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The growth in our orthopedics program is just one of many areas we continue to enhance as we continually seek to better serve our community and our patients.



Today marks an exciting new initiative in our efforts to provide patients with the best possible care. I am pleased to share with all of you that we have undertaken a major expansion of Care New England's orthopedic services. As you all know, this is an exciting time in health care and here at CNE. The growth in our orthopedics program is just one of many areas we continue to enhance as we continually seek to better serve our community and our patients.

As we grow our Department of Orthopedic Surgery and Sports Medicine, today we also launch a supporting marketing effort to highlight our orthopedics team as well as our physician group, Care New England Medical Group. You will likely be seeing and hearing a number of new advertising efforts including radio, billboards on both Routes 95 and 295, RIPTA buses, local newspapers, and plenty of social media, as well as brief video conversations with many of our highly skilled [orthopedic surgeons](#).

This week we will also launch our new [CNEMG website](#), which will continue to grow and become a community resource for accessing the best care in the region. Finally, we will also re-introduce our CNEMG newsletter titled *CNEMG News*, which will be published every two months and will highlight new physicians, innovations, referral information, ancillary services, and more.

We will be highlighting other key service lines in the months ahead, and look forward to telling you more about them and our growing team of CNEMG doctors and other providers. For now, I have included here some photos of our new advertising campaign and the press release announcing the new orthopedic physicians.

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Care New England announces major expansion of orthopedics services

Care New England Health System is expanding its orthopedics services with the addition of six new physicians to its Department of Orthopedic Surgery and Sports Medicine. The physicians, all members of the Care New England Medical Group, will practice out of Kent Hospital and see patients in Pawtucket and Lincoln, RI, and in Attleboro, MA.

The new physicians are Steven Blazar, MD, orthopedic surgeon and spine specialist; David Cicerchia, MD, orthopedic surgeon and spine specialist; Jonathan Gastel, MD, orthopedic surgeon and specialist in sports medicine and trauma; Steven Graff, MD, orthopedic surgeon and specialist in hand and upper extremity; Maher El-Khatib, MD, specialist in pain management; and Ana Mata-Fink, MD, orthopedic surgeon and shoulder and elbow specialist.

"There has never been a more exciting time in our department, as we continue to bring cutting-edge technology and state-of-the-art surgical techniques to the patients of Rhode Island and Southeastern New England," said Robert Shalvoy, MD, executive chief of orthopedic surgery and sports medicine. "We are very pleased to welcome these highly trained doctors to our department, which already includes some of the brightest and best-trained physicians and surgeons in the region, focused on listening, educating, and collaborating with patients and other caregivers to deliver quality, patient-centered care that is uniquely designed to meet the needs of each individual." The new physicians are:



Steven Blazar, MD is board certified in orthopedic surgery, went to medical school at Boston University and was fellowship trained in spine surgery at Boston's New England Baptist Hospital. Specializing in minimally invasive outpatient spine surgery, Dr. Blazar has more than 30 years of experience in adult inpatient deformity and reconstructive spine procedures from the neck to the low back. As the first spine surgeon in Rhode Island to implant an artificial disc, he has maintained his skills in the most advanced and evidence-based treatments for diseases of the spine. Dr. Blazar works collaboratively to incorporate a wide range of non-surgical services, including anesthesia pain management, non-narcotic medication trials, chiropractic, acupuncture, neuromuscular massage therapy, functional rehabilitation, and wellness behavioral intervention.

David Cicerchia, MD completed his medical and surgical training at Boston University, and a spine surgical fellowship at Boston's New England Baptist Hospital. His advanced training and fellowship is in the surgery of the spine, which includes disorders of the cervical, thoracic, and lumbar area, specializing in minimally invasive and robotic surgery as well as intra-operative computer navigation. Dr. Cicerchia is conservative in his approach, choosing to first exhaust the many non-operative treatments such as physical therapy, chiropractic, anesthesia pain management, non-narcotic pain medication, acupuncture, massage therapy, and functional rehabilitation.



