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continue our success.*



Hello and welcome to March!

I know I say it often, but it is truly amazing how fast the time flies. I think we can all agree that considering just how busy everyone is helps contribute to this feeling!

You know the old saying that March comes in like a lion and goes out like lamb? Well, I believe given all that everyone is doing to contribute to our success, not only are we coming into the month strong, but we will continue that through the end of the month, and the remainder of the year.

Despite some recent wintry weather, we have a few positive dates on the calendar to look forward to and get us all looking forward to spring. Next week, we set our clocks forward, gain an extra hour of sunlight, and with that comes longer days, and hopefully, a slow but pleasant change in the weather.

Perhaps most anticipated for me is March 28. If you don't know already, it's opening day of baseball – a true sign of spring if ever there was one - and the beginning of another possible championship season for the Red Sox!

In case you missed it, the point of my message today is one of optimism and forward-thinking. We have good reason to be optimistic and looking ahead to continue our success. It's a common theme for me but one that I believe should drive us in everything we are doing.

It's heartening for me to travel across CNE and in the community and witness that same sense of renewed optimism from you and those we serve and partner with across the region.

Keep up the good work!

Sincerely,

James E. Fanale, MD  
President and Chief Executive Officer

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## Nurse Recruitment



Kent Hospital is launching an exciting new recruitment effort aimed at attracting qualified nurses to an array of nursing positions throughout the hospital. In addition, we are pleased to offer an enhanced employee referral bonus program in conjunction with this outreach. With this new program, qualified staff will receive \$7,500 paid over three installments of \$2,500 each at the new hire's three, six, and 12-month employment milestones.

This incentive applies to staff who successfully refer benefit-eligible nurses hired in the following areas: critical care, emergency and surgical services, float pool, medical surgical, and mother/baby, nurse educators and leadership positions including associate chief nursing officer, nurse director, and assistant nurse managers.

In addition, beginning Tuesday, March 12, Kent will host walk-in interview days, every Tuesday from 11 a.m. to 2 p.m. in the Doctors' Auditorium B. There will be an opportunity to meet with recruiters, have an on-the-spot interview, and learn much more about the nursing positions at Kent.

It can be challenging to find staff to fill these positions. We hope you will serve as hospital ambassadors and draw from your personal talent pool of friends, professional contacts, and others whom you believe have what it takes to join Kent and be a part of our energized and focused team concentrating on clinical excellence, quality and safety, professional development and education, collaboration and teamwork.

You will be seeing and hearing much more in the weeks ahead. In the meantime, if you have any questions, please stop by HR or call 680-4400, option #9.

## Colon Cancer Awareness Month



Did you know colorectal cancer is the second leading cause of cancer deaths in the United States?

According to the American Cancer Society, colon cancer will cause around 51,020 deaths in 2019. What's even more astounding: more than 60 percent of colorectal cancer deaths could be avoided with preventative screening.

The good news is that the death rate from colorectal cancer has been dropping in both men and women for several decades. One of the likely reasons for this is that colorectal polyps are now being found more often by preventative screening and removed before they can develop into cancers or are being found earlier when the disease is easier to treat. However, we can do much more to increase awareness and encourage others to have a colonoscopy.

Men and women should be screened for colon cancer beginning at age 50, age 45 if you are African American. People with personal or a family history of colon cancer, inflammatory bowel disease, or who experience symptoms are considered high-risk and should begin screening before 50.

Care New England offers a number of services and programs around colonoscopy and gastrointestinal health under the leadership of Kent Hospital's Dr. Melissa Murphy and Women & Infants Hospital's Dr. Christy Dibble.

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- Early colon cancer may have no symptoms.
- Colon cancer is mostly preventable.
- Screening saves lives.

What you can do:

- Get screened at age 50, or at age 45 if you are African American. Get screened earlier if you are at high-risk. Consult your primary care provider.
- Maintain a healthy weight.
- Adopt a physically active lifestyle.
- Don't use tobacco products.
- Limit alcohol intake.

To kick-off Colon Cancer Awareness month, we asked employees to wear blue on Dress in Blue Day last Friday to help spread the message that screenings save lives. Below are some of the pictures we received which were also shared to Care New England's Instagram and Facebook pages.

**Stay tuned for more upcoming Colon Cancer Awareness Month events and activities, including the Strollin' Colon!**



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## THE PROVIDENCE CENTER

### The Providence Center School highlighted students' artwork during Black History Month

As Black History Month came to a close, The Providence Center School (TPCS) shared some artwork created by their students. This particular project was called "Color Field Paintings," based on artist Alma Thomas, an African-American expressionist painter and art educator, best known for her colorful abstract compositions.



TPCS offers a unique learning environment for children in grades Pre-K through 12 who are experiencing acute behavioral and emotional symptoms. Their mission is to prepare students to successfully return to their community school, enroll in less-restrictive programs, graduate from high school, pursue higher education, or join the workforce.

For information about the TPC School, call (401) 276-4169 or email Stacy Perin at [sperin@provctr.org](mailto:sperin@provctr.org).

## WOMEN & INFANTS HOSPITAL

### Rhode Island Breastfeeding Coalition presents: Pearls of Wisdom, Back to Basics Breastfeeding Conference 2019

Monday, March 25 | 7:30 a.m. to 5 p.m. | Women & Infants Hospital



**General admission** – \$135; **doula rate** – \$100. Contact Tonya Tyler for discount code at [Tonyatytl@gmail.com](mailto:Tonyatytl@gmail.com).

To register visit [ribreastfeeding.org](http://ribreastfeeding.org).

#### Sessions:

- "Breastfeeding Support for the Healthcare Community"
  - Courtney Bilodeau, MD, IBCLC, FACP, and Chelsea Shea, CNM
- "The Art of Therapeutic Breast Massage in Supporting Breastfeeding"
  - Maya Bolman, RN, BA, BSN, IBCLC
- "HAND-ling the Pain: Therapeutic Breast Massage in Lactation: Research and Case Reviews" – Maya Bolman, RN, BA, BSN, IBCLC
- "Epigenetic Influences of Maternal Behavior on Infant Stress Reactivity"
  - Kathleen Hawes, PhD, RN
- "Sudden Infant Death and Bedsharing: Where are the real risks?" – Melissa Bartick, MD, MSC, FABM
- "The Cost of Suboptimal Breastfeeding" – Melissa Bartick, MD, MSC, FABM

## KENT HOSPITAL

### Ecumenical Ash Wednesday Service

March 6, 2019 | 3:30 p.m. | Doctor's Auditorium A

Ashes will be distributed to patients in their rooms upon their request.