

carenews

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Good day! It's always a pleasure for me to recognize the tremendous work taking place across Care New England. So it should come as no surprise that it is a recurring theme of my weekly *carenews* email. It is no understatement when I say there really is no shortage of great things happening every day, at every level of the organization! It is also extremely rewarding to see your hard work and achievements recognized within the system, in the community, and in the media.

I wanted to call your attention to a few of the most recent "hits" as they call them in the media trade. They include local newspaper, TV, and even one national tech publication featuring a thoughtful and in-depth column on the topic of innovation. It comes as no surprise to me that your work is constantly on display for so many to see and learn from. News really does travel fast and I see where this coverage ends up—in newspapers, magazines, and on television across the state, region, and country. That is something you can feel proud about in your week ahead.

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CNE providers in the news

Providers from Women & Infants have recently been featured in two WJAR-TV10 stories about important women's health issues. Dr. Maureen Phipps, chief of ob/gyn and a member of the U.S. Preventive Services Task Force (USPSTF) was interviewed by Barbara Morse Silva for a story clarifying the updated recommendations for [cervical cancer screening](#). Last week, Dr. Jennifer Gass, chief of surgery, and Dr. Andrea Doyle, plastic surgeon, were interviewed along with a patient for a WJAR-TV10 story about a new device being used for [breast cancer reconstructive surgery](#).

through the lens of a woman at great risk who received care successfully at Butler and Women & Infants—and who, without incident, delivered a normal and healthy baby girl, who is now one year old. The story includes some detail of the risks and symptoms of PPD, and some of the cutting-edge research at both institutions and through The Warren Alpert Medical School of Brown University, and thus the state's national leadership in this disorder. Interviews were conducted with Dr. Margaret Howard of Women & Infants' Day Hospital and Dr. Cynthia Battle of Butler Hospital.

Next Sunday, *The Providence Journal* is scheduled to run a front-page story by G. Wayne Miller about the treatment for postpartum depression (PPD) in Rhode Island,



Left to right Drs. Jennifer Gass, Andrea Doyle, Margaret Howard, and Cynthia Battle.

“It is also extremely rewarding to see your hard work and achievements recognized within the system, in the community, and in the media.”

Suma Gaddam, SVP, CIO, of Care New England featured in Healthcare Tech



In *Healthcare Tech*, Suma Gaddam gives an in-depth perspective on how variability—the lack of consistency or fixed patterns—impacts the decision-making of organizations, particularly regarding resources and pursuing innovation.

Within the article, Variability: “Cost vs. Benefit Balance Game,” Gaddam states, “The definition of variability seems to have a negative connotation, in that the object being measured changes constantly or is unpredictable and does not conform. In the context of organizational change management, change comes with a price tag. It could be in the form of dollars, resources, time, or a combination of those. On the flip side, one could argue restricting variability could negatively impact innovation. That could be a true statement in the contexts of organizations

whose primary business is innovation and their survival is dependent on bringing to market innovation solutions to address business challenges or enabling their customers to achieve competitive advantage in the market spheres. We all know true innovation is not cheap and not an endeavor that could be done as a business activity carried out alongside an organization’s primary business or major revenue generating agenda. Most organizations tread along the middle road where there is a respectable balance in assuming the investment risk of undertaking and infusing controlled, disruptive variability versus forging the path of pure innovation and be continuously disruptive to their primary business.”

Visit <http://bit.ly/2wTliDG> to read the full article.

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I hope you will remember to get out and get your flu shoot soon. I have included a list of most of the dates, times and locations where you can get yours at a convenient spot across CNE.

Thanks for all that you continue to do!

Sincerely,

Dennis D. Keefe

Dennis D. Keefe
President and Chief Executive Officer



Butler Hospital Intensive Outpatient Program for OCD impacts lives

Earlier this year, Butler Hospital quietly launched a new intensive outpatient program (IOP) for obsessive compulsive (OCD) and anxiety disorders. Since the opening the team is considering a program wait list, which speaks to the need for treatment of OCD, and, in particular, for these types of outpatient services.

Especially notable about this program is that it was born out of research led by Maria Mancebo, PhD, at Butler Hospital. The treatment uses a cognitive behavioral therapy called exposure and response prevention (ERP) that is a first-line, evidence-based practice for OCD, but difficult to access in traditional outpatient treatment settings. Therapists use prolonged, systematic exposure exercises to address each individual’s particular fears and related behaviors. Treatment takes place Monday through Thursday from 3 to 6 p.m., for about a six-week period. The program includes individual therapy twice a week, daily group therapy, as well as home-based ERP, family consultations, psychiatric medication consultation, and a weekly aftercare group.



Pictured from left to right are the IOP for OCD and anxiety team: Exposure Specialist Morgan Patrick; Program Director Maria Mancebo, PhD; Program Therapist Megan Smith, LICSW; Program Secretary Charlene Price; Staff Psychologist Tina Boisseau, PhD; Medical Director Steven Rasmussen, MD.

As of September 30, 40 patients have been discharged from the program, with 85 percent completing the program compared to a typical dropout rate of 25 to 30 percent. About 70 percent of people who complete

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ERP improve significantly and are able to maintain their progress following treatment, with many continuing to improve their skills by participating in weekly support group sessions.

On Wednesday, **October 18** from 6 to 7:30 p.m., referring providers are invited to an open house to tour the facilities, meet the clinicians, and learn more about how the treatment works. If you interested please contact Maria, program manager, at MMancebo@CareNE.org, or visit <http://butler.org/ocdandanxiety> for links to a provider referral form and a patient information form, along with more details on how the intensive outpatient program works.

