

SEPTEMBER 17, 2018 | VOLUME 8 | ISSUE 38

I hope that, like me, you take pride in seeing your colleagues speaking so highly of the care being provided here at Care New England.



Late last month, we ran an article right here in *carenews* about the 10 CNAs who were recently hired as nurses. All 10 pursued their nursing degrees and then chose to further their careers at Kent Hospital, the same hospital where they began as CNAs. It was a wonderful highlight of how we recruit from within.

This week we will be launching a new campaign to help recruit new—and seasoned—nurses into roles at Kent Hospital and across Care New England. In developing this campaign we got to hear stories of inspiration, dedication, and perseverance leading to a rich and rewarding career in nursing. Consider these quotes:

"Nursing can be hard work, but it touches your heart...I love what I do."

"You can start out at the bedside on a med/surg floor, and then advance your career by going into critical care nursing or home care."

"I love the fact that there's something different every day."

"You're able to help your neighbors and friends when they come in, and it's a great feeling for people to know that you're a nurse and that you can be a resource for them when they need you."

These are real quotes, from real nurses who work in a variety of settings at Kent Hospital and who are being featured in a series of videos focused on nursing opportunities here. You can see the videos at <http://carenewengland.org/nursing/nursing-stories.cfm>. In total, our marketing team interviewed 12 nurses from the Emergency Department, education, cath lab, detox unit, operating room, PCU, oncology, and the VNA's hospice program. All will be making an appearance in the campaign, with plans to produce similar videos featuring nurses at Butler and Women & Infants hospitals in the coming months.

When I watched these videos, what strikes me is this—each and every one who was interviewed focused their comments on the patients; they spoke of how they impact patient care, but also how the patients have

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made an indelible mark on them. They spoke about their pride in this organization and the opportunities that exist here. This week and throughout the year to come, we will be posting snippets from these videos on Facebook and LinkedIn, encouraging folks to check out our current nursing opportunities.

I hope that, like me, you take pride in seeing your colleagues speaking so highly of the care being provided here at Care New England. Please take some time to view this personal and important new outreach. Thanks again and have a great week!

Sincerely,



James E. Fanale, MD
President and Chief Executive Officer



BUTLER

National Suicide Prevention Month



September is National Suicide Prevention Month, and Butler Hospital is partnering with the Hospital Association of Rhode Island (HARI), Office of Rhode Island Governor Gina Raimondo, Rhode Island Department of Health, and the Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals to bring awareness to emotional health. In doing so, Butler

Hospital will be involved in the 'The Campaign to Change Direction' (<https://www.changedirection.org>) an initiative that strives to help us recognize that our emotional health is as important as physical health; to create a common language that allows us to recognize the signs of emotional suffering in ourselves and others; and to encourage us to care for our emotional well-being and the emotional well-being of others.

To help bring awareness at Butler, the cards pictured above will be distributed to employees and patients. This message provides some simple guidelines that help identify warning signs that someone might be struggling with mental illness and in need of care and support. The campaign is designed to make mental illness recognizable to encourage us all to start the conversation when we are concerned that someone is at risk. Posters will be displayed throughout Butler to encourage the sharing of the sharing of these cards beyond the campus to friends and family members.

THE PROVIDENCE CENTER

TPC clinician to present at US DOJ conference in Washington, D.C.

Next month, The Providence Center (TPC)'s Jessica Zira will represent TPC and the Providence Police Department (PPD) at the Strategies for Policing Innovation (SPI) national meeting in Washington, D.C. Zira serves as the lead clinical therapist for TPC's Community Diversion partnership with local police departments, a program that aims to reduce recidivism in the use of emergency services by those suffering from alcohol or drug addiction and mental health issues.

An initiative of the Department of Justice, the nationwide SPI project is designed to assist police departments with identifying innovative and evidence-based solutions to effectively and efficiently tackle chronic crime problems in their jurisdictions. Zira, who serves as the SPI grant project coordinator, will give a presentation highlighting the work that has been done so far.



Left to right: TPC Police Clinicians Maureen Gouveia and Jessica Zira

In addition to Providence, TPC's Community Diversion Program is in partnership with the Warwick and West Warwick Police Departments. The Providence program currently has two police clinicians and a case manager, and another case manager will be added in the second year of the program.

Internal Medicine specialist joins Women & Infants Center for Obstetric and Consultative Medicine



Board certified internal medicine specialist Gofran Tarabulsi, MD, has joined Care New England Medical Group (CNEMG). She is practicing at Women & Infants Hospital's Center for Obstetric and Consultative Medicine (<https://bit.ly/2MFlddJ>) and at the hospital's Integrated Program for High Risk Pregnancy (<https://bit.ly/2MlhOMm>).

Dr. Tarabulsi received her medical degree from King Abdulaziz University in Jeddah, Saudi Arabia and completed her residency in internal medicine at West Virginia University in Morgantown, WV. She completed a fellowship in obstetric and consultative medicine at Women & Infants Hospital, The Warren Alpert Medical School Brown University.

