#### The Art of Love Massage

Luxury massage for you & yours starting with dry body scrubs using organic powders and silk gloves.
You both then receive aroma filled Swedish massages with scents of lavender or vanilla.



#### Sacred Stone Massage

All tensions dissolve as sacred river stones are comfortably warmed, applied with soothing massage strokes & placed on energy centers found on the body. Come into balance as they neutralize tension & dissolve energy blocks, reconnecting you in total peace & well being.



# Deep Tissue Massage

A Swedish type massage, but with deeper pressure. Beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons & fascia.



# Swedish Massage

Enjoy soft, long, kneading strokes, as well as light, rhythmic, tapping strokes, on topmost layers of muscles. The massage is also combined with movement of the joints. By relieving muscle tension. Swedish therapy is both relaxing and energizing.



## Body Bliss

This shoulder to shin body rub down softens the skin with self heating, sinus clearing peppermint, eucalyptus, essential oils and sea salt.



### Keyonna Cocoon Body Treatment

A gentle boy scrub with naturally derived coconut oil & mint followed by a soothing full body massage & body wrap. While in your Cocoon, you also receive a head & foot massge. This treatment is hydrating & calming, polishing away surface cells & skin dulling impurities, leaving skin soft & smooth.



# Bamboo Massage

Bamboo sticks are used to give a deep firm massage. Stubborn muscles pain and tension melt away as muscles are massaged and kneaded using a method similar to a deep tissue massage.



#### Herbal Poultice Massage

A warm herbal compress filled with organic herbs &spices is steamed & applied directly to the body with a variety of specialized techniques. The heat, combined with the herbs are absorbed by the body & provide healing, nutirent-rich relaxation to the skin & muscles while promoting harmony of the body's energy flow



# Stress Free Massage

The aromatic scent of lavender with a Swedish body massage helps reduce muscle tension & increase circulation to lull you into a total state of relaxation.



# Hydrating Facial

This treatment helps alleviate excessive dryness & restores moisture to the skin. Benefit from clearer skin, diminished fine lines, better skin tone & firmness.



## Deep Tissue Massage

A Swedish type massage, but with deeper pressure. Beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons & fascia.



# Back Massage

Alternating levels of light to medium pressure are applied to muscles and problem areas to relax and relieve tension.



# Indian Head Massage

This treatment uses & adapts classic Swedish massage techniques for treating scalp, face, neck, shoulders & upper arms. It works on the areas of the body that are most affected by stress. While the treatment is just on the upper part of the body, its effects are felt throughout the mind and body.



# Foot Reflexology Massage

Enjoy soothing pressure applied to specific points on the feet in order to relieve stress, pain or soreness. Reflexology not only benefits the feet but also positively impacts various other parts of the body.



#### Pedicure

A therapeutic treatment for your feet that removes dead skin, softens hard skin & shapes & treats your toenails.



### Manicure

A moisturizing skin treatment of the hands including cuticle neatening, nail filing & the application of polishes.



### Re-polish

An express manicure to include removal of old polish, nail shaping, buffing, cuticle detailing & choice of polish.



# Parallin Foot Treatment

A soothing treatment in which the feet are submerged in a warm mixture of paraffin, a petroleum-based wax & mineral oil. This warming treatment soothes aching joints & improves circulation & the combination of oil & wax softens rough skin.



ALL PRICES ARE QUOTED IN US DOLLARS AND INCLUSIVE OF TAXES.

