

# COOKING

Cooking supports children's learning across many domains, including numeracy skills such as measurement and counting. Enhancing thinking and language skills, following a sequence, and experiencing cause and effect.

## EXPERIENCE

### NO-BAKE CAKE

#### METHOD

- Combine the butter, chocolate and golden syrup in a saucepan.
- Slowly melt the ingredients, being careful not to boil them.
- Place the biscuits into the plastic bag and crush them with a rolling pin.
- Combine the biscuit crumbs with the other ingredients and mix with a wooden spoon.
- Spoon the mixture into the greased baking tin.
- Leave it in the fridge to set.
- Once set, cut into squares and eat.

AGE GROUP  
3-5  
YEARS

## TIPS

### Including your child in cooking

- Children can add seasonal fruits like berries as a cake topping.
- You can replace the biscuits with other alternatives you may have in your pantry.
- Encourage children to contribute to the process by measuring, stirring, stamping and scoping.

## RESOURCES

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- 100g butter
- 100g dark chocolate
- 1 tbsp golden syrup
- 225g wheat meal biscuits