

SENSORY PLAY

Infants and your toddlers naturally learn through their senses whilst exploring, scanning and listening to their surroundings. Everything is new and play and learning can be supported through a range of simple but safe pieces form the home. Young children begin to make sense and establish a connection with the world around them through playing and exploring these objects.

EXPERIENCE Treasure basket

Find a low sided basket or box that can fit 8 -12 objects you can find from home. You can rotate or add these items overtime to stimulate child's interests in exploring these real-life objects. You can include anything you can find from home as long it is safe and clean for the child to play with.

Ensure a clear and uncluttered space for the child to explore the treasure basket. Set up a peaceful and calm environment which allow the young children to feel relaxed and comfortable to explore their playtime.

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LEARNING

This open-ended play experience, allows children to manipulate objects using their senses. The child gets to decide and choose which objects to play with by grabbing, rolling and moving around the objects, which develop their hand-eye coordination, motor skills and muscle control. The experience is all about children following their own interests and curiosity in discovery and exploration of the real-life objects, forming information about the world around them.

RESOURCES

Examples of object include bangles, hair-rollers, metal teapot, wooden saucer, ribbons, napkin ring, wooden pegs, silicone patty cake cases, coasters, small metal round bowl.

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