drug.)
4. Since the capsules that have been touched with wet hands may be deformed and softened due to humidity, etc., do not put them back in the original container. After use, close the cap tightly.
5. A desiccant is included in the container. Do not swallow the desiccant.
6. Do not use the product after the expiration date.
7. From the standpoint of maintaining quality, as a rule of thumb, once the cap has been opened, use the tablets within 6 months, regardless of their expiration date. There is a space marked "Date Opened" on the box's inner flap. Please use that to record the date of opening.

#### Packaging and Price

Packaging	Recommended retail price
50 capsules	1,408yen, tax included (1,280yen, tax excluded)