

# carenews

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“Write it on your heart that every day is the best day in the year.” ~ Ralph Waldo Emerson

Good day!

This is the traditional time of year when we make resolutions to be better in what we do and who we are. For myself, it is always about reaching further in being a better husband and father and in working to be a better leader for Care New England so that we can be more successfully positioned for the future. Let me add to that my annual resolve to eat a healthier diet and to exercise more regularly!

Here's what a few of you had to say about your own New Year's resolutions for 2017.

*“For 2017 I've decided to be happier. I don't believe that our happiness depends solely on our individual circumstances or our possessions. There are plenty of people in this world with great wealth, great health, prominent positions or celebrity status or tremendous personal accomplishments and recognition who are nonetheless perfectly miserable and unhappy. At the same time, there are untold millions of people who are struggling with poverty, poor health, prejudice, stigmatization, personal failures or other life challenges who despite it all, somehow still manage to be abundantly happy. I believe happiness is usually a decision that begins with gratitude for the blessings we have, so for 2017, my resolution is to intentionally and thoughtfully count my blessings every day.”*  
~ Steve Earle, Project Manager, CNE Information Services

*“Seems like we were just planning to celebrate 2000!! And now it's coming up on 2017. Life surely passes quickly and we must all realize the importance of enjoying this very moment and every moment. I wish for all of us to find a work/life balance in the next year 2017. Celebrate life!”* ~ Barbara Saleeba, Rehabilitation Center, Memorial Hospital

*“My New Year's resolution is to commit more time to learning Spanish!”* ~ Emily Matthews, Clinical Therapist, Emergency Services, The Providence Center

## In this issue:





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*"I usually don't make a New Year's resolution because I always broke them as a kid but this year it will be all about getting healthy and really taking care of myself. I have always been in great shape and eaten well however the past two years have been no motivation. So I will try to make this year a healthy one all around."* ~ Zanig Fulton, LPN, Occupational Health, Kent Hospital

*"I will make 2017 great by continuing my journey to quench an endless thirst for spiritual and intellectual growth, and finding the positive in every situation."* ~ Cindy Olivieri, Performance Improvement and Innovation, Women & Infants Hospital

*"I'd like to accomplish...cultivating an atmosphere of connection, respect, and involvement where everyone's ideas, backgrounds, and perspectives are valued and combined to help make Care New England the best place to work, practice and receive care. I also resolve to say 'thank you' more to my family, friends and colleagues to show how much I appreciate them each and every day."* ~ Dean Carlson, Leadership and Organizational Development, Care New England

*"I would like to accomplish getting into a nursing program!"* ~ Bryar Botelho, Mental Health Worker, Inpatient, Butler Hospital

*"1) This year I am vowing to keep my cell phone and purse in the back seat so I am not tempted to touch it when driving. 2) I will continue to work on living in the present moment and continue my attitude of gratitude. 3) I will continue to work on being non-judgmental of others. 4) I want to find new ways to give back to others. 5) I want to expand my yoga business. 6) I want to continue monitoring my thoughts so I am aware if I am complaining, judging, being negative. It's nice to know we can all begin again...it connects our human family. Learning and growth can take place every day until we take our last breath. Happy New Year, everyone!"* ~ Anne Hagan, VNA of Care New England

*"My resolution is to find new ways to recognize the amazing efforts of the people I work with. TPC's staff all pull together to do really challenging work. We should all make a resolution to recognize what's working right."* ~ Dale Klatzker, President, The Providence Center

*"My first and only diagnosis with breast cancer was 1996 and lung cancer in 2011. The first year of diagnosis and treatment, I could not stop crying until my wonderful radiation MD at St Ann's Hospital revealed she had been diagnosed with cancer in medical school. She survived—and so can I. How will I bring this experience in to my life to help others, asked my physician? I am a Lymphedema clinician today. I will make this year great by helping others have the hope and belief that we can survive a cancer diagnosis with hope and faith no matter the outcome. To continue my Tibetan meditation practice to bring peace and love into my life and my family's lives. Suffering is real, but how we hold the suffering can bring transformation...."* ~ Joan Janek, OTRL, Integrative Care, Women & Infants Hospital

*"This year I resolve to invest my time with the people and experiences that allow me to grow in a positive direction. This resolution encompasses great company, wholesome food, an active lifestyle, and a challenged mind!"* ~ Chelsea Colaluca, Marketing Communications, Care New England

*"Make the most you can out of every single day. Notice something beautiful everywhere you go, especially the little things put here on earth for us to enjoy...a breeze, a bird flying, a baby, an older person, a light, a new color, a new smell."* ~ Roberta B. Feather, EdD, JD, Chair of The Friends of Butler History Committee, Butler Hospital

