

together we are transforming the future of health care

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Many of you know how much I like to quiz people about topics that are important to me, so here are some questions to start off this week's message.

- What is one of the leading causes of death that cannot be prevented, cured, or even slowed?
- What kills more people than breast cancer and prostate cancer combined?
- Who provided more than 18.2 billion hours of care, valued at \$230 million, and did not get paid?

Answers: Alzheimer's disease (AD), Alzheimer's disease, and people taking care of people with Alzheimer's disease. It's likely many of you contributed to those billions of hours of care—outside of work—and know firsthand the effect this disease has on individuals and those close to them. The depth and breadth of the impact of AD is further illustrated by these additional figures from the Alzheimer's Association at <http://bit.ly/2BRz3Ji>.

- More than five million Americans are living with Alzheimer's.
- Every 66 seconds, someone in the United States develops Alzheimer's disease.
- One in three seniors dies with Alzheimer's or another form of dementia.

The hopeful part? Butler Hospital's Memory and Aging Program (MAP). Program Director Stephen Salloway, MD, and his team are at the forefront of reversing the startling numbers associated with the sixth leading cause of death in the United States. With more than 20 clinical trials underway, the team is researching prevention and treatment drugs as well as seeking identifiers of AD to help with early detection.

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Photo courtesy TIME magazine

Butler Hospital's Memory and Aging Program (MAP) Program Director Stephen Salloway, MD, and his team are at the forefront of reversing the startling numbers associated with the sixth leading cause of death in the United States.

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What's critical to being successful in fighting this disease? In Dr. Salloway's words, it's "building a citizen army of people." He's referring to people like The Woodings, who are featured in this week's edition of *TIME* magazine; you can read the story online at <http://time.com/5159880/please-be-the-drug/>.

Peter Wooding is enrolled in a double-blind study testing an infusion drug by Biogen. The study lasts about four years, and to date halfway through the process, Peter has had 16 infusions, but doesn't yet know if he's receiving the medication or a placebo. After the first 18 months, he'll receive the drug regardless. This is a common process in the clinical trials; eventually, if Peter is not already receiving the drug, he will begin to as part of the study.

I hope you will take the time to read this important story, and watch the associated video. It provides an excellent perspective on the disease that is affecting so many people. It also speaks to the continued success of Dr. Salloway, the team at Butler and those across CNE who devote their time and energy toward finding improved outcomes, enhanced quality of life and cures for those dealing with some of the most challenging and perplexing health conditions. This is what we do here at CNE and I couldn't be more proud!



The other good news on this topic is that monies are being directed at finding a way to prevent Alzheimer's disease. Recently, Brown University announced \$56 million in gifts to benefit medical research, of which \$6 million of the gift will support research for Alzheimer's and other neurodegenerative diseases to accelerate the development of new treatments from the laboratory into the clinic. This is a major investment in translational science linking the work at Brown with Dr. Salloway's Memory and Aging Program at Butler.

It's also a reflection of the importance of Care New England's affiliation with Brown University. As University President Christina Paxson said in the announcement, "The partnership between academic medicine and local health care providers is one of the essential ingredients for sustaining quality health care and propelling economic progress in Rhode Island."

To learn more about clinical trials underway at Butler Hospital—and even consider participating or sharing the information with family and friends—attend the Memory and Aging Program's upcoming event as part of Brain Week RI (<http://www.brainweekri.org>). To reserve your free seat online, visit <http://bit.ly/2HLA2eX> to attend "Good News in Alzheimer's Research: Genes and Alzheimer's" held on **Monday, March 12** at Brown University's Metcalf Research Building.

For more details on MAP, its research, and how people become part of the "citizen army," visit <http://butler.org/memory>.

Have a great week!

Sincerely,

James E. Fanale, MD
President and Chief Executive Officer

ConvergenceRI
VIEW THIS WEEK'S EDITION HERE

THE PROVIDENCE CENTER

RI Attorney General and state police support Anchor Youth Recovery Center



At a press conference last Thursday, The Providence Center announced a \$50,000 grant from the Rhode Island Attorney General's office and the Rhode Island State Police to support the new Anchor Youth Recovery Center. The donation came as part of a plea deal from a criminal case involving the sale of illegal drugs. The Center will provide peer recovery support services after school and on weekends to high school age youth in recovery from substance use disorders.

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"While much of the focus has been on the opioid and fentanyl crisis in Rhode Island, youth substance use disorders most often start out with teens using marijuana and alcohol, which can lead to using other illicit drugs as adults," said RI Attorney General Peter Kilmartin. "The Jim Gillen Anchor Youth Recovery Community Center fills a void in the state's recovery network, and will help youth on the path to lifelong recovery."

"Donations like the one from the Attorney General are instrumental in helping us develop and implement innovative programs that meet the needs of young people in Rhode Island," said TPC President Deb O'Brien. "We envisioned a place where teenagers could come together with other peers in recovery, and the community helped us make it a reality."

