

Discovering

ART, MUSIC & DRAMA

Art, music and drama experiences stimulate both sides of a child's brain, and provides opportunity for social, emotional, physical and cognitive learning. These experiences increase attention, memory and concentration which all aid in further skill development such as reading and mathematics. Through art, music and drama experiences the body and mind work together.

EXPERIENCE

Pretend to be...

Find a place in the garden to sit or lie perhaps on a picnic rug. Sing the simple lyrics of "Sleeping, sleeping, all the children (or your child's name) is sleeping... And when they wake up, they were a... ? Choose a range of animals or characters e.g. dog, fireman, cat, shark, robot etc.

Age Group

2-5

YEARS

LEARNING

How is this supporting my child's learning?

This is a fun game which supports children's creativity, movement and imagination. Children will also develop their listening skills through playing this game.

RESOURCES

What do I need?

A space large enough to move your body from lying to standing.