

I would like to thank you once again for your action and urgency on these and so many other matters that impact every aspect of our work. Good day! As we find ourselves right in the middle of summer, I hope this message finds you well, perhaps somewhat rested from a recent vacation or maybe finishing your plans for an upcoming August getaway. Here at Care New England, I know everyone is very busy addressing the critical action plans, completing daily productivity and payroll reviews, and of course, providing exceptional patient care. I would like to thank you once again for your action and urgency on these and so many other matters that impact every aspect of our work. The good news is we are making progress. There is still much more to be accomplished, but we are moving in the right direction, and I look forward to providing a more in-depth update soon.

Today, I would like to call your attention to some important highlights from across the system. The Healing Arts Program at Butler is being recognized for its tremendous importance and will continue to grow thanks to some recent grant funding from the State Council on the Arts. Congratulations to all involved for continued great work! On the research front, a team led by Dr. Jennifer Gass investigated if the type of surgery used to treat breast cancer can impact a woman's sensuality and sexual function in survivorship. This has significant importance and much credit is due to the entire research team. Finally, have you ever wondered just how meaningful a simple phone call can be for patient care and follow-up coordination? They are putting this to the test at Kent Hospital, and I think you will agree it's got everyone talking!

# Butler Hospital's Healing Arts Program receives grant to expand services

Butler Hospital is known for introducing emerging treatments—from transcranial magnetic stimulation (TMS) to the first partial hospital program for addictions therapies—and applying evidence-based measurements to prove their effectiveness. Butler Hospital is also an industrious team, finding ways to provide the types of caring attention that eases patients' discomfort. Last week, the hospital's Healing

Arts Program was awarded a grant from the Rhode Island State Council on the Arts (RISCA) to expand their offerings. The grant will allow the programming to add family engagement to the Music and Therapeutic Experience Program; multi-disciplinary art and storytelling in the adolescent unit; visual art therapy in Patient Assessment Services (PAS); and Music and Movement Residencies on all adult inpatient units.

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The enhanced programming will be introduced this fall and the grant will support programming through the spring. The overall goals of the Healing Arts Program are to afford opportunities for artistic self-expression, socialization, non-verbal communication, improved mobility, reduction of physical and emotional pain, mindfulness, relationship building between patients and staff, and to promote a sense of well-being. The grant submission, authored by Wendy Grossman and Laura Carpenter of the Occupational Therapy (OT) Department, profiled the Music and Therapeutic Experience Program in Butler's senior specialty inpatient unit to demonstrate how creative therapies work.

In the pilot program which was introduced last December, the team targeted times of day when acuity levels typically increase for patients suffering from dementia. The research, which was conducted by Kelly Kania, measured the effectiveness of the program. During the 12 weeks of data collection, results showed music-based interventions reduced the need for restraints, reduced aggressive behaviors, and deescalated the environment during a period of a high-acuity patient mix. Press Ganey scores increased for overall rating of care, likelihood to recommend, and noise level.

Art therapies offer long-term, low cost, non-invasive treatments that with some education of family members, offer the opportunity to be easily sustained upon discharge, lowering likelihood of readmissions and increasing caregiver satisfaction.

## Congratulations to Butler's

OT Department for receiving this grant from RISCA; the extra work needed to secure the funding is greatly appreciated—mostly by patients and their families. Adding to the funding, here at CNE this work was also recently recognized at the CARE Awards ceremony with a merit honor in the Future Vision category.

Music and Therapeutic Experience
BUTLER HOSPITAL \$ 1,000

Thank you to all who have supported the OT team's efforts to grow the healing arts services, in particular to employees on Lippitt 1 for their participation in the Music and Therapeutic Experience pilot program.

# Research evaluates impact of surgical modality on breast-specific sensuality and sexual function in cancer survivorship

Does the type of surgery used to treat breast cancer impact a woman's sensuality and sexual function in survivorship? New research from Women & Infants Hospital analyzed the association of surgical modality with sexual function and found that breast-specific sensuality and appearance satisfaction are better with lumpectomy and may correlate with improved sexual function post-operatively.