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*"I have been a nurse in the emergency department at Kent Hospital since 2008. The current leadership team in the department encouraged me to return to college a few years ago. I then met with Rebecca Burke to review my career path. I asked Rebecca what classes I should take first. She gave the paper a quick glance and said all of them. Kent is fortunate to have Rebecca Burke as our CNO. She supports the nursing staff and will meet with any of us for any reason. I am proud to say that I did return to Capella University in 2015 and have been on both the Dean's and President's list during my entire enrollment, maintaining a GPA of 4.0. I will be graduating with my BSN in the winter of 2017 and have already begun the MSN program. I have been able to achieve my goals because of the continued encouragement and support from Sherri Sprague, Clinical Manager Emergency Services, and Darcy Abbott, Director of Nurses Emergency Services. My goal is to continue in the MSN program and graduate with honors." ~ Erin M McCarty, RN, Emergency Department, Kent Hospital*

*"Keep smiling!" ~ Donna Dupuis, Hodgson 6, Memorial Hospital*

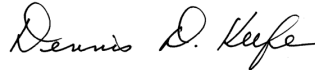
*"Eat healthy, drink more water and less coffee, go to the gym at least three times a week, buy less, save more and spend precious time with parents, family and friends." ~ Paula Foster, VNA*

*"I would like to accomplish decluttering my house that I bought three years ago. Being a mom of two young boys and working full time can be hard and tiring but all worth it. I'm just hoping I can tackle it little by little. Decluttering is good for your heart and soul and all around wellness which is also very important goal for me to keep up with." ~ Amanda Parris, Social Services, Butler Hospital*

*"To be more humble and to put others before myself and also to take care of myself so I can better take care of others. Never forget with each new year to be thankful for the blessings!" ~ Amina Hetu, Emergency Department, Memorial Hospital*

To each of you, please accept my every best wish for a happy and healthy New Year!

Sincerely,



Dennis D. Keefe  
President and Chief Executive Officer

## Kent, Memorial and Women & Infants hospitals partner with the New England Organ Bank for the Donate Life Rose Parade Float

Kent, Memorial and Women & Infants hospitals are pleased to partner with New England Organ Bank to honor and remember those who gave the gift of life through organ and tissue donation. On January 2, 2017, the Donate Life Rose Parade Float entitled 'Teammates in Life' will include a dedication garden made up of roses with handwritten dedications by hospital CEOs across the country, including Michael Dacey, MD, president and COO, Kent and Memorial hospitals, and Mark Marcantano, president and COO, Women & Infants Hospital—both members of Care New England.



Both Dacey and Marcantano expressed their pride and the importance of being part of such a critical lifesaving initiative. "With these rose dedications, we want to publically recognize our staffs' dedication and commitment to organ and tissue donation. We are excited to be part of this celebration of life watched by millions on New Year's Day."

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Since its debut on New Year's Day 2004, the Donate Life Rose Parade float has become the world's most visible campaign to inspire people to become organ and tissue donors. In addition to the 40 million viewers who watch the Rose Parade on TV and along the parade route, hundreds of events are held in cities and towns around the country to complete the "floragraphs" of donors that adorn the float. This year's entry, "Teammates in Life," reflects the parade's theme "Echoes of Success" by reminding us that no one succeeds alone. We all thrive by working together and pulling in the same direction. Donors save the lives of grateful recipients and help families heal, and it is the large community of registered donors that makes it possible to save thousands of lives across the country each year.

"Teammates in Life" will feature portraits of deceased donors called "floragraphs" that honor the invaluable treasure of the gift of life each donor has given. Only organic materials—such as spices, seeds and crushed flowers—are used to create the floragraphs, beautifully underscoring their life-giving symbolism. In addition, Donate Life will honor those who continue to share in life's adventures through the gift of organ, eye or tissue donation, by featuring recipients as riders on the float. Meanwhile, donors will walk beside the float carrying provisions of fruit accented with flowers, symbolizing the life-sustaining gift that they have given. Dedicated roses placed by families create floral jewels that ornament the base of the float. This admirable group of donors and recipients represent millions of people touched by organ and tissue donation.

To sign up as an organ and tissue donor register through the state's driver's license renewal process or go to <http://DonateLifeNewEngland.org>.

## The Providence Center receives toy donations from URI Police Department

On December 22, The Providence Center's North Main Street headquarters was visited by members of the University of Rhode Island Police Department with a police cruiser full of toys. The toys were donated to families of TPC clients in need, and the Department also gave TPC a gift card to Wal-Mart to provide even more gifts.

The URI PD's second-annual "Stuff a Cruiser" Toy Drive generated thousands of toy donations from around the community, and provided gifts to local hospitals and six other nonprofits in Rhode Island. This is not the department's only charity event; they also organize a food drive during the Thanksgiving season.