For more information about the Youth Recovery Center, visit: <https://providencecenter.org/news/post/youth-recovery-center>.

BUTLER

ICYMI: The ABC 6 Opioid Crisis features Butler Hospital

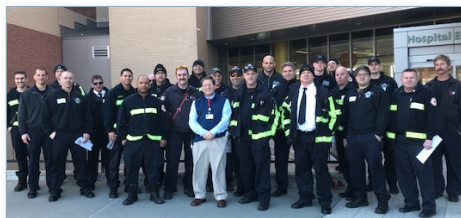


Check out the short segment at <http://bit.ly/2otElm6> on the impact of Butler Hospital's new belongings management process and why we need to make the change. You'll recognize several people! Plus, you'll be proud to be part of the team that's educating the community about this important topic.

Also, the hour-long town hall is available to watch online <http://bit.ly/2otElm6> or tune in to ABC6 **Saturday, March 3 at 7 p.m.** to watch the rebroadcast.

WOMEN & INFANTS

Providence Fire Department visits Women & Infants for safety and preparedness and MRI training



Recently, Women & Infants Hospital and the Providence Fire Department (PFD) joined forces to promote first responder safety in the event of an emergency in the MRI Department. Working with Captain Robert Randall of the Fire Department Training Division, Diagnostic Imaging Director Gina Demou, Safety Specialist Ken Montville, and Safety Officer John O'Reilly educated nearly 100 firefighters over four platoons, heightening their awareness of the dangers associated with the MRI's magnetic field.

Participating in the collaborative effort were the entire Security Department; the many front desk receptionists; Media Center's Kim Palermo, Keo Phan, and Noah Bickford; EVS associate Gus Santos; and the MRI technologists Holly Reis, Natalie Rizzo, Jennifer Pagliarini, Julie Cadieux, and Diana Mallon, who provided an informative tour of the MRI area.

As was emphasized in the one-hour awareness training over four successive days, the MRI is a valuable diagnostic tool which aids clinicians in the diagnosis and treatment of a wide variety of medical issues. The MRI uses a strong magnetic field in a focused setting to "read" the body's internal systems aiding in diagnostic processes. When approaching the MRI, there are designated Zones from I to IV which correspond with the screening required to enter these zones. Zone I is an area where no screening is necessary, to Zone IV where only properly screened patients and technologists may enter.

In Zone IV, the Women & Infants MRI has a strength of 1.5 Tesla which produces a magnetic field that could attract ferrous objects that come within 10 feet of the unit. Firefighters often carry ferrous tools in the course of their duties and could be injured if they approached the MRI without proper screening. With the MRI running 24/7/365, the hazard exists at all times.

The first alarm assignment of the Fire Department consists of approximately 25 firefighters who respond when the building fire alarm is sounded. With incidents varying in severity, the Fire Department can also adjust their response level based on the emergency or hazard reported by the requesting caller.

The scenarios discussed in this training varied from small incidents to fires occurring in the area. Participants understood and appreciated the explanations of the hospital emergency operations and felt the training was very beneficial as they trained in the dangers of improper response to an incident in the MRI area.

VNA holds grief support group

Grieving is a personal and highly individual experience. How you grieve depends on many factors, including your personality and coping style, your life experience, your faith, and the nature of the loss. The grieving process takes time. Healing happens gradually—there is no “normal” timetable for grieving.

Hospice Care at the VNA of Care New England offers grief and bereavement support groups to individuals and families who have lost a loved one. Coming together with others to share similar feelings and thoughts has proven to be beneficial to the grieving process.

The support group will be held from **March 15 through April 19 every Thursday at 2 p.m.** at Pilgrim Senior Center in Warwick, RI.

If a patient's loved one or caregiver is interested in participating, they can receive more information or register by calling Kiel Mitchell at (401) 737-6050 or contacting him by email at kwmitchell@vnacarenewengland.org.



Join in!

Employees across Care New England are looking forward to warmer weather and preparing to run a spring 5K, 10K, or a one-mile fun run. If you're interested—walkers are welcome!—a Care New England team is participating in the RIAND Nutrition Fuels Fitness Rhode Race and Health Expo held at Goddard State Park on **Sunday, April 8, 2018**.



For more information or to register visit: <https://racewire.com/register.php?id=8711>.

1. Go to “Register me for this event,”
2. At the bottom of the page, choose “Join a team” and on the next page, choose “Care New England Team” from the drop down menu.
3. Select which event you want to participate in (1mile/5K/10K).
4. After filling out the requested information, go to the bottom of the page and under “Promo Code,” enter GORED for \$5 off in the month of February.

Care New England town meetings announced

Dr. Jim Fanale, president and CEO, will present employee town meetings at several locations this month—staff are encouraged to attend whichever session is most convenient for them:

- **Tuesday, February 27 at 3:30 p.m.**, Butler Hospital, Ray Conference Center.
- **Wednesday, February 28 at 1 p.m.**, Kent Hospital, Doctor's Auditorium. 