

carenews

together we are transforming the future of health care

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“We need to—and are—taking the necessary steps to prepare ourselves for the future.”

Good day!

Accountable Care is growing at CNE.

In this issue:



We have moved aggressively to take a leadership role in pioneering this innovative way of financing and delivering health care because Accountable Care—and an array of related, alternative payment models—represents the future of health care. Like many of the reforms I often talk about, Accountable Care is one more example of how health care is rapidly moving away from a traditional “Fee for Service” model that pays providers to treat people who are sick, and toward payments for keeping people healthy, reducing the use of intensive, high-cost services, and delivering a better patient experience.

This is often referred to as the Triple Aim of health care reform: Better Care, Better Health, Lower Costs. And while this may seem like an impossible dream, experience shows this goal is within our grasp.

We are in the middle of a historic transition from one long-standing way of doing business to this new model. For large, complex organizations built around an old model of payment and care, this is disruptive. Many organizations will not be able to maneuver this transition. At CNE, this is requiring some very difficult decisions, of which we are all very much aware.

But these actions alone are not enough to make sure CNE is positioned favorably for what lies ahead. We need to—and are—taking the necessary steps to prepare ourselves for the future. The latest example is the Medicaid Accountable Entity (AE) launched by our Accountable Care Organization (ACO), Integra.

The rapid expansion of ACOs is a byproduct of the Affordable Care Act. Through ACOs, providers collaborate to improve the care and health of a population assigned to them. At Integra, those partners are Rhode Island Primary Care Physicians Corporation (RIPCPC), South County Health, Care New England, and CNE-affiliated physicians, supplemented here with the addition of Pediatric Associates of East Providence.

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Rhode Island's move to create Medicaid AEs is part of Gov. Gina Raimondo's "Reinvent Medicaid" initiative. I co-chaired the group that was created to identify ways to improve outcomes for this program. Medicaid—which covers nearly 25 percent of all Rhode Islanders—was consuming too much of the state budget and not producing good results in terms of a healthier population.

We knew Medicaid ACOs could be a powerful tool to improve care and control costs, and I am pleased that CNE is taking the lead in bringing this idea to life.

We estimate the Medicaid AE will be responsible for approximately 30,000 to 40,000 individuals through contracts with both Neighborhood Health Plan of Rhode Island and United Healthcare. The program has begun enrolling patients into Complex Care Management and is already making a positive impact on those it serves. Like the other service lines of Integra, the Medicaid AE is focusing on patients who are high utilizers, people often struggling with multiple chronic conditions which complicate their care.

For example, nurse care managers are helping a middle-aged male patient struggling with multiple severe conditions, further complicated by anxiety. He was having difficulty following his dietary recommendations. This resulted in symptoms he did not understand and he responded in the only way he knew how: he turned to the ED. This is changing. With nearly daily contact, he is reforming his eating habits and learning how to better understand his symptoms. We estimate that several unnecessary ED visits have already been avoided.

Another patient was suffering declining health because of numerous missed medical appointments. A home assessment revealed this patient was, essentially, house-bound due to her physical condition, including obesity. Thanks to Integra, care is now coming to her and she is receiving the physical therapy, occupational therapy, and nutrition assistance that will soon allow her to keep her appointments and get even better.

These stories are typical of Integra's experience over the past year. But, given the unique role Medicaid pays insuring lower income individuals and families, we know those served will have needs different from those previously served by Integra.

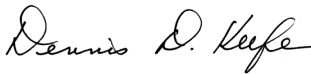
This will be a more diverse population. We will see a greater impact of social determinants of health like poor housing, food insecurity, economic vulnerability, and more. We are working with The Providence Center to build systems of care tailored for those with serious mental illness and ways to provide more intensive behavioral health and substance use services integrated with primary care.

But Accountable Care is really about seeing challenges like these as opportunities.

For example, through the Medicaid AE we will be able to identify and engage mothers vulnerable to high-risk pregnancies. We all know the frustrating reality that many adverse outcomes for newborns can be avoided with proper prenatal care. That frustration can become a relic of the past. By changing our role in the health care delivery continuum, we can now use our expertise on healthy newborns to ensure that more newborns are healthy from day one.

That is, as it should be, the future of health care. And the good news is that here at Care New England we are making that future today.

Sincerely,



Dennis D. Keefe
President and Chief Executive Officer

ConvergenceRI 
Click [here](#) to view this week's ConvergenceRI



Memorial Hospital's 83rd Annual Kenney Research Day

The Kenney Research Day Planning Committee welcomed medical staff, residents and health care professionals to the 83rd Annual Kenney Research Day Program on Friday, March 18, 2016 from 9 a.m. to 12:30 p.m. in the Sayles Conference Center. There were seven oral presentations and 28 posters were displayed by residents, attendings, fellows and students. Mr. Visael "Bobby" Rodriguez, BSBA, vice president of Human Resources and chief diversity officer of Blue Cross Blue Shield of Rhode Island delivered the keynote address on "Connecting Across Cultures for Higher Quality Care." The overall objective of Kenney Research Day is to provide a forum for individual staff physicians and their collaborators to share with the hospital community their research findings, clinical trial results and new treatment techniques in their areas of interest.



Care New England employees honored by HARI

Individuals from throughout the state were recently honored at "Celebration of Excellence in Hospital Care," an annual awards ceremony held by the Hospital Association of Rhode Island (HARI). Employees of the year from HARI's member hospitals were recognized by the HARI Board of Trustees for exemplary performance and dedication to health care.

