

No-Cook Playdough

For ages: Toddlers & Preschool

Young children use their senses to explore the world around them. They do this by touching, tasting, smelling, seeing, moving and hearing. Playdough is the ideal material sensory learning experiences to support: building fine motor skills, strengthening hand/eye coordination, developing and extending focus and concentration, and supporting inner balance and calmness. Playdough is a staple in preschool classrooms. With just a few basic ingredients you and your child can make playdough to reap learning benefits while having a grand time!

Materials You'll Need

- 2 cups flour
- 1 cup salt
- 1 cup water
- Food coloring



Directions

1. Combine dry ingredients
2. Stir in water until dough is formed
3. Add food coloring until preferred shade is achieved
4. If dough is still too sticky, add flour $\frac{1}{4}$ cup at a time until consistency is correct