Jonathan Gastel, MD, who is board certified in orthopedics and subspecialty certified in sports medicine by the American Board of Orthopedic Surgeons, has been practicing in Rhode Island since 1999. As a specialist in sports medicine, he has served as the orthopedic sports medicine team physician for Division I Bryant University since 2001, and previously as the Rhode Island College team physician. Dr. Gastel's sports medicine and orthopedic trauma training includes orthopedic residency training at Brown University, sports medicine fellowship training at The Cleveland Clinic, and orthopedic trauma fellowship at Brown University/Rhode Island Hospital. He received his medical school education at the University

New orthopedic facility opens on Butler Campus

Care New England has expanded its orthopedic surgery and sports medicine services in Providence, opening a state-of-the-art facility on the Butler Hospital campus at the end of last month. CNE's Department of Orthopedic Surgery and Sports Medicine will continue to maintain its presence at both the Care New England Medical Group Primary Care and Specialty Services building in Pawtucket, and the Kent Ambulatory Services Pavilion in Warwick.



"We consider our new location to be the ultimate orthopedic and musculoskeletal practice site," said Robert Shalvoy, MD, executive chief of orthopedic surgery and sports medicine at Care New England. "With easy parking and the availability of on-site x-rays, we're putting the needs of our patients first and are looking forward to continuing to provide the best orthopedic care possible."

Orthopedic, sports medicine, and hand surgery consults are available Monday through Friday by appointment. The new practice is located in the CNEMG Specialty Services building, 100 Butler Drive, Providence, RI, 02906. Appointments and referrals can be made by calling (401) 729-2800.

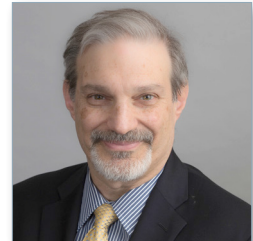


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of Rochester where he was honored by admission to the Alpha-Omega-Alpha Honor Society and graduated magna cum laude from Yale University. Dr. Gastel treats a variety of conditions that are both sports and non-sports-related involving the upper and lower extremities, a majority of which involve the knee and shoulder. He also treats a variety of injuries/conditions including the elbow, hip, and foot including tennis elbow, tendinitis, ankle sprains, and fractures.

Steven Graff, MD is board certified in orthopedic surgery. He attended medical school at the Columbia University College of Physicians and Surgeons, completed his internship in general surgery at Brigham and Women's Hospital/Harvard Medical School, and his fellowship at The Indiana Hand Center. He began his orthopedic practice in Rhode Island in 1994. He received a Certificate of Added Qualification in Hand and Microvascular Surgery from the American Board of Orthopedic Surgery in 1997. This additional certification designates him as an expert in the various aspects of upper extremity surgery. While his practice incorporates seeing all aspects of orthopedic surgery patients in the office, his surgical practice is strongly focused on the upper extremity from just below the shoulder to the hand. Conditions that he treats include but are not limited to fractures, dislocations, significant ligament injuries, significant tendon injuries including complete rupture and laceration, tendonitis, all forms of arthritis, neurologic problems involving the upper extremity including nerve compression syndromes and nerve trauma, the evaluation and treatment of abnormal lumps and bumps in the upper extremity, infections, and nail disorders.



Maher El-Khatib, MD is board certified in anesthesiology and pain management, and has more than 14 years of experience in established practices treating a wide range of conditions and all types of pain, cancer-related pain, and pain after surgery. He takes a holistic approach to treating his patients, with a goal of reducing pain as well as helping patients achieve a better quality of life, including increased physical activity, improved sleep, and overall life enjoyment. Dr. El-Khatib attended medical school at the American University of Beirut before completing both his residency and internship at Texas Tech University. Dr. El-Khatib feels strongly that patients do not need to live in pain. After diagnosis, he discusses optimal approaches to managing pain and potential treatment options such as physical therapy, medication, nerve blocks, injections, radio frequency ablation, kyphoplasty, spinal cord stimulators, or surgery.

