

OCTOBER 15, 2018 | VOLUME 8 | ISSUE 42

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**Good afternoon! According to the American Cancer Society, it is estimated that there will be 1,010 new cases of female breast cancer in 2018.** That's more than 1,000 mothers, sisters, daughters, and friends this year who are facing a diagnosis of cancer. And we at Care New England are here to help.

This month, Breast Cancer Awareness Month, is a great opportunity to focus our attention on the incredible diagnostic and treatment services provided at Kent and Women & Infants hospitals. Our Breast Health Centers are a unique collaboration between the two hospitals, guiding our patients every step of the way—offering information on prevention, genetic counseling and testing, multiple screening modalities, surgical and medical treatment options, support services for patients and families, infusion services, and a survivorship clinic to help patients transition to survivors.

Toward ensuring the health of our community, you may have seen Dr. Maureen Phipps, chief of ob/gyn at Women & Infants and Care New England, who was featured on a WJAR-TV10 news story Friday night discussing the importance of mammography. Or maybe you were at the Making Strides walk this weekend and had the opportunity to stop by the Care New England information table to see your friends and colleagues providing information to this very large and engaged audience.

This is what we do at Care New England.

This weekend, I also had the opportunity to attend Women & Infants' Signature Event—One Enchanted Evening. My wife, Deborah, and I were delighted to join the more than 320 people in raising money for the new Birth Center at Women & Infants, including members of our community and colleagues from across the system. Congratulations to our team from Philanthropy who organized a terrific event—and raised nearly \$500,000! Next up is The Providence Center's Circle of Stars event this Thursday.

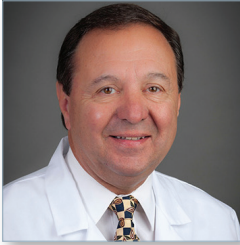
Keep doing great things!

Sincerely,

James E. Fanale, MD  
President and Chief Executive Officer

**ConvergenceRI**  
VIEW THIS WEEK'S EDITION HERE

## Kent Hospital to hold free vascular screening



Kent Hospital will host a free screening for Peripheral Arterial Disease (PAD) on **Saturday, November 3, 2018 from 9 a.m. to 1 p.m.** at Kent Hospital's Ambulatory Services Pavilion in Warwick.

PAD is a common circulatory problem that develops when plaque builds up within the arteries and reduces blood flow to the arms and legs. The disease affects one in every 20 Americans over the age of 50, and symptoms can include: pain when walking; cramping in hips, thighs, or calf muscles; sores on your toes or feet that will not heal; or leg numbness.



Those at risk for developing PAD typically smoke or have smoked cigarettes; have diabetes, high blood pressure, or high cholesterol; are obese or engage in limited physical activity; and/or have a family history of cardiovascular disease or stroke.

"Peripheral Arterial Disease is often considered a warning sign as other arteries, including those in the heart and brain, may also be blocked. This increases the risk of a heart attack or stroke," explains Guy Lancellotti, MD, vascular surgeon, Kent Hospital's chief of surgery, and a member of Care New England Medical Group. "An accurate diagnosis is the first step in reducing that risk."

Also participating in the screenings is Garima Dosi, MD, a vascular surgeon with Care New England Medical Group, who is affiliated with Brigham & Women's Hospital. Drs. Dosi and Lancellotti see patients in the Ambulatory Services Pavilion at Kent.

Treatment of PAD is different for each individual and may include lifestyle modifications such as smoking cessation, diet, or exercise; medication management; and in some cases surgery.

During the event attendees will:

- Be screened for PAD by a Kent Hospital vascular technologist.
- Have a one-on-one conversation with Dr. Lancellotti or Dr. Dosi about their symptoms and screening results.
- Receive guidance on next steps.

PAD screening is done through calculating the ankle-brachial index (ABI). ABI is a non-invasive, painless test that compares the blood pressure in the ankle with the blood pressure in the arm and provides insight on how well blood is flowing to the limbs and if artery blockages are present.

To conduct an ABI, a qualified technologist from Kent's vascular program will place blood pressure cuffs around an attendee's arm and ankle and then listen with a Doppler for the sound of the artery, noting blood pressure, and determine the ankle to brachial index. This will be done in a private area.

After being screened, attendees will have the opportunity to meet with Drs. Lancellotti or Dosi to discuss what their ABI results mean, and if needed, schedule a follow-up appointment.

"For my patients who have been diagnosed and then treated for PAD, the number one symptom that is improved is walking distance," said Dr. Dosi. "Before knowing they had PAD, errands like going to the grocery store or walking around the mall couldn't be done without pausing to sit and rest. Now they're doing their daily activities without stopping."