Flu clinics available across CNE

Rhode Island regulation requires annual vaccination for eligible health care facility staff. Care New England policy requires that every worker at all Care New England operating units provide proof of vaccination (or medical exemption as applicable) before **December 1**.

To improve efficiency of CNE vaccination clinics while ensuring wide availability, the flu vaccine will be available as indicated on the below schedule.

- Flu vaccine is offered free of charge to CNE staff. Insurance card is NOT required.
- If you are unable to attend a scheduled clinic, you may contact the Occupational Health Office nearest you for the hours they will administer in the office.
- Alternatively, you may choose to be vaccinated in the community.

If you are vaccinated in the community, please provide documentation before December 1. To ensure your vaccination is recorded at the correct facility, be sure your documentation includes:

- Your name, clearly written in large print.
- Your operating unit (Kent, Memorial, VNA, etc.)
- Your role (employee, volunteer, student, etc.)
- Your occupation (nurse, data analyst, physician, etc.)

Here are the FAX numbers for the Occupational Health Offices are:

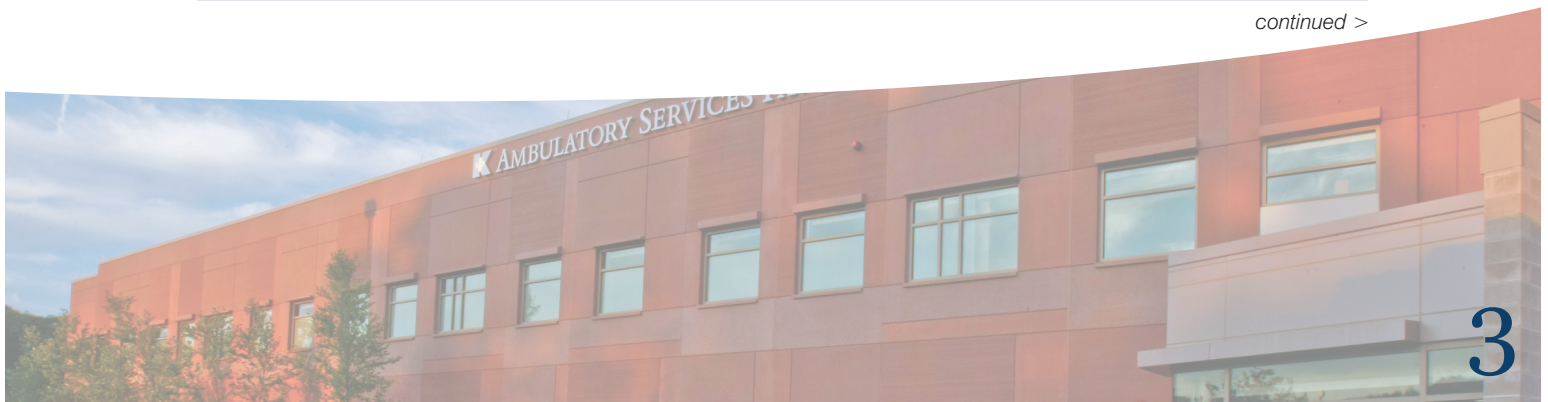
- W&I, The Providence Center, and CNE employees fax to (401) 453-7759.
- Kent and CNEMG employees fax to (401) 736-1012.
- MHRI employees fax to (401) 729-3193.
- Butler Hospital fax to (401) 455-6575.
- VNA fax to (401) 732-6210.



If you plan to receive your vaccine at work, please attend one of the scheduled clinics:

OU	DATE	TIME	LOCATION
Butler	Tuesday, Oct. 17	12:30 to 5 p.m.	Ray Hall
	Wednesday, Oct. 18	7:30 to 11 a.m.	
Kent	Thursday, Oct. 19	7:30 a.m. to 4 p.m.	Occupational Health, Basement level
	Friday, Oct. 20	7:30 a.m. to 4 p.m.	
	Tuesday, Oct. 24	7:30 a.m. to 4 p.m.	
	Wednesday, Oct. 25	7:30 a.m. to 4 p.m.	
	Thursday, Oct. 26	7:30 a.m. to 4 p.m.	
Memorial	Monday through Friday until Dec. 1	8 a.m. to 4:30 p.m.	Occupational Health, Wood 5

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OU	DATE	TIME	LOCATION
<i>The Providence Center</i>	<i>Monday, Nov. 13</i>	<i>1 to 4 p.m.</i>	<i>Oster Board Room, 530 North Main Street</i>
	<i>Friday, Nov. 17</i>	<i>9 a.m. to 1 p.m.</i>	
<i>Women & Infants</i>	<i>Friday, Oct. 20</i>	<i>7 a.m. to 4 p.m.</i>	<i>Quality Fair</i>
	<i>Monday, Oct. 30</i>	<i>1 to 5 p.m.</i>	<i>SIM Center</i>
	<i>Wednesday, Nov. 1</i>	<i>7 to 11 a.m.</i>	<i>SIM Center</i>
	<i>Friday, Nov. 3</i>	<i>7 to 11 a.m.</i>	<i>SIM Center</i>
	<i>Monday, Nov. 6</i>	<i>1 to 5 p.m.</i>	<i>SIM Center</i>
	<i>Tuesday, Nov. 7</i>	<i>7 to 11 a.m.</i>	<i>SIM Center</i>
	<i>Tuesday, Nov. 7</i>	<i>1 to 5 p.m.</i>	<i>SIM Center</i>
<i>Service Road</i>	<i>Wednesday, Nov. 15</i>	<i>11 a.m. to 1 p.m.</i>	