## Kent provides for families in need

On December 16, Kent held its 36<sup>th</sup> annual Adopt-A-Family Program, serving approximately 50 families and about 170 individuals.

The Kent Hospital Adopt-A-Family Program provides gifts to families in need. In 1980, one of the nursing units wanted to include a family in need in their gift exchange. The hospital chaplain recommended a family. On Christmas Eve, the head nurse and chaplain delivered the gifts to a family in Apponaug, creating the Kent Hospital Adopt-A-Family Program. The following year, another nursing unit asked to help a family and the program has continued to grow ever since.

Families were adopted from Kent's KEEP Program, in-house referrals, as well as from local agencies such as Catholic Charities, Elizabeth Buffum Chace Center, St. Rita's Parish, Thundermist and the West Bay Community Action.



## Memorial staff donates 200 winter apparel items to needy

Employees at Memorial Hospital recently participated in a Warm-a-Heart Coat Drive sponsored by The Neighborhood Alliance of Pawtucket, donating 200 winter apparel items that are then distributed to residents in need living in Pawtucket and surrounding communities. The Neighborhood Alliance of Pawtucket is comprised of more than 15 organizations from various neighborhood and business associations.

Alliance President Arthur Plitt said, "We volunteer and work to make our local communities even better places in which to live, work and play. Thank you to Memorial Hospital for their generosity and eagerness to help the families that we serve. The donation of coats, hats, scarves, gloves and mittens and more is greatly appreciated." The Warm-a-Heart Coat Drive held at Memorial Hospital of Rhode Island collected 200 winter apparel items for local families in need.



*Pictured left to right are: Keith Andrews, Pascale Service Corp., who was helping with the pick-ups/deliveries; Marco Lourenco, assistant, Memorial storeroom; Donald Oliveira, manager, Memorial storeroom; and Arthur Plitt, president, The Neighborhood Alliance of Pawtucket.*

## Women & Infants Neonatal Follow-Up Clinic makes baskets for families in need

The Follow-up Clinic's Transition Home Program Team, along with the help of former Partnering with Parents family resource specialists, gathered earlier this month to volunteer their time and prepare holiday gift baskets for families in need who have had infants in the NICU. The gift baskets were filled to overflowing with food, infant clothing, a handmade blanket, age-specific toys for the children, and a gift card for each family. The baskets were then delivered by Follow-Up Clinic staff to each family. This annual event was made possible again this year because of more than \$900 in donations from Women & Infants employees.



*Pictured from left to right are staff members Silvia Perdomo, Lourdes Rios, Brigida Aguiar, Jenn Silva, Lucille St. Pierre, Dr. Lenore Keszler, and Andrea Knoll.*

## VNA holds successful fundraiser

The VNA of Care New England held their second annual Fire & Ice event on December 8, 2016, at the Roger Williams Park Botanical Center in Providence to celebrate the important work of the organization, while raising more than \$33,000 to support the VNA's community-based programs and services. The 2016 Fire & Ice event was a huge success thanks to the dedication and hard work of the Event Committee Co-Chairs Kent Gladding, VNA of Care New England Foundation Board president, and Kate Lally, MD, chief of Palliative Care, Care New England Health System who also serves as medical director at Integra Accountable Care Organization and hospice medical director of Care New England VNA Hospice.



*Pictured left to right are: Kathleen Peirce, RN, MS, VNA of Care New England Vice President of Operations; Kate Lally, MD, chief of Palliative Care, Care New England Health System; and Kent Gladding, VNA of Care New England Foundation Board president.*

Special kudos to the VNA of Care New England's Fire & Ice event committee and to all of the sponsors, donors and volunteers for making this year's gala a great success!

## Pink Out at Prout Benefits Breast Health Center

Carolyn Lawrence (left), vice principal at the Prout School, visited with her Breast Health Center surgeon Dr. Sonali Pandya last week to present a check for \$1,500 to the Oncology Social Work program to use at Christmas to help women and families in need. The money was raised during a Pink Out at Prout Day.

Dana Haseotes, clinical social worker at the Program in Women's Oncology, wrote a note of thanks to Lawrence, explaining that the generosity of the Program staff enabled the Social Work Office to contribute clothes, gift cards and toys for 14 oncology families.



But the donation from the Prout students allowed them to help even more. Dana wrote, "I would like you to know that after you left the check presentation this morning, two patients called to see if it was too late to get help for Christmas. Both have young children and are in the middle of chemotherapy. Thanks to your efforts, and the enthusiastic response of Prout students, we were able to say that we could help those families. Without the incredible kindness of your donation, we would not have been able to do that!" 