

# Discovering

# ART, MUSIC & DRAMA

Art, music and drama experiences stimulate both sides of a child's brain, and provides opportunity for social, emotional, physical and cognitive learning. These experiences increase attention, memory and concentration which all aid in further skill development such as reading and mathematics. Through art, music and drama experiences the body and mind work together.

## EXPERIENCE

### Musical statues

Find a place to dance and move your bodies. Play your favourite music. When the music stops be as still as a statue, encourage your child to freeze until the music plays again.

Age Group

**2-5  
YEARS**

## LEARNING

How is this supporting my child's learning?

Children develop an understanding of fast and slow tempo in music and learn creative ways to be expressive to music.

## RESOURCES

What do I need?

Any of your favourite music, include music which has a range of tempos (fast and slow).