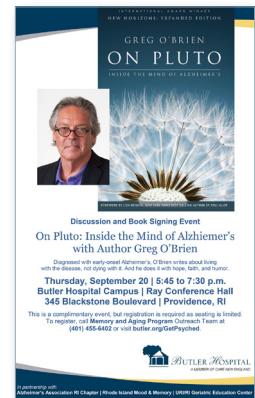
Dr. Tarabulsi's primary interest includes medical disorders in pregnancy that may induce hypertensive disorders, cardiac disease, and diabetes during pregnancy, as well as providing preconception counseling for women with chronic conditions including thyroid disorders and autoimmune rheumatological diseases. Her research interests include preeclampsia and the long-term effect on kidney function, as well as gestational diabetes.

BUTLER

Butler Hospital hosts "On Pluto: Inside the Mind of Alzheimer's" with author Greg O'Brien

Thursday, September 20 | 5:45 to 7:30 p.m. | Butler Hospital Ray Conference Hall

Join us for a discussion and book signing with award-winning investigative reporter and author Greg O'Brien. Diagnosed with early-onset Alzheimer's, O'Brien writes about living with the disease, not dying with it. And he does it with hope, faith, and humor. Greg has served on the national Alzheimer's Association Early Onset Advisory Group, is a patient advocate for the Cure Alzheimer's Fund of Boston, and is a board member of the distinguished "UsAgainstAlzheimers" in Washington, D.C. He writes eloquently in his book "On Pluto," an illuminating, naked, and honest account of living with Alzheimer's. The book also explores, in real time, a sequence of ongoing progressions, the penetrating narratives of others nationwide in this disease, the counsel of world experts, and first-person reflections from family and caregivers about the hope of living with Alzheimer's, the struggles of the journey, and the peace of unconditional love. Come meet Greg and hear from him personally what this journey has meant to him and his family.



This is a complimentary event, but registration is required as seating is limited. To register, call Butler Hospital's Outreach Team at (401) 455-6402 or register at <https://bit.ly/2D4VEVe>. Hosted by Butler Hospital's Memory and Aging Program, in partnership with Alzheimer's Association RI Chapter, Rhode Island Mood & Memory, and URI/RI Geriatric Education Center.

CARE NEW ENGLAND WELLNESS CENTER

Care New England Wellness Center holds diabetes outpatient education session

A new diabetes diagnosis or ongoing difficulty managing your diabetes can often be overwhelming. The CNE Wellness Center is offering a five-week session that focuses on developing the knowledge and skills necessary to manage diabetes and decrease the likelihood of complications.



Classes will begin on **Thursday, September 27** and are held from **10 a.m. to noon and 6 to 8 p.m.** Registration and a physician's prescription are required. To register, call (401) 732-3066.

September screening dates for discounted 2019 health insurance contributions

Learn your cholesterol, HDL, LDL, triglycerides, fasting glucose, HbA1c, and nicotine levels through a free blood draw for Flex benefit-eligible employees (all non-union and VNA employees) plus blood pressure and BMI check. All information is CONFIDENTIAL and handled by a third-party provider, eHealthScreenings.

They will provide your individual results directly to you. eHealthScreenings will provide us with an aggregate report that batches all results so that we have a total picture of our employees' health and can better design our Flex for Life wellness programs. The bottom line is a healthier you—and a healthier workforce! To earn your \$50 per month discount, all you need to do by September 30, 2018 is (not required for dependents):

- Complete your biometric screening.
- Prove that you are tobacco-free or enrolled in a tobacco cessation program.
- Designate/update your primary care physician. A list of primary care doctors will be available online at <http://www.ehealthscreenings.com/signup>.

If you prefer, you have the option of manually submitting results completed at your doctor's office using an approved lab, including all Care New England labs. Sign up for one of our free, confidential, and private biometric screenings by scheduling an appointment online. Screenings will be held throughout August and September.

To register visit, <http://www.ehealthscreenings.com/signup> when registering use screening key CNE03. The first 50 people to register online will each receive two movie tickets! To register by phone call eHealthScreenings at 1-888-708-8807, ext. 1.

Butler – Gift Shop Area

Remaining sessions:

Monday, September 17 | 11 a.m. to 4 p.m.

Wednesday, September 26 | Noon to 4 p.m.

Kent Hospital – Trowbridge Conference Room 102/103

Tuesday, September 18 | 9 a.m. to 2 p.m.

Kent Hospital – Doctors' Auditorium A

Friday, September 28 | 1 to 6 p.m.

The Providence Center – 520 Hope St., Community Room

Wednesday | 8 a.m. to 4 p.m.

Thursday | 1 to 4 p.m.

The Providence Center – 10 Orms St., Providence, Community Room

Wednesday, September 12 | 8 a.m. to noon

VNA of Care New England – Large Conference Room

Wednesday, September 26 | 8 a.m. to noon

Women & Infants – SIM Center, Area A (Level 0)

Tuesday, September 18 | 3 to 6 p.m.

Wednesday, September 19 | 7 a.m. to 1 p.m.

Tuesday, September 25 | 3 to 7 p.m.

Friday, September 28 | 7 a.m. to 1 p.m. 