Ana Mata-Fink, MD is a board eligible orthopedic surgeon with subspecialty fellowship training in shoulder and elbow surgery. She attended medical school at Harvard University and finished both her residency and internship at Dartmouth-Hitchcock Medical Center. Dr. Mata-Fink has been practicing in Rhode Island since 2016, focusing on injuries and arthritis of the shoulder and elbow. Common conditions she treats include rotator cuff tears, shoulder instability, shoulder and elbow arthritis, and fractures. She has advanced training in conventional and reverse shoulder replacement, elbow replacement, and arthroscopic shoulder surgery.



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Care New England Orthopedics and Sports Medicine offers highly skilled care to patients of all ages with musculoskeletal defects and injuries, including those that happen while playing sports, with offices in Lincoln, Pawtucket, Providence, and Warwick, RI and in Attleboro, MA.

Other providers include: Razib Khaund, MD, director of sports medicine; Norman Kornwicz, MD, specializing in total hip and knee replacement, arthroscopy, and fracture care; Philip Reilly, MD, specializing in sports medicine and arthroscopic treatment, particularly knee and shoulder; Robert Shalvoy, MD, executive chief of orthopedic surgery and sports medicine; Jessica Morse, PA-C, specializing in orthopedic surgery; and Richard Peloquin, PA-C, specializing in orthopedic surgery.

For more information, visit <http://carenewengland.org/orthopedics>. For appointments, call (401) 729-2800.

Thanks and have a great week!

Sincerely,

James E. Fanale, MD
President and Chief Executive Officer

Compassion between colleagues

Last week, Diane Rafferty shared a story in Women & Infants' *Vital Signs* from John O'Reilly, safety officer, stating the story, "truly shows the dedication and compassion of our staff not only in caring for our patients, but also in caring for each other." Below is an abridged version.

On Wednesday June 6, at 9:15 a.m., operating room nurse Charlene Henderson was returning from the cafeteria with a breakfast sandwich, taking a bite as she entered the elevator. Charlene was having a great morning celebrating the birth of her first grandchild and was feeling great overall. All that changed as Charlene started to choke on the bite of sandwich and she realized she was not breathing. Self-aware of the urgency of this full obstruction, she backed out of the elevator and dropped the tray of food and utensils onto the basement hallway floor.



Meanwhile, security associate Laura McCormick was monitoring the basement/tunnel security post with her back to the elevators. Hearing the commotion, Laura turned and immediately identified the urgency of the situation. Laura immediately summoned help for her colleague in distress by shouting out the phrase "CODE BLUE," seeking assistance from others nearby. She then called the 4-2222 emergency number for the Code Blue team to respond.

As luck would have it, fellow OR staff colleague Jeff Fontes was in the area and responded immediately to the call for assistance. Jeff swung into action without hesitation, using his lifeguard training to identify a true medical emergency. Jeff approached and assessed the situation determining that the Heimlich Maneuver was needed right away. He asked the victim if she consented to the Heimlich; and though she was unable to speak, Charlene offered a most emphatic nod of the head. Jeff then immediately administered four abdominal thrusts dislodging the food to a partial obstruction condition.

Food and Nutrition lead Diana Yekelchik, whose office is near the basement elevators, heard the commotion and, seeing something was wrong, also called the 4-2222 emergency response number and then scrambled to find a health care provider in the immediate area. It is then that Yekelchik alerted OR nurse Leanne Quattrucci who was on her way from a routine visit to the cafeteria. Leanne proceeded to the patient's side to offer assistance. With the airway still not open, Leanne took over for Jeff on the effort to assist her colleague, herself administering the abdominal thrusts in seeking to allow the passage of air into the lungs. At this point, the responding Code Blue response team arrived at the patient's side where they found a nurse-now-patient, who was conscious, alert, and breathing sufficiently. The Code Blue responders offered a thorough on-site assessment and determined the next course of action for Charlene's care.