Registration is not required. Parking is free and attendees are encouraged to park near Kent Hospital's main entrance for convenient access to the Ambulatory Services Pavilion.

### CNE Wellness Center holds supervised cardiac maintenance program

Phil (age 92), Al (age 91), and Hal (age 90) all take part in the CNE Wellness Center's cardiac maintenance program, and according to Hal, "This program certainly contributes to our health and longevity!"

The exercise program caters to post cardiac rehab patients or anyone in need of supervised exercise. Participants exercise three or more times per week at the CNE Wellness Center in Warwick. Stacie McCarthy, EP, MS and Stephanie Tanzi, EP, MS help members like Phil, Al, and Hal remain spry and heart healthy.

"These men are going strong at 90 years young," exclaims McCarthy, who has watched these gentlemen improve their quality of life and find fitness to be fun through the cardiac maintenance program. For more information, or to refer a patient or loved one, contact The Wellness Center at (401) 732-3066.



## WOMEN & INFANTS

### Women & Infants Hospital honors Antenatal Care Unit nurse with DAISY award



Women & Infants Hospital recently presented Pawtucket resident Julie Ziegelmayer, RN, a nurse on the Antenatal Care Unit (ACU), with the DAISY Award. The award is part of the DAISY Foundation's program to recognize the above and beyond efforts performed by nurses every day.

In nominating Julie, an ACU colleague, Deb Pisano, RN, referenced the impact Julie had on a husband and wife who faced the devastation of losing their unborn child while under Julie's care. Following their discharge the family wrote to Julie. Their card read, "A week ago my husband and I lost our beautiful son, who was simply too young and too fragile. Through the darkness and anger of the past seven day there has been one light—you (Julie). Your care, compassion, support, and strength as we stayed on your floor and in your care deserves more thanks than I could possibly realize or state. You are the kindest, most loving nurse and we know for certain you were sent to us on our darkest day."

Pisano went on to further support Julie's nomination and stated, "The care and support Julie gave to a patient who was in the process of losing her unborn child was above and beyond and also extended to the grandparents...She listened to their concerns not only for their unborn grandchild, but for the patient herself. Throughout this difficult time Julie was an ear for the patient and her family when someone needed to vent or a shoulder when they needed to cry."

The family has made a donation to March of Dimes and Women & Infants Hospital Development Foundation in Julie Ziegelmayer's name. Julie has been a nurse with Women & Infants since 1988.

The not-for-profit DAISY Foundation is based in Glen Ellen, CA, and was established by family members in memory of J. Patrick Barnes. Patrick died at the age of 33 in late 1999 from complications of Idiopathic Thrombocytopenic Purpura (ITP), a little known but not uncommon auto-immune disease. The care Patrick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and patient families.

Said Bonnie Barnes, president and co-founder of the DAISY foundation, "When Patrick was critically ill, our family experienced first-hand the remarkable skill and care nurses provide patients every day and night. Yet these unsung heroes are seldom recognized for the super-human work they do. The kind of work the nurses at Women & Infants Hospital are called on to do every day epitomizes the purpose of The DAISY Award."

To nominate an extraordinary nurse who works at Women & Infants or Kent Hospital, submit an application online at <http://www.womenandinfants.org/daisy-award/> or in person. Fellow providers and patients may nominate a nurse for the award.

## Care New England Centers for Rehabilitation Services participates in “Buy Nothing Day Coat Drive”

The “Buy Nothing Day Coat Drive” has brought coats and winter wear to children and families in Rhode Island for 22 years. The day after Thanksgiving each year, racks of coats appear on the State House lawn thanks to the generosity of people like you and the effort of countless organizations and individuals who organize collections to give to those who need warm winter gear in our communities.

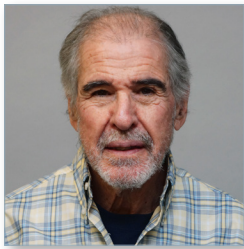


Care New England Centers for Rehabilitation Services is taking the lead this year and will have donation at the following locations:

- Kent Hospital ARU, 4th Floor Main Hospital
- Kent Outpatient Rehabilitation Center, 1351 South County Trail, E Greenwich
- Kent Outpatient Rehabilitation Center, 111 Brewster St, Pawtucket

Take the time to clean out your closet and consider donating new or gently used coats, gloves, hats, or scarves in children or adult sizes. Donations will be accepted at each rehabilitation location until Monday, November 19.

## ICYMI: Dr. Barry Lester featured on WJAR-TV10



In case you missed it, Dr. Barry Lester was interviewed last week by Barbara Morse Silva for a story about his research in breastfeeding and the epigenetic changes that occur in babies. Visit <https://bit.ly/2yDduJd> to see the story. 