Recipients of the Award for Excellence in Hospital Care included:

Geralyn Gabriel, Executive Secretary, Butler Hospital (*resident of Warwick*)

Diane Ardito, Registered Nurse, Kent Hospital (*resident of Warwick*)

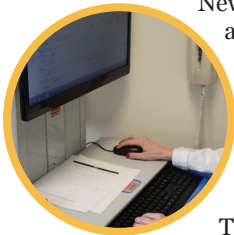
Patricia Masse, Cook, Memorial Hospital of Rhode Island (*resident of Pawtucket*)

Sheila Enderby, Oncology Nurse Navigator, Women & Infants Hospital (*resident of Providence*)



TPC begins Epic installation

The Providence Center has begun the implementation of Epic, the electronic health record software rolling out to Care New England's ambulatory service units. Epic is a worldwide leader in health care software; over half of all patients in the United States have a medical record in the software.



Bill Cadieux, TPC's chief information officer, is excited about the benefits of switching to such a widely-used system. "Besides the advantage of streamlined data sharing with other Care New England operating units and health care systems, the system also allows for real-time integration with CurrentCare, Rhode Island's health care information exchange," said Cadieux.

The implementation is a product of last May's discovery meetings between Epic and TPC staff representing key clinical workflows. As was the case with the meetings, TPC's relevant subject matter experts will be closely involved with every stage of the implementation. Prior to the system being live, formal training will be held for all clinical and administrative employees.

"This is a big undertaking, but the increased level of collaboration will be more than worth it," said Cadieux. "Our plan is to have Epic online prior to October 2017, which would allow TPC to take advantage of Medicaid certified EMR incentives for 2017."



Got a little cabin fever after the long, cold winter?

It's time to shake off the doldrums and get moving again. Starting April 4 to May 1, the invigorating *Spring Into Motion* challenge will help you develop fitness habits that last through the spring—and beyond.

With this simple 4-week challenge, you choose the activity you want to do each day. Whether it's the same thing or something new—such as inline skating, Ultimate Frisbee®, or Sofa to 5K—it's up to you.

Spring Into Motion will get you outside and back on track to better health with these exciting benefits:

- **Interactive log form.** Each day you record steps or dedicated minutes, you'll earn colored springer icons and move along a virtual trail, visiting international spring events.
- **Fitbit®.** When you sync your Fitbit to your computer, this motivating, easy-to-use tracking tool automatically records steps to your online account.
- **Gorgeous images.** Enjoy this breathtaking season from around the world, with vivid images to put you at the center of nature's splendor. Plus, upload and share photos of your own Spring Into Motion experiences.
- **Buds.** Invite others to share your journey and watch their progress.
- **Inspiring emails.** Receive quick, practical tips to help you focus on your exercise goals.
- **The Buzz.** Use this message board to inspire others, stay motivated, or simply view the *Spring Into Motion* fitness expert posts.
- **MapWalk™.** This simple mapping tool lets you create and share walking, jogging, or biking routes from home, work, or almost anywhere.
- **Articles, recipes, and more.** Spring Into Motion is packed with information to help you develop healthy skills. You'll find articles about the benefits of physical activity, links to fitness and nutrition websites, and hundreds of healthy recipes to fuel success—right at your fingertips.
- **Raffle.** The teams with its members earning 5 “springer” badges a week will be entered into a raffle. Each member of the winning team will receive 4 Showcase Cinema movie tickets!

Ready to have fun and get fit? Registration began March 28 for everyone who's ready to step outside and take a rejuvenating journey to a healthier life. To register, log onto cne.provantone.com (this link is also available on carenet/flex). Click on the Challenges tab, click on the Spring into Motion link, complete the registration form. Create a team (4 to 5 participants), select an existing team or participate on your own.

* Learn more about “springers” go to cne.provantone.com, click on the Challenges tab and then click the Spring into Motion link to register/login.



Integrative Care Program offers discount to CNE employees



The Integrative Care Program at Women & Infants' Program in Women's Oncology offers a discount to all Care New England employees seeking any of a variety of therapeutic services <http://womenandinfants.org/services/cancer/integrative-care.cfm>. Available integrative therapies include massage, reflexology, acupuncture, Ayurveda, mind-body techniques, facials, and Reiki. All are offered at reasonable prices. Facials, for example, are just \$55 for employees. Massage and reflexology are \$45 per session. For more information, go to the website or call ext. 47143.

Have you signed up yet to March for Babies?

The March for Babies will be on Saturday, April 30 at Colt State Park in Bristol, RI. Registration starts at 9 a.m. and the walk starts at 10 a.m. Women & Infants would like to have at least 100 walkers signed-up. Please join one of our Women & Infants' teams.

Log onto <https://www.marchforbabies.org/Registration/Signup?eventId=17351>. Select "join a team" and search "Women & Infants." Our 2016 teams are Pediatrics, Neonatal Nurses, Ob-Gyn, or feel free to create your own team.



Interested in purchasing a March for Babies Team Pediatrics t-shirt? T-shirts are \$15 and can be ordered now through Tuesday, April 11 by contacting Deb Diniz at ddiniz@wihri.org or extension 47477—men's and women's sizes small through 2XL, youth sizes small through large). 