From the basement, Charlene was quickly transported to the Women & Infants Emergency Department where she was triaged, assessed, and discharged within a few hours. While in the ED, many members of the worried W&I family members dropped by to check on their dear friend and loyal 41 year hospital employee. They found her sore, understandably a little rattled, but in good spirits overall.

Charlene reflects on the incident with an immense sense of gratitude offering spiritual thanks for all the people who rendered aid to her on that fateful day. She is especially thankful to Laura McCormick who sounded the alarm, Diana Yekelchik who brought a skilled nurse to the scene, Jeff Fontes who recalled training he had received 12 years earlier, and Leanne Quattrucci whose nursing skills honed through the years helped allow the new grandmother a new lease on life and a chance to hold her beautiful newborn granddaughter.

When you next see Charlene Henderson be sure to offer her words of comfort and congratulations and absolutely ask to see a picture of her beautiful granddaughter. Best be ready, she is beautiful, just like her grandmother.

Be on the lookout for ACTivity

The new Care New England internal communications program is being rolled out later this month. It's called ACTivity, based on CNE's core values of ACCOUNTABILITY, CARING, and TEAMWORK.



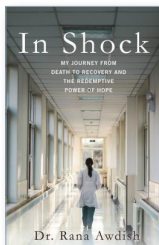
All operating units are transitioning to ACTivity-branded messages, most starting on July 17. OU-specific templates package information in categories to deliver short, quick read messages each week by email. Also look for ACTivity message boards where weekly posts will be printed and displayed.

- On Tuesdays, a weekly President's Message will include an update on how the OU is performing against budget.
- On Wednesdays, Dr. Jim Fanale's weekly Operations Improvement Update will continue under the ACTivity banner.
- On Fridays, Announcements will highlight upcoming events and reminders for the following week.
- As needed on Thursdays, you will receive special updates on Clinical + Operations or Services + Research activities.

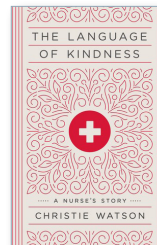
On Mondays, *carenews* will continue as usual with no changes in format to provide a snapshot of what's happening across the system. To learn more about what's happening at other operating units you'll be able to visit the home page of **carenet** to read the current ACTivity posts, with a searchable archive available of previous posts. This is just one part of a system-wide effort to improve communications, so be sure to read ACTivity posts to stay up-to-date on important news and information.

The Arnold P. Gold Foundation releases summer reading list

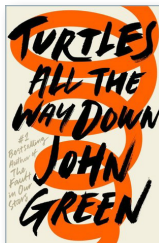
The Arnold P. Gold Foundation is known for its commitment to compassionate, collaborative, and scientifically excellent patient care. The foundation supports clinicians throughout their careers by ensuring the humanistic passion that motivated them at the beginning of their education is sustained throughout their practice. One way the foundation promotes lifelong learning is their summer reading list, which includes 15 books published within the last year that inspire compassion care. Some titles were written by fellow clinicians, others by patients. A few titles include:



In Shock: My Journey from Death to Recovery and the Redemptive Power of Hope by Rana Awdish. In *The New York Times* a physician reviewed, "Awdish's book is the one I wished we were given as assigned reading our first year of medical school, alongside our white coats and stethoscopes."



The Language of Kindness: A Nurse's Story by Christie Watson. *The New York Times* commented, "Many doctors have been distinguished writers...But we haven't heard enough from nurses, whose world is just as arcane and important. *The Language of Kindness* could not be more compelling or more welcome: It's about how we survive, and about the people who help us do so."



Turtles All the Way Down by John Green, author of #1 *The New York Times* bestseller, *Fault In Our Stars*. The book is centered around a 16-year-old, Aza, and her friends attempt to solve a mystery involving a fugitive billionaire. Aza's struggle with obsessive-compulsive disorder is shown by Green through an intimate look at her debilitating spiral of thoughts.

Visit <https://bit.ly/2NzTbDc> to preview the full summer reading list. 