The research, "Breast-Specific Sensuality and Sexual Function in Cancer Survivorship: Does Surgical Modality Matter?," has been published in *The Annals of Surgical Oncology*. The research team was led by Jennifer S. Gass, MD, FACS, chief of surgery at Women & Infants, director of the breast fellowship at the Breast Health Center at Women & Infants, and clinical assistant professor at The Warren Alpert Medical School of Brown University. The team includes former Women & Infants/Brown University fellows and residents Michaela Onstad, MD, now of MD Anderson Cancer Center, Sarah Pesek, MD, now of St. Peter's Health Partners Medical Associates, Sara Fogarty, MD, now of the Greater Baltimore Medical Center, and Kristin Rojas, MD, now at Maimonides Hospital; Ashley Stuckey, MD, of

Women & Infants Hospital and the Warren Alpert Medical School; Christina Raker of Women & Infants Hospital; and Don Dizon, MD, of Harvard Medical School. This work was originally presented at the Society of Surgical Oncology in Houston, TX in 2015.

According to Dr. Gass, "In an era where we see more early-staged breast cancer patients choosing mastectomy, no study has previously addressed breast specific sensuality, defined as the breast's role during intimacy. We explored breast-specific sensuality and sexual function among women who underwent lumpectomy, mastectomy alone, or mastectomy with reconstruction and analyzed the association of surgical modality with sexual function."

The study sought to explore the long-term consequences of breast surgery focusing on appearance and sexuality. The research team conducted a cross-sectional survey of women who underwent breast cancer surgery for invasive breast cancer or ductal carcinoma in situ at Women & Infants Hospital. Questions addressed such topics as satisfaction with appearance of the breast, comfort with a partner seeing the breast without clothing, and importance of the breast in intimacy and sex before and after treatment for breast cancer.



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Dr. Gass explained, "We hypothesized that outside of overall sexual function, breast-specific sensuality is an important aspect of women diagnosed with breast cancer. Our results demonstrated that when asked to recall their experiences before surgery, most women viewed their breasts as integral to intimacy. We now find that in survivorship, women report that breast-specific sensuality is significantly decreased regardless of the surgical modality, but that lumpectomy has the best reported outcomes."

While women with early stage breast cancer often are cured of their disease, they live with surgical consequences throughout survivorship. These data may guide surgical counseling beyond expected overall survival to include quality of life.

"There is no doubt that overall survival is our number one priority, but ensuring a good quality of life for cancer survivors is also vital, and that includes a 'breast-inclusive' perspective of sexuality in survivorship, " said Dr. Gass.

# Kent Hospital improves coordinated care with patient discharge communication

Beginning last month, Kent Hospital is now reaching out to primary care physicians (PCP) with personalized phone calls once their patient is discharged. This effort, a milestone for improving coordinated care, allows physicians to hold a timely discussion regarding inpatient and outpatient tests, care plans and medications, and provide an opportunity for the PCP to select their preferred outpatient specialists when needed.

"By directly connecting hospitalists and PCPs, we are further enhancing the high quality, high value care within the Integra network," said John Gelzhiser, MD, director of inpatient medicine at Care New England. "Our goal is to get patients healthy quickly. While history, physicals, and discharge

summaries are helpful, talking to each other is the best form of communication."

PCP's should expect a call during normal business hours to discuss discharge plans for their patients.

"Speaking with a hospitalist during a care transition is an essential step in providing the best care possible for my patients," said Martin Kerzer, DO, primary care physician. "This initiative will improve the outpatient experience for both providers and patients, allowing for a more seamless transition of care."



Thanks again for reading and for all of your hard work. Continue to enjoy your summer and have a great week ahead!

Sincerely,

Dennis D. Keefe

President and Chief Executive Officer

Dennis D. Keefe

Click here to view this week's ConvergenceRI

# A message from Payroll Services

We are announcing two changes coming in August with respect to how you receive your check or direct deposit voucher. In summary:

The upcoming changes are:

- Live or paper paychecks will no longer be distributed by courier to each organization on the scheduled pay day.
- Printing of direct deposit vouchers will be discontinued.

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The effective pay dates for no longer distributing paper pay checks and copies of direct deposit vouchers for each operating unit are:

OPERATING UNIT	PAYDAY
Care New England	August 4, 2017
CNE Medical Group (physicians & staff)	August 3, 2017
Butler Hospital	August 10, 2017
Kent Hospital	August 3, 2017
Memorial Hospital	August 10, 2017
Women & Infants Hospital	Weekly August 4, 2017, Bi-Weekly August 11, 2017
VNA of Care New England	August 4, 2017

Paper paychecks, starting the first pay period in August per the above schedule, will be mailed on organization's pay day to the address printed on the employee's paycheck. Employees will receive their paychecks based on the postal services delivery schedule to the employee's address. For most employees this will take two business days from the mail date.

For employees using direct deposit, pay vouchers are available in iCare on **care**net. Directions are available on how to use iCare, including how to set up a username and password. See your manager for the instruction sheet or visit **care**net, where they are posted on the home page.



The Payroll Department will be hosting information sessions to show employees how to access paycheck vouchers on iCare and/or sign-up for direct deposit. The schedule is as follows:

- Women & Infants South Pavillion Monday, August 7 from 3 to 4:30 p.m.
- Memorial Hospital Cafeteria Tuesday, August 8 from 3 to 4:30 p.m.
- VNA of Care New England Tuesday, August 8 from 2 to 4 p.m.
- CNE Medical Group and Care New England Telephone only. Please reach out to Payroll at (401) 455-4425.

## Please note:

- Upon leaving Care New England's employment, checks will be mailed to the address on file; if the employee is relocating, the new address needs to be submitted to Human Resources.
- Employees with direct deposit will not have access to iCare after terminating their employment and will need to contact the Payroll Department if a direct deposit voucher is desired.

How to access iCare for copies of your check stub or direct deposit voucher:

# From work:

- Open **care**net in Chrome web browser. If **care**net does not automatically open, type "carenet" into the field at the top of the screen, just below the tab.
- Under QuickClicks, click on iCare link. Once on next page, click on Login to iCare.
- Select Company ID (Hospital) from "Select a Customer" drop down menu. Enter Employee ID (Network ID) and your password (Network Password). Click on Login. Press ACCEPT button.
- In left navigation under PAYROLL, click on Paycheck Information.
- The page will display a list of your paycheck history. Click on Details beside the check date you wish to review. Once open, you may print your check stub or direct deposit voucher.

## From home:

- Open your home computers Internet browser (IT recommends Internet Explorer 11 with Windows 7, 8 or 10) and type in the web address: <a href="http://home.carenewengland.org">http://home.carenewengland.org</a>. Enter your CNE Username and Password.
- Select iCare from the list of options.
- Follow the steps above starting at step three.

# Helpful tips:

- If you have forgotten your Network ID, please call the Help Desk at ext. 11000.
- For those employees who don't have a Network ID, please note that IT has identified anyone not having the proper credentials to access iCare. IT has reached out to those employees through their managers and provided each manager with the necessary access credentials. Please contact your manager to secure access credentials and/or assistance in logging on or navigating around the system.
- If you do not have access to a computer and printer, your manager will work with you to provide access or an alternate solution. In the event no solution can be found, your manager will contact payroll for assistance.

Please notify your manager if you have any issues or experience any problems. If they can't assist you, they will notify Payroll on your behalf.



# Save the date! A Gallery Affair II

The Butler Foundation invites you to our annual fundraiser held on **Tuesday**, **September 19**, at the Providence Art Club, beginning at 6:30 p.m. Enjoy artwork, dinner and the company of good people. Monies raised at this year's event will support research initiatives. To learn more and purchase tickets, click on "Event" at <a href="http://foundation.butler.org">http://foundation.butler.org</a> or contact Sara Masri at <a href="mailto:SMasri@carene.org">SMasri@carene